

POLITEKNIK KESEHATAN TANJUNG KARANG  
PRODI KEPERAWATAN KOTABUMI  
Laporan Tugas Akhir, Mei 2023

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Asuhan Keperawatan Pasien Dengan Gangguan Sirkulasi Pada Kasus Anemia Terhadap Ny. B di Ruang Freesia RSUD Handayani Kotabumi Lampung Utara Tanggal 11-13 Oktober 2022

xvi+ 59 halaman, 8 tabel, 3 gambar

### RINGKASAN

Kelainan pada sirkulasi sering dijumpai pada pasien baik di rumah sakit ataupun di fasilitas kesehatan lainnya. Salah satu gangguan sirkulasi adalah anemia. Hampir 2,3 milyar orang di dunia mengalami anemia. Di Indonesia, anemia tergolong penyakit paling umum terjadi, menurut riskesdas 2018 prevalensi anemia pada wanita sebesar 32%, artinya 3-4 dari 10 menderita anemia. Rumusan masalah pada laporan tugas akhir ini adalah: Bagaimanakah Gambaran Asuhan Keperawatan Pasien dengan Gangguan Sirkulasi pada Kasus Anemia terhadap Ny.B di Ruang Freesia RSUD Handayani Kotabumi, Kabupaten Lampung Utara tanggal 11-13 Oktober 2023.

Tujuan penulisan Laporan Tugas Akhir memberikan gambaran tentang asuhan keperawatan pasien dengan gangguan sirkulasi pada kasus Anemia terhadap Ny.B di Ruang Freesia RSUD Handayani Kotabumi Lampung Utara

Hasil pengkajian pada Ny. B didapatkan pasien tampak lemah, pucat, tampak berbaring di tempat tidur, aktivitas dibantu keluarga, pasien tidak mampu berjalan mandiri ke toilet, kadar hemoglobin 6,2 gr/dl, turgor tidak elastis, akral teraba dingin, konjungtiva anemis, CRT > 3 detik, pasien mengeluh pusing berputar, pandangan berkunang-kunang, merasa akan jatuh bila berjalan, mengatakan dirinya merasa lemas dan cepat lelah, mengatakan tidak nafsu makan dan mual, mengeluh perut bagian atas terasa perih, pasien mengatakan BAB sedikit dan berwarna hitam sejak seminggu yang lalu. Diagnosa keperawatan yang ditegakkan perfusi perifer tidak efektif, defisit nutrisi, intoleransi aktivitas, risiko jatuh dan risiko infeksi yang dilakukan perencanaan dan tindakan keperawatan sesuai dengan SLKI perfusi perifer, status nutrisi, toleransi aktivitas dan SIKI edukasi terapi darah, pemberian produk darah, manajemen nutrisi, dan manajemen energi. Setelah dilakukan tindakan keperawatan pada Ny. B selama 3 hari masalah teratasi untuk diagnosa gangguan nutrisi, intoleransi aktivitas, resiko jatuh serta teratasi sebagian untuk diagnosa perfusi perifer tidak efektif

Simpulan laporan tugas akhir ini adalah memberikan gambaran tentang bagaimana asuhan keperawatan gangguan sirkulasi terhadap Ny.B pada kasus Anemia di Ruang Freesia RSUD Handayani Kotabumi Lampung Utara. Saran yang diberikan kepada pihak rumah sakit diharapkan kedepannya saat pengkajian perawat dapat mengkaji secara lengkap dan sistematis meliputi data biologis, psikologis, dan sosial pasien, dan meningkatkan perawatan khususnya pada pasien anemia. Kepada institusi diharapkan dapat memfasilitasi buku-buku keperawatan medikal bedah edisi terbaru agar dapat mempermudah mahasiswa mencari sumber referensi dalam menyusun laporan tugas akhir.

Kata Kunci : Asuhan Keperawatan, Gangguan Sirkulasi, Anemia  
Sumber Bacaan : 25 (2014-2022)

POLITEKNIK KESEHATAN TANJUNG KARANG  
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Final project Report, Mei 2023

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Nursing Care of Patients with Circulatory Disorders in Cases of Anemia Against Mrs.B in the Freesia Room, Handayani Hospital, Kotabumi, North Lampung, October 11-13, 2022

xvi+ 59 pages, 8 tables, 3 pictures

### ABSTRACT

Abnormalities in circulation are often found in patients either in hospitals or in other health facilities. One of the circulation disorders is anemia. Nearly 2.3 billion people in the world have anemia. In Indonesia, anemia is classified as the most common disease, according to the 2018 Riskesdas the prevalence of anemia in women is 32%, meaning that 3-4 out of 10 suffer from anemia. The formulation of the problem in this final report is: How is the Nursing Care Overview of Patients with Circulatory Disorders in Cases of Anemia towards Ny.B in the Freesia Room of RSU Handayani Kotabumi, North Lampung Regency on 11-13 October 2023.

The purpose of writing the Final Project Report is to provide an overview of nursing care for patients with circulation disorders in cases of Anemia in Ny.B in the Freesia Room of RSU Handayani Kotabumi, North Lampung

The results of the study on Mrs. B, the patient looked weak, pale, looked lying in bed, assisted by family activities, patient was unable to walk independently to the toilet, hemoglobin level 6.2 gr/dl, turgor was not elastic, acral felt cold, conjunctiva anemic, CRT > 3 seconds, the patient complains of spinning dizziness, dizzy vision, feels like he will fall when walking, says he feels weak and gets tired quickly, says he has no appetite and is nauseous, complains that his upper stomach feels sore, the patient says he has little and black bowel movements since a week ago. Nursing diagnoses enforced by ineffective peripheral perfusion, nutritional deficits, activity intolerance, risk of falling and infection risk carried out by planning and nursing actions according to peripheral perfusion SLKI, nutritional status, activity tolerance and SIKI blood therapy education, administration of blood products, nutritional management, and energy management. after nursing action on Mrs. B for 3 days the problem is resolved for the diagnosis of nutritional disorders, activity intolerance, risk of falls and partially resolved for the diagnosis of ineffective peripheral perfusion

The conclusion of this final project report is to provide an overview of how nursing care for circulation disorders to Ny.B in the Anemia case in the Freesia Room at RSU Handayani Kotabumi, North Lampung. It is hoped that the advice given to the hospital in the future during the nurse's assessment can be reviewed in a complete and systematic manner covering the patient's biological, psychological and social data, and improving care, especially in anemia patients. For institutions are expected to be able to facilitate the latest editions of medical surgery nursing books in order to make it easier for students to find reference sources in preparing their final project report.

Keywords : Nursing Care, Circulatory Disorders, Anemia  
Reading Source : 25 (2014-2022)