

**POLITEKNIK KESEHATAN KEMENKES TANJUNGPURA**

**JURUSAN KESEHATAN GIGI**

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Deti Tamara

**TINGKAT KEBERHASILAN PENYULUHAN METODE CERAMAH DAN VIDEO ANIMASI TERHADAP KEBERSIHAN GIGI DAN MULUT MURID KELAS 3 SDN 3 LANGKAPURA**

xv + 34 Halaman, 6 Tabel, 2 Gambar, dan 7 Lampiran

**ABSTRAK**

Menurut RISKESDAS (2018), pada kelompok umur 5-9 tahun terdapat sebanyak 93,2% yang memiliki perilaku sikat gigi setiap hari, namun hanya 1,4% yang melakukan perilaku sikat gigi dengan waktu sikat gigi yang baik dan benar, proporsi konsumsi makanan manis yaitu 59,0% 1 kali perhari. Sedangkan, proporsi tidak konsumsi buah/sayur perhari dalam seminggu terbanyak pada kelompok umur 5-9 tahun (17,0%). Berdasarkan hasil presurvey yang dilakukan peneliti di SDN 3 Langkapura didapatkan data 15 siswa kelas 3 rata-rata kurang memahami tentang kebersihan gigi dan mulut dikarenakan di sekolah SDN 3 Langkapura belum pernah dilakukan penyuluhan tentang kebersihan gigi dan mulut maupun belum adanya UKGSPenelitian ini menggunakan metode penelitian eksperimen dengan sasaran anak murid kelas 3 di SDN 3 Langkapura dan menggunakan pendekatan kuantitatif. Teknik pengambilan sampel ini digunakan peneliti yaitu Teknik Degree of Variability Populasi dalam penelitian ini adalah siswa siswi kelas 3 SDN 3 Langkapura yang berjumlah 56 murid. Diantara kedua media penyuluhan dengan media video animasi lebih efektif yaitu nilai DI sesudah sebesar 5,39 dalam meningkatkan kebersihan gigi dan mulut murid kelas 3 dibandingkan penyuluhan dengan metode ceramah dengan nilai DI sesudah sebesar 6,32. Diharapkan dapat mengembangkan dan dapat dijadikan acuan bagi peneliti selanjutnya, kepada pihak sekolah perlu dilakukan penyuluhan kebersihan gigi dan mulut secara rutin dan untuk para murid kelas 3 menerapkan apa yang sudah dilakukan penyuluhan untuk tetap menjaga kebersihan gigi dan mulut.

**Kata kunci** : **Penyuluhan Metode ceramah, video animasi, Kebersihan Gigi dan Mulut**

**Daftar bacaan** : **25 ( 1964-2023)**

# HEALTH POLYTECHNIC OF TANJUNGPUR

## DENTAL HEALTH DEPARTMENT

Scientific Paper, June 2023

Deti Tamara

### ***THE SUCCESS LEVEL OF COUNSELING OF SPEECH METHODS AND ANIMATION VIDEOS ON TOOTH AND MOUTH HYGIENE IN CLASS 3 STUDENTS OF SDN 3 LANGKAPURA IN 2023***

*xv + 34 Pages, 6 Tables, 2 Figures, and 7 Appendices*

#### **ABSTRACT**

According to RISKESDAS (2018), in the age group of 5-9 years there were 93.2% who had the behavior of brushing their teeth every day, but only 1.4% had the behavior of brushing their teeth with good and correct brushing time, the proportion of consumption of sweet foods was 59.0% 1 time per day. Meanwhile, the proportion of not consuming fruits/vegetables per day in a week was highest in the age group of 5-9 years (17.0%). Based on the results of the presurvey conducted by researchers at SDN 3 Langkapura, data obtained from 15 3rd grade students on average did not understand about dental and oral hygiene because at SDN 3 Langkapura school there had never been counseling about dental and oral hygiene or the absence of UKG. This study used experimental research methods with the target of 3rd grade students at SDN 3 Langkapura and used a quantitative approach. This sampling technique was used by researchers, namely the Degree of Variability Technique. The population in this study were 3rd grade students of SDN 3 Langkapura, totaling 56 students. Between the two media counseling with animated video media is more effective, namely the DI value after 5.39 in improving dental and oral hygiene of grade 3 students compared to counseling with the lecture method with a DI value after 6.32. It is hoped that it can develop and can be used as a reference for further researchers, to the school it is necessary to carry out routine oral hygiene counseling and for grade 3 students to apply what has been done counseling to maintain oral hygiene.

**Keywords** : ***Counseling lecture method, animated video, dental and oral hygiene***

**Reading list** : ***25 (1964-2023)***