

**POLITEKNIK KESEHATAN TANJUNGKARANG
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Juni 2023**

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Asuhan Keperawatan Pasien Dengan Gangguan Oksigenasi Pada Kasus Asma Bronkial Terhadap Tn.S Di Ruang Paru RSD H.M Mayjend Ryacudu Kotabumi, Tanggal 14-16 November 2022.

xvii + 60 halaman, 9 tabel, 3 gambar

RINGKASAN

Asma bronkial adalah sindrom yang ditandai sesak nafas dan wheezing karena penyempitan saluran nafas intrapulmonal secara menyeluruh (Nugraha and Suryana 2016). Insidensi penyakit asma bronkhial menduduki peringkat ke-5 besar sebagai penyebab kematian di Indonesia.

Tujuan umum penulisan laporan ini untuk memberikan gambaran Asuhan Keperawatan Pasien Dengan Gangguan Oksigenasi Pada Kasus Asma Bronkial Terhadap Tn.S Di Ruang Paru RSD H.M Mayjend Ryacudu Kotabumi tanggal 14-16 November 2022.

Klien mengeluh sesak, klien mengatakan sesak setelah melakukan aktivitas, batuk hilang timbul, mengeluh tidak puas tidur, mengeluh istirahat tidak cukup, sesak nafas disertai batuk, sesak terus menerus ,batuk hilang timbul, terdengar ronchi (+), tampak lemah, kesadaran composmetis. Pada saat dilakukan pemeriksaan tanda-tanda vital didapatkan hasil : Tekanan darah : 130/80 mmhg, Nadi : 90x/ menit, RR :30x/ menit, Suhu :36,3°C, SpO₂ :97 % dengan oksigen 5 liter per/menit. Diagnosa prioritas yang diangkat pada kasus Tn.N ini yaitu bersihan jalan napas tidak efektif, Gangguan pola tidur, dan Intoleransi Aktivitas. SLKI bersihan jalan napas, Pola Tidur, dan Toleransi Aktivitas, serta SIKI manajemen jalan napas, Dukungan Tidur, dan Manajemen Energi. Hasil evaluasi dari implementasi yang penulis telah lakukan selama kurang lebih 3hari di ruang paru RSD Ryacudu Lampung Utara terhadap Tn. S dengan masalah keperawatan yang muncul tiga teratas.

Simpulan laporan ini adalah laporan ini didapatkan secara nyata tentang asuhan keperawatan pada kasus Asma Bronkial terhadap Tn.S dengan gangguan oksigenasi. Saran penulis untuk kedepannya agar lebih dalam lagi dalam melakukan pengkajian, intervensi sesuai SIKI.

Kata kunci: Asuhan keperawatan gangguan Oksigenasi, asma bronkial
Sumber bacaan : 18 (2013-2020)

**TANJUNGKARANG HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY PROGRAM
Final Project Report, Jun 2023**

Siti Merisa

Nursing care for patients with oxygenation disorders in cases of bronchial asthma for Mr. S in the lung room of Mayjend Ryacudu Kotabumi Hospital, November 14-16, 2022.

Xvii + 60 pages, 9 tables, 3 image

ABSTRACT

Bronchial asthma is a syndrome characterized by shortness of breath and wheezing due to complete intrapulmonary airway narrowing (Nugraha and Suryana 2016). The incidence of bronchial asthma is ranked as the 5th leading cause of death in Indonesia.

The general purpose of writing this report is to provide an overview of Nursing Care for Patients with Oxygenation Disorders in Cases of Bronchial Asthma for Mr.S in the Lung Room of Mayjend H.M Ryacudu Kotabum Hospital on 14-15 November 2022.

The client complains of shortness of breath, the client says shortness of breath after doing activities, intermittent coughing, complains of dissatisfaction with sleep, complains of insufficient rest, shortness of breath accompanied by coughing, continuous shortness of breath, intermittent coughing, heard rhonchi (+), looks weak, composmetic awareness. At the time of examination of vital signs, the results were obtained: Blood pressure: 130/80 mmHg, Pulse: 90x/minute, RR: 30x/minute, Temperature: 36.3oC, SpO2: 97% with 5 liters of oxygen per/minute. The priority diagnoses raised in Mr. N's case were ineffective airway clearance, sleep pattern disturbance, and activity intolerance. SLKI airway clearance, Sleep Patterns, and Activity Tolerance, as well as SIKI airway management, Sleep Support, and Energy Management. The results of the evaluation of the implementation that the author has done for approximately 3 days in the lung room of RSD Ryacudu North Lampung against Mr. S with three nursing problems that appeared resolved.

The conclusion of this report is that this report is obtained in reality about nursing care in cases of Bronchial Asthma to Mr. S with oxygenation disorders. The author's suggestion for the future is to be more in-depth in conducting assessments, interventions according to SIKI.

Keywords: Nursing care for oxygenation disorders, bronchial asthma

Reading sources : 18 (2013-2020)