

POLITEKNIK KESEHATAN TANJUNGPINANG
JURUSAN KEPERAWATAN
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**HUBUNGAN LAMANYA PENGGUNAAN WAKTU TINDAKAN KEPERAWATAN
DENGAN PERSEPSI NYERI PASIEN POST OPERASI DI RSUD JEND AHMAD YANI
METRO PROVINSI LAMPUNG TAHUN 2023**

Viii + 45 halaman + 9 tabel + 2 gambar + 4 lampiran

ABSTRAK

Dampak tindakan pembedahan adalah nyeri. Nyeri tersebut disebabkan oleh luka akibat dari sayatan. Kemudian akan dilakukan tindakan keperawatan yaitu tindakan perawatan luka agar tidak terjadi infeksi pada luka tersebut. Saat dilakukan tindakan itulah persepsi nyeri pasien akan meningkat dikarenakan salah satu faktornya yaitu perawat yang tidak patuh akan prosedur perawatan luka sehingga hanya dibutuhkan waktu yang singkat untuk melakukan tindakan sampai selesai. Tujuan penelitian mengetahui hubungan lamanya penggunaan waktu terhadap persepsi nyeri. Penelitian ini adalah kuantitatif dengan desain analitik *cross sectional*. Populasi penelitian pasien perioperatif, dengan sampel 51 responden. Waktu penelitian 5-20 Mei 2023 di RSUD Jend. Ahmad Yani Metro. Hasil penelitian didapatkan dominan usia 46-55 tahun (42%), jenis kelamin perempuan (56,9%), pendidikan SD (28%), lama perawatan 5 hari (41,2%), lama waktu tindakan 15-19 menit (41,2%). Terdapat hubungan antara lama waktu tindakan terhadap persepsi nyeri dengan nilai *p-value* 0,00 ($\alpha < 0.05$). Peneliti menyimpulkan bahwa ketika pasien sudah mengetahui tahap-tahapan dalam tindakan perawatan luka sesuai SOP maka pasien akan siap dan dapat diajak bekerja sama saat dilakukan tindakan sehingga ambang nyeri pasien dapat menurun. Peneliti menyarankan untuk tenaga kesehatan agar lebih patuh terhadap prosedur tindakan saat ingin melakukan tindakan sesuai SOP dan memperhatikan persepsi nyeri pasien.

Kata kunci : manajemen waktu, perawatan luka, persepsi nyeri

Daftar pustaka : 20 (2012-2020)

**TANJUNGKARANG POLYTECHNIC OF HEALTH
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***THE RELATIONSHIP BETWEEN THE LENGTH OF TIME SPENT ON NURSING
ACTIONS AND THE PAIN PERCEPTION OF POSTOPERATIVE PATIENTS AT RSUD
JEND AHMAD YANI METRO LAMPUNG PROVINCE IN 2023***

Viii + 45 pages + 9 tables + 2 figures + 7 attachments

ABSTRACT

The impact of surgery is pain. The pain is caused by the wound resulting from the incision. Then nursing action will be taken, namely wound care measures to prevent infection of the wound. When the action is taken, the patient's pain perception will increase due to one of the factors, namely nurses who are not compliant with wound care procedures so that only a short time is needed to take action until. The purpose of the study was to determine the relationship between the length of time used and pain perception. Type of quantitative research with cross sectional analytic design. The study population was perioperative patients, with a sample of 51 respondents. Research time May 5-20, 2023 at Jend. Ahmad Yani Metro Hospital. The results showed that the dominant age was 46-55 years (42%), female gender (56.9%), elementary school education (28%), length of treatment 5 days (41.2%), length of action time 15-19 minutes (41.2%). Based on the results of statistical tests, the p-value of 0.00 ($\alpha < 0.05$) can be concluded that there is a relationship between the length of time of action on pain perception. The researcher concluded that when the patient already knows the stages in wound care according to the SOP, the patient will be ready and can be cooperated with during the action so that the patient's pain threshold can decrease. Researchers advise health workers to be more compliant with action procedures when they want to take action according to SOP and pay attention to patient pain perception.

Keywords: time management, wound care, pain perception
Bibliography: 20 (2012-2020)