

POLITEKNIK KESEHATAN TANJUNGPUR
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, 2022

Laila Arifah Nabilah,

Asuhan Keperawatan Gangguan Pemenuhan Kebutuhan Oksigenasi pada Ny. H dengan Tuberkulosis Paru Di Ruang Paru Rumah Sakit Umum Mayjend H.M. Ryacudu Kotabumi Tanggal 09 – 11 November 2022

xvi + 63 halaman, 10 tabel, 1 gambar

RINGKASAN

Gangguan oksigenasi terjadi pada kasus TB Paru, karena adanya penyempitan jalan napas serta penumpukan sputum di jalan napas yang mengganggu proses pernapasan karena itu diperlukan asuhan keperawatan untuk mengatasi masalah tersebut. Maka bagaimanakah cara memberikan Asuhan Keperawatan dengan Gangguan Oksigenasi pada Kasus TB Paru

Tujuan penulis dalam Laporan Tugas Akhir ini adalah untuk memberikan gambaran asuhan keperawatan dengan gangguan pemenuhan oksigenasi pada klien TB Paru di Ruang Paru Rumah Sakit Umum Mayjend H.M. Ryacudu Kotabumi tanggal 09 - 11 November 2022 yang meliputi pengkajian keperawatan, diagnosa keperawatan, rencana keperawatan, implementasi keperawatan dan evaluasi keperawatan.

Hasil pengkajian klien mengeluh sesak, batuk, tidak nafsu makan dan suhu badan meningkat. Didapatkan 3 diagnosa prioritas yaitu bersihan jalan napas tidak efektif, defisit nutrisi dan gangguan pola tidur. Perencanaan mencakup target luaran berdasarkan SLKI meliputi manajemen jalan napas, manajemen nutrisi, dan dukungan tidur. Intervensi yang dilaksanakan berdasarkan SIKI mencakup memberikan batuk efektif, mengatur posisi memberikan makan sedikit tapi sering dan membatasi pengunjung.

Hasil evaluasi dari ketiga diagnosa tersebut teratasi dibuktikan rasa sesak hilang, RR:24x/m, SpO² 92%. batuk efektif, makan 1 porsi dan pasien tidur 8jam/hari. Kesimpulan: gangguan pola tidur masalah teratasi, bersihan jalan napas tidak efektif teratasi sebagian, defisit nutrisi teratasi sebagian. Saran dari laporan ini diharapkan bagi pihak kepustakaan untuk menambah literatur tentang oksigenasi dan batuk efektif guna memuahkan mahasiswa yang sedang melakukan penelitian.

Kata kunci : Asuhan Keperawatan, TB Paru, gangguan oksigenasi
Sumber bacaan : 14 (2014-2021)

**TANJUNGPURANG HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY PROGRAM
Final Project Report , 2022**

Laila Arifah Nabilah,
*Nursing Care Disruption of Meeting Oxygenation Needs in Pulmonary
Tuberculosis Patients in the Lung Room of Mayjend H.M. Ryacudu Kotabumi
General Hospital, 09 – 11 November 2022*

xvi + 63 pages, 10 tables, 1 figure

ABSTRACT

Impaired oxygenation occurs in cases of pulmonary Tuberculosis, due to narrowing of the airway and the accumulation of sputum in the airway which interferes with the respiratory process because nursing care is needed to overcome the problem . So how to provide Nursing Care with Oxygenation Disorders in Cases of Pulmonary Tuberculosis.

The author's purpose in this Final Project Report is to provide an overview of nursing care with impaired oxygenation fulfillment in Pulmonary TB clients in the Lung Room of Mayjend H.M. Ryacudu Kotabumi General Hospital on November 9-12, 2022 which includes nursing assessment, nursing diagnosis, nursing plan , implementation nursing and nursing evaluation .

The results of the assessment of clients complained of tightness, coughing, no appetite and increased body temperature. We get 3 priority diagnoses, namely ineffective airway clearance, nutritional deficits and sleep pattern disorders. Planning includes output targets based on SLKI including airway management, nutrition management , and sleep support. Interventions implemented under SIKI include giving an effective cough, chest physiotherapy, adjusting the position of feeding little but often and limiting visitors.

The evaluation of the three diagnoses resolved proved that the feeling of tightness disappeared, RR:24x/m, SpO₂ 92%. cough is effective, eat 1 serving and the patient sleeps 8 hours/day. Conclusion disturbed sleep pattern problem resolved, ineffective airway clearance partially resolved, nutritional deficit partially resolved. The suggestions from this report are expected for the library to add to the literature on oxygenation and effective coughing in order to satisfy students who are doing research.

*Keywords : nursing care , Pulmonary Tuberculosis, oxygenation disorders
Reading source : 14 (201 4-2021)*