

POLITEKNIK KESEHATAN TANJUNG KARANG
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Mei 2023

ANISA INDAH SETIA NINGRUM

Asuhan Keperawatan Keluarga Dengan Gangguan Kebutuhan Oksigenasi Pada Kasus Asma Terhadap An.E Di Desa Gunung Angger Kecamatan Kotabumi Selatan Kabupaten Lampung Utara Tanggal 08 November - 10 November 2022
xv, 65 halaman, 10 tabel, 3 gambar, 2 lampiran

RINGKASAN

Kasus Asma dilihat dari data laporan tahunan Puskesmas Kotabumi II di Kabupaten Lampung Utara penderita Asma mengalami peningkatan tahun 2021 sebanyak 181 kasus, tahun 2022 sebanyak 130 kasus dan pada tahun 2023 periode Januari-Maret sebanyak 21 kasus. Rumusan masalah LTA ini adalah bagaimana Bagaimana Gambaran Asuhan Keperawatan Keluarga Dengan Gangguan Kebutuhan Oksigenisasi pada Kasus Asma terhadap An.E.

Tujuan laporan tugas akhir ini diketahui gambaran Asuhan Keperawatan Keluarga Dengan Gangguan Kebutuhan Oksigenisasi Pada Kasus Asma Terhadap An.E di Desa Gunung Angger Wilayah Kerja Puseksmas Kotabumi II Lampung Utara.

Hasil pengkajian didapatkan : Klien mengeluh sesak napas, klien mengatakan napas terasa berat, klien tampak tidak mampu batuk, klien tampak lemah, terdengar suara napas tambahan wheezing, klien mengeluh sesak saat beraktivitas disekolah, klien merasa mudah lelah, klien tampak lesu, klien mengatakan sesak bertambah saat cuaca dingin, klien mengatakan sulit tidur karena sesak, klien mengatakan tidak nyenyak saat tidur dan merasa tidak cukup waktu istirahat, klien mengatakan tidur 5-6 jam perhari, mata klien tampak sayu, RR: 32×/menit TD: 100/80mmHg, N:105×/menit, S:36,0 c. Berdasarkan pengkajian didapatkan diagnosa Bersihan jalan napas tidak efektif, Intoleransi aktivitas dan Gangguan pola tidur. Intervensi dan implementasi keperawatan terhadap An.E meliputi 5 TUK yaitu : Tuk 1 keluarga mampu mengenali masalah, Tuk 2 keluarga mampu mengambil keputusan, Tuk 3 keluarga mampu merawat, Tuk 4 keluarga mampu memelihara kesehatan, Tuk 5 keluarga mampu memanfaatkan fasilitas kesehatan. Evaluasi yang dilakukan selama 3 hari perawatan, keluarga dapat memahami Tuk 1,2,3,4,5, tetapi masalah memanfaatkan fasilitas kesehatan belum dilaksanakan keluarga

Simpulan : Setelah dilakukan asuhan keperawatan pada An.E didapatkan gambaran asuhan keperawatan secara nyata sesuai dengan SDKI, SLKI, SIKI. Saran : Diharapkan perawat Puskesmas Kotabumi II dapat melakukan asuhan keperawatan didalam menegakkan diagnosa berdasarkan skoring dapat menentukan intervensi yang tepat.

Kata Kunci : Asuhan Keperawatan Keluarga, Kebutuhan Oksigenisasi, Asma
Sumber Bacaan : 20. (2012-2021)

TANJUNG KARANG HEALTH POLYTECHNIC
KOTABUMI NURSING PROGRAM STUDY
Final Project Report, May 2023

ANISA INDAH SETIA NINGRUM

Family Nursing Care with Disorders of Oxygenation Needs in Cases of Asthma Against An.E in Gunung Angger Village, Kotabumi Selatan District, North Lampung Regency November 8 - November 10, 2022
xv, 65 pages, 10 tables, 3 figures, 2 attachment

ABSTRACT

Asthma cases can be seen from the annual report data at the Kotabumi II Health Center in North Lampung Regency, with Asthma sufferers experiencing an increase in 2021 of 181 cases, in 2022 there were 130 cases and in 2023 in the January-March period there were 21 cases. The formulation of the LTA problem is how to describe nursing care for families with impaired oxygenation needs in asthma cases for An.E..

The purpose of this final project report is to know the description of Family Nursing Care with Disorders of the Need for Oxygenation in the Case of Asthma Against An.E in Gunung Angger Village, Working Area of the Kotabumi II Public Health Center, North Lampung.

The results of the assessment obtained: The client complained of shortness of breath, the client said he was having a hard time breathing, the client seemed unable to cough, the client looked weak, heard additional wheezing sounds, the client complained of shortness of breath during school activities, the client felt tired easily, the client looked lethargic, the client said shortness of sleep increases when it's cold, the client says it's difficult because of tightness, the client says he doesn't sleep well and feels he doesn't get enough rest, the client says he sleeps 5-6 hours per day, the client's eyes look glazed, RR: 32×/minute BP: 100/80mmHg , N:105×/minute, S:36.0 c. Based on the assessment of the diagnosis, ineffective airway clearance, activity intolerance and sleep pattern disturbance. Intervention and implementation of involvement in An.E includes 5 TUK, namely: Tuk 1 family is able to recognize problems, Tuk 2 families are able to make decisions, Tuk 3 families are able to care, Tuk 4 families can maintain health, Tuk 5 families can take advantage of health facilities. Evaluation carried out for 3 days of treatment, families can understand Tuk 1,2,3,4,5, but the problem of utilizing health facilities has not been implemented by the family

Conclusion: After giving care to An.E, a real picture of nursing care is obtained according to the SDKI, SLKI, SIKI. Suggestion: It is expected that Kotabumi II Health Center nurses can perform nursing care in establishing a diagnosis based on scoring to determine appropriate interventions.

Keywords : Family Nursing Care, Need for Oxygenation, Asthma
Reading Sourc : 20. (2012-2021)