

POLITEKNIK KESEHATAN TANJUNGPINANG
JURUSAN KESEHATAN GIGI

Karya Tulis Ilmiah, 12 Juli 2023

NIDA SOPIA

**GAMBARAN TINGKAT KECEMASAN PASIEN ANAK PADA SAAT
DILAKUKAN PENCABUTAN GIGI DI BPG PUSKESMAS KRUI PESISIR
BARAT**

xvi + 34halaman, 8 gambar, 8 tabel, 8 Lampiran

ABSTRAK

Kecemasan merupakan keadaan normal yang dialami secara tetap sebagai bagian perkembangan normal manusia yang sudah tampak sejak masa anak-anak. Tingkat kecemasan pencabutan gigi anak di puskesmas, (50,91%) mengalami cemas berat. Kecemasan anak pada perawatan gigi dapat menimbulkan sikap yang tidak kooperatif sehingga akan menghambat proses perawatan gigi dan dapat menurunkan efisiensi serta efektifitas pelayanan kesehatan gigi. Penelitian ini bertujuan untuk mengetahui gambaran tingkat kecemasan pasien anak pada saat dilakukan pencabutan gigi di Bpg Puskesmas Krui, Pesisir Barat. penelitian ini merupakan penelitian deskriptif dengan metode observasi. Subjek penelitian ini adalah pasien anak yang akan dilakukan pencabutan gigi di Puskesmas Krui, Pesisir Barat sebanyak 49 responden menggunakan teknik degree of variability. Instrument penelitian ini menggunakan *Face Images Scale* untuk melihat tingkat kecemasan. pengumpulan data diambil secara langsung dan disajikan dalam bentuk tabel distribusi frekuensi. Tingkat kecemasan anak yang akan dilakukan tindakan pencabutan gigi berdasarkan usia paling banyak ditemukan usia 7 tahun sebanyak 8 responden (16,4%) yang merasa sangat cemas, berdasarkan jenis kelamin paling banyak di temukan jenis kelamin perempuan sebanyak 12 responden (24,5%) dengan tingkat kecemasan muka datar, dan berdasarkan pengalaman berkunjung paling banyak ditemukan pasien yang pernah melakukan pencabutan gigi sebanyak 22 responden (44,9%) dengan tingkat kecemasan muka datar. Hasil penelitian mayoritas anak menunjukkan tingkat kecemasan muka datar pada saat sebelum dilakukan pencabutan gigi. Faktor yang menyebabkan kecemasan mayoritas disebabkan oleh faktor phobia terhadap alat perawatan gigi.

Kata kunci :Kecemasan Anak, Pencabutan Gigi
Daftar Bacaan : 27 (2002-2021)

POLYTECHNIC OF HEALTH TANJUNGPANG
DENTAL HEALTH DEPARTMENT

Scientific Papers, 12 Juli 2023

NIDA SOPIA

**DESCRIPTION OF THE ANXIETY LEVEL OF PEDIATRIC PATIENTS
DURING TOOTH EXTRACTION AT BPG KRUI HEALTH CENTER ON
THE WEST COAST**

xvi + 34 pages, 8 pictures, 8 tables, 8 Appendix

ABSTRACT

Anxiety is a normal condition that is experienced regularly as part of normal human development that has been seen since childhood. The anxiety level of children's tooth extraction at the health center, (50.91%) experienced severe anxiety. Children's anxiety about dental care can lead to an uncooperative attitude that will hinder the dental treatment process and can reduce the efficiency and effectiveness of dental health services. This study aims to describe the level of anxiety of pediatric patients at the time of tooth extraction at Bpg Puskesmas Krui, West Coast. This research is a descriptive research with observation method. The subjects of this study were pediatric patients who were going to have their teeth extracted at the Krui Health Center, Pesisir Barat as many as 49 respondents using the degree of variability technique. This research instrument used the Face Images Scale to see the level of anxiety. data collection is taken directly and presented in the form of a frequency distribution table. According to age, the highest level of anxiety for children who will have their teeth extracted is found at the age of 7 years as many as 8 respondents (16.4%) who feel very anxious, based on gender the most frequently found is female sex as many as 12 respondents (24.5%) with flat face anxiety levels, and based on visiting experience the most found patients who have had tooth extractions as many as 22 respondents (44.9%) with flat face anxiety levels. The results of the study showed that the majority of children showed a level of flat face anxiety before tooth extraction. Factors that cause anxiety are mostly caused by a phobia of dental care tools.

Key words : Child's Anxiety, Tooth Ektraction

Reading List : 27 (2002-2021)