

**POLITEKNIK KESEHATAN TANJUNGPUR**  
**JURUSAN KEPERAWATAN PROGRAM STUDI D IV KEPERAWATAN**  
Skripsi, 22 Juli 2022

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**HUBUNGAN MOTIVASI TERHADAP MOBILISASI DINI PADA PASIEN  
POST OPERASI SEKSIO SESAREA DI RUMAH SAKIT UMUM  
HANDAYANI KOTABUMI TAHUN 2022**

(xvi + 39 halaman, 2 gambar, 7 tabel, 10 lampiran)

**ABSTRAK**

Motivasi merupakan salah satu aspek yang dapat mempengaruhi pelaksanaan mobilisasi dini pada pasien post operasi seksio sesarea. Tujuan penelitian ini adalah mengetahui hubungan motivasi terhadap mobilisasi dini pada pasien post operasi seksio sesarea di Rumah Sakit Umum Handayani Tahun 2022. Penelitian ini menggunakan desain kuantitatif. Teknik sampling menggunakan *accidental sampling* dengan sampel ibu post operasi seksio sesarea sebanyak 33 responden. Pengumpulan data menggunakan kuesioner motivasi dan lembar observasi mobilisasi dini. Uji statistik menggunakan uji *Chi-Square*. Hasil penelitian ini didapatkan 11 orang responden (33.3%) memiliki motivasi yang baik, sedangkan responden yang melakukan mobilisasi dini sepenuhnya sebanyak 22 orang (66.7%). Hasil uji statistik diperoleh nilai *p value* 0,000 ( $< \alpha = 0,05$ ), maka dapat disimpulkan bahwa ada hubungan antara motivasi dengan mobilisasi dini post operasi seksio sesarea di Rumah Sakit Umum Handayani Tahun 2022. Peneliti berharap perawat dapat memberikan motivasi pada pasien post operasi seksio sesarea yang akan melakukan mobilisasi dini dengan cara memberikan pendidikan kesehatan.

Kata Kunci : Mobilisasi Dini, Motivasi, Seksio Sesarea  
Bahan Pustaka: 33 (2010-2020)

**TANJUNGPURBA HEALTH POLITEKNIK**  
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**THE RELATIONSHIP OF MOTIVATION TO EARLY MOBILIZATION  
IN POST OPERATION PATIENT SECTIO CAESAREA IN HANDAYANI  
KOTABUMI GENERAL HOSPITAL IN 2022**

(xvi + 39 pages, 2 images, 7 tables, 10 attachments)

**ABSTRACT**

Motivation is one aspect that can influence the implementation of early mobilization in patients with post-cesarean section surgery. The aim of this research is to determine the relationship between motivation and early mobilization in post-cesarean section surgery patients at Handayani General Hospital in 2022. This research uses a quantitative design. The sampling technique used accidental sampling with a sample of postoperative cesarean section mothers as many as 33 respondents. Data were collected using motivational questionnaires and early mobilization observation sheets. Statistical tests use the Chi-Square test. The results of this research showed that 11 respondents (33.3%) had good motivation, while 22 respondents (66.7%) carried out full early mobilization. The static test results obtained a p value of 0.000 ( $< \alpha = 0.05$ ), so it can be concluded that there is a relationship between motivation and early mobilization after cesarean section surgery at Handayani General Hospital in 2022. Researchers hope that nurses can provide motivation to post-operative patients caesarean section which will carry out early mobilization by providing health education.

Keywords : Early Mobilization, Motivation, Cesarean Section

Reference : 33 (2010-2020)