

POLITEKNIK KESEHATAN TANJUNGPURUNG
PROGRAM STUDI KEPERAWATAN KOTABUMI
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Asuhan Keperawatan Pasien dengan Gangguan Oksigenasi pada Kasus *Stroke Non Hemoragic (SNH)* Terhadap Ny. M di Ruang Saraf RSUD Ahmad Yani Metro, Tanggal 14-16 November 2022.

xvii+ 62 halaman, 12 tabel, 2 gambar

RINGKASAN

Stroke merupakan gangguan fungsi pada otak yang terjadi secara mendadak dengan tanda klinis fokal atau global yang berlangsung selama lebih dari 24 jam. World Health Organization (WHO) pada tahun 2019 menunjukkan, terdapat 10 penyakit sebagai penyebab kematian tertinggi di Indonesia. Salah satunya penyakit stroke, bahkan penyakit stroke menempati posisi di urutan pertama dengan 131,8 kasus kematian per 100 ribu penduduk. Rumusan masalah bagaimana pelaksanaan asuhan keperawatan pada pasien Ny. M dengan diagnose medis stroke non hemorogik dengan gangguan oksigenasi di ruang saraf RSUD Ahmad Yani.

Tujuan laporan ini adalah mendapatkan gambaran tentang asuhan keperawatan pada pasien stroke non hemorogik pada Ny. M dengan Gangguan Oksigenasi di Ruang Saraf RSUD Ahmad Yani Metro.

Saat dilakukan pengkajian keluarga mengatakan pasien mengalami penurunan kesadaran, kesadaran pasien sopor dengan GCS : E2V2M1 dan sesak nafas, pasien tampak menggunakan oksigen nasal canul 2L/menit, RR : 22x/menit SpO₂ 97% terdapat suara nafas tambahan yaitu gurgling, TD : 180/90 mmHg, S : 36,3°, N : 81x/menit. Diagnosa keperawatan yang ditegakan : bersihan jalan nafas tidak efektif, penurunan kapasitas adaptif intracranial, dan resiko defisit nutrisi. Yang dilakukan perencanaan dan tindakan keperawatan SLKI dengan bersihan jalan nafas SIKI manajemen jalan nafas, SLKI kapasitas adaptif intracranial SIKI peningkatan tekanan intracranial, dan SLKI status nutrisi SIKI manajemen nutrisi. Evaluasi dari ketiga diagnosa di atas setelah dilakukan asuhan keperawatan selama 3 hari teratasi sebagian.

Simpulan dari laporan tugas akhir ini tidak semua teori proses keperawatan kasus SNH sesuai dengan kondisi pasien pada kenyataan. Saran diharapkan dapat memberikan pendidikan kesehatan secara langsung terhadap keluarga pasien dan pasien mengenai cara merawat keluarga yang sakit.

Kata kunci : Asuhan Keperawatan, Oksigenasi, SNH
Sumber bacaan : 20 (2013-2022)

TANJUNGPURANG HEALTH POLYTECHNIC
PROGRAM STUDY KOTABUMI
Final Project Report, May 2023

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Nursing Care of Patients with Impaired Oxygenation in Non-Hemorrhagic Stroke Cases (SNH) Against Ny. M in the Nerve Room of the Ahmad Yani Metro Hospital, November 14-16 2022.

xvii + 62 pages, 12 tables, 2 figures

ABSTRAK

Stroke is a disturbance of brain function that occurs suddenly with focal or global clinical signs that last for more than 24 hours. The World Health Organization (WHO) in 2019 shows that there are 10 diseases as the highest cause of death in Indonesia. One of them is stroke, even stroke ranks first with 131.8 deaths per 100 thousand population. Formulation of the problem of how to implement nursing care in patients Ny. M with a medical diagnosis of non-hemorrhagic stroke with impaired oxygenation in the nerve room of Ahmad Yani Hospital.

The purpose of this report is to get an overview of nursing care for non-hemorrhagic stroke patients at Ny. M with Oxygenation Disorders in the Nervous Room of Ahmad Yani Metro Hospital.

When the family study said the patient had decreased consciousness, the patient's consciousness was sopor with GCS: E2V2M1 and shortness of breath, the patient appeared to be using nasal cannula oxygen 2L/minute, RR: 22x/minute SpO₂ 97% there were additional breath sounds, namely gurgling, BP: 180/ 90 mmHg, S : 36.30, N : 81x/minute. Nursing diagnoses to be enforced: ineffective airway clearance, decreased intracranial adaptive capacity, and risk of nutritional deficits. The planning and nursing actions of SLKI with airway clearance SIKI airway management, SLKI intracranial adaptive capacity SIKI increased intracranial pressure, and SLKI nutritional status SIKI nutrition management. Evaluation of the three diagnoses above after nursing care for 3 days was partially resolved.

The conclusion from this final report is that not all theories of the nursing process for SNH cases are in accordance with the patient's condition in reality. Suggestions should be to further improve the quality of nursing services and provide more complete information and references in the development of medical surgical nursing, especially nursing care for SNH patients.

Keywords: Nursing Care, Oxygenation, SNH

Reading sources:20 (2013-2022)