

POLITEKNIK KESEHATAN KEMENKES TANJUNGPINANG

JURUSAN KESEHATAN GIGI

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Hubungan Cara Menyikat Dengan Terjadinya Resesi Gingiva Pada Lansia Di

Panti Jompo Tresna Werdha Tahun 2023

xvi + 30 Halaman, 6 tabel, 6 gambar dan 6 lampiran

Abstrak

Penggunaan sikat gigi sangat penting dalam menunjang kesehatan gigi dan mulut, namun di sisi lainnya penggunaan sikat gigi yang kurang tepat dapat menghasilkan dampak seperti menyusutnya gusi dan menyebabkan resesi gingiva. Penelitian menggunakan metode penelitian cross sectional atau potong lintang yaitu untuk mengetahui adanya hubungan antara Teknik menyikat gigi dengan kejadian resesi gingiva lansia di Panti Jompo Tresna Werdha. Menggunakan sistem accidental sampling. Hasil analisis chi-square yang menunjukkan angka p value 0,004 yang berarti $<0,05$ yang berarti ada hubungan signifikan antara cara menyikat gigi dengan resesi gingiva. kesimpulan penelitian yaitu terdapat hubungan antara menyikat gigi yang kurang tepat dengan terjadinya resesi gingiva, berdasarkan pemeriksaan yang dilakukan terdapat 22 responden menyikat gigi dengan cara vertikal 40% yang mengalami resesi gingiva, dan terdapat resesi gingiva pada lansia di panti jompo Tresna Werdha. Disarankan agar lansia menjaga akan kesehatan gigi dan mulutnya tetap terjaga, menambah Pengetahuan responden dan peneliti selanjutnya, dan diharapkan bagi pengurus panti Tresna Werdha berkolaborasi kepada tenaga kesehatan gigi dan mulut agar bisa mengecek keadaan gigi dan mulut lansia yang ada di panti tersebut.

Kata kunci : Cara Menyikat Gigi, Resesi Gingiva, Lansia

Daftar Bacaan : 12 (2011-2019)

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The Relationship between Brushing Methods and the Occurrence of Gingival

Recession in the Elderly in Nursing Homes

Tresna Werdha Nursing Home in 2023

xvi + 30 pages, 6 tables, 6 figures and 6 attachments

Abstract

The use of toothbrushes is very important in supporting oral health, but on the other hand the use of inappropriate toothbrushes can produce impacts such as shrinking gums and causing gingival recession. The study used a cross-sectional research method to determine the relationship between tooth brushing techniques and the incidence of gingival recession of the elderly at Tresna Werdha Nursing Home. Using accidental sampling system. The results of the chi-square analysis showed a p value of 0.004 which means <0.05 , which means that there is a significant relationship between the way of brushing teeth and gingival recession. The conclusion of the study is that there is a relationship between improper tooth brushing and the occurrence of gingival recession, based on the examination carried out there were 22 respondents brushing their teeth in a vertical manner 40% who experienced gingival recession, and there was gingival recession in the elderly at the Tresna Werdha nursing home. It is recommended that the elderly maintain their oral health, increase the knowledge of respondents and further researchers, and it is hoped that the Tresna Werdha nursing home management will collaborate with dental and oral health workers in order to check the dental and oral conditions of the elderly in the nursing home.

Keywords : How to Brush Teeth, Gingival Recession, Elderly

Reading List : 12 (2011-2019)