

POLITEKNIK KESEHATAN TANJUNGPUR

JURUSAN KEPERAWATAN

PROGRAM STUDI PROFESI NERS

Laporan Akhir Profesi Ners, Agustus 2023

Chrisna Wahyu Ramadhan

Asuhan Keperawatan Gangguan Integritas Jaringan Pada Pasien Ulkus Diabetikum *Post Debridement* Di RSUD Jendral Ahmad Yani Metro Tahun 2023

Xiv + 79 Halaman + 13 Tabel + 3 Gambar + 6 Lampiran

ABSTRAK

Ulkus diabetikum merupakan kondisi yang terjadi pada penderita diabetes melitus dikarenakan abnormalitas syaraf dan terganggunya arteri perifer yang menyebabkan terjadinya infeksi tukak dan destruksi jaringan di kulit kaki. Perkembangan ilmu kesehatan khususnya keperawatan semakin meningkat. Salah satu bukti bahwa telah terjadi perkembangan dalam ilmu keperawatan adalah, beralihnya perawatan luka konvensional menjadi modern. Penelitian ini bertujuan untuk mempelajari dan memahami secara mendalam mengenai Asuhan keperawatan pada pasien ulkus diabetikum *post debridement* di RSUD Jendral Ahmad Yani Metro. Metode penelitian deskriptif dengan pendekatan studi kasus asuhan keperawatan. Subjek pasien dengan *post debridement*. Variabel pengambilan data adalah dengan wawancara, pemeriksaan fisik dan pemeriksaan penunjang. Alat ukur yang di gunakan adalah lembar observasi, Hasil dan Pembahasan berdasarkan pengkajian, penegakkan diagnosa, intervensi, implementasi dan hasil evaluasi, didapatkan data dari masing-masing pasien mengeluh nyeri pada area luka. Pada pasien pertama ditemukan 2 diagnosa keperawatan, sedangkan pada pasien ke 2 juga didapatkan 2 diagnosa keperawatan. Kesimpulan dan Saran hasil penelitian ini diharapkan perawat lebih mampu melakukan asuhan keperawatan Gangguan Integritas Jaringan pada pasien ulkus diabetikum dengan tindakan perawatan luka modern dapat diketahui bahwa penelitian mengalami perubahan pada luka kedua pasien tersebut.

Kata Kunci : Gangguan Integritas Jaringan, *Post Op Debridement*, Perawatan Luka Modern

Referensi : 31 (2014-2022)

**TANJUNGPURAN HEALTH POLYTECHNIC
NURSING MAJOR
NERS PROFESSIONAL STUDY PROGRAM
Nurse Profession Final Report, Agustus 2023**

Chrisna Wahyu Ramadhan

Nursing Care for Impaired Tissue Integrity in Diabetic Ulcer Patients Post-Debridement at Jendral Ahmad Yani Metro Hospital in 2023

Xiv + 79 Pages + 13 Tables + 3 Figures + 6 Attachments

ABSTRACT

Diabetic ulcers are a condition that occurs in people with diabetes mellitus due to nerve disorders and disorders of the peripheral blood vessels, causing ulcer infections and tissue damage to the skin of the feet. The development of health sciences, especially nursing, is increasing. One proof of the development of nursing science is the transition from conventional to modern wound care. This study aims to examine and understand in depth nursing care for diabetic ulcer patients after debridement at Jendral Ahmad Yani Metro Hospital. Descriptive research method with a case study approach to nursing care. Post-debridement patient subjects. Data collection variables are interviews, physical examination and supporting examinations. The measuring instruments used are observation sheets, results and discussions based on assessment, diagnosis, intervention, implementation and evaluation of results. Data was obtained from each patient who complained of pain in the wound area. In the first patient 2 nursing diagnoses were found, while in the second patient 2 nursing diagnoses were also found. Conclusions and suggestions from the results of this research, it is hoped that nurses can be better able to provide nursing care for Tissue Integrity Disorders in diabetic ulcer patients with modern wound care measures. From this research, it was seen that there were changes in the wounds of the two patients.

Keywords : Tissue Integrity Disorders, Postoperative Debridement, Modern Wound Care

Reference : 31 (2014-2022)