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Asuhan Keperawatan Perioperatif Pada Pasien Hernia *Inguinalis Dextra* Dengan Tindakan *Herniotomy Hernioraphy* Di Ruang Operasi Rumah Sakit Mardi Waluyo Metro 2020

Xvii+73 halaman, 4 gambar, 16 tabel, 4 lampiran

ABSTRAK

Hernia inguinalis merupakan hernia yang paling umum terjadi dan muncul sebagai tonjolan di selangkangan atau skrotum. Orang awam biasa menyebutnya “turun bero” atau “hernia”. Menurut World Health Organization (WHO) pada tahun 2005 – 2010 penderita hernia mencapai 19.173.279 orang, pada tahun 2011 Uni Emirat Arab menjadi negara dengan jumlah penderita hernia terbesar di dunia sekitar 3.950. penyebaran hernia paling banyak di negara berkembang seperti negara- negara Afrika dan Asia Tenggara termasuk Indonesia (Gian, 2017). Salah satu penanganan yang dilakukan pada pasien hernia inguinalis adalah herniotomy hernioraphy.

Tujuan dari laporan akhir ini memberikan gambaran tentang bagaimana asuhan keperawatan perioperatif pasien dengan diagnosa Hernia Inguinalis Dextra dengan tindakan operasi Herniotomy Hernioraphy di ruang Operasi Rumah Sakit Mardi Waluyo Metro. Metode yang digunakan metodologi pengkajian asuhan keperawatan. Subyek asuhan pasien Tn.A, No RM : 00-43-99-74. Asuhan keperawatan ini dilaksanakan di ruang Operasi Rumah Sakit Mardi Waluyo Metro pada tanggal 24 Februari 2020.

Hasil asuhan keperawatan didapatkan masalah yang muncul saat pre operasi adalah nyeri akut dan ansietas, dan pada intraoperasi resiko hipotermia perioperatif, serta pada post operasi yaitu hipotermia dan resiko jatuh. Implementasi yang dilakukan yaitu manajemen nyeri, reduksi ansietas, terapi relaksasi, manajemen hipotermia, dan pencegahan jatuh. Setelah diberikan tindakan keperawatan dan dilakukan evaluasi masalah yang belum teratasi yaitu nyeri akut dan resiko hipotermia perioperatif, sedangkan untuk masalah yang lain teratasi. Diharapkan perawat dapat melakukan asuhan keperawatan perioperatif sesuai dengan standar yang berlaku sesuai dengan tahapan pengkajian, perumusan diagnosa keperawatan, pembuatan intervensi keperawatan, pelaksanaan implementasi dan evaluasi secara baik sehingga masalah pada pasien dapat ditangani dengan tepat.

Kata kunci : *Herniotomy Hernioraphy*, *Hernia Inguinalis Dextr*, Asuhan Keperawatan Perioperatif

Pustaka : 30 (2002-2019)

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Perioperative Nursing Care For Hernia Inguinalis Dextra Patients With Herniotomy Hernioraphy In Surgery Installation Room Mardi Waluyo Hospital Metro In 2020

Xvii+73 pages, 4 pictures, 16 tables, 4 attachments

ABSTRACT

Hernia inguinalis is the most commonly hernia and occur as a bulge in the groin or scrotum. People called "the bowel down" or "hernia". According to WHO in 2005-2010, hernia reached 19,173,279 patients, United Arab Emirates in 2011 became the country with the largest number of patient in the world with hernias around 3,950 patients. Most hernia occur in developing countries such as African and Southeast Asian countries including Indonesia. One of the managements performed on hernia patients is herniotomy or hernioraphy.

The general purpose of this final report is to describe the perioperative nursing care of Dextra Inguinal Hernia patients with Herniotomy Hernioraphy in Surgery Installation Room Mardi Waluyo Hospital. Using the nursing assessment methodology. The subject of this patient's Tn.A, No RM : 00-43-99-74. Nursing care was provided in Surgery Installation Room Mardi Waluyo Hospital on February 24th, 2020.

The results of nursing care found that problems during pre-surgery were acute pain and anxiety, in the intraoperative was risk of perioperative hypothermia, as well as in the postoperative were post operatives hypothermia and the risk of falling. The implementations were pain management, anxiety reduction, relaxation therapy, hypothermia management, and fall prevention. Nursing care is given and evaluated, found unresolved problems, such as acute pain and the risk of perioperative hypothermia, while for other problems resolved. It is expected to all nurses do perioperative nursing care in accordance with applicable standards in accordance with the stages of assessment, formulation of nursing diagnoses, making nursing interventions, implementing implementation and evaluation properly so that problems in patients can be handled appropriately.

Keywords : *Herniotomy Hernioraphy, Hernia Inguinalis Dextr, Perioperative Nursing Care*

References : *30 (2002-2019)*