POLITEKNIK KESEHATAN KEMKES TANJUNGT KARANG
JURUSAN KESEHATAN LINGKUNGAN

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GAMBARAN SARANA PENUNJANG PERILAKU HIDUP BERSIH DAN SEHAT DI SEKOLAH DASAR KECAMATAN BELALAU KABUPATEN LAMPUNG BARAT TAHUN 2022

xiv + 55 halaman + 3 gambar + 9 tabel + 6 lampiran

RINGKASAN

Sekolah dasar di Kecamatan Belalau Kabupaten Lampung Barat dapat kita sebut antara lain sarana sabitasi yang belum ber Perilaku Hidup Bersih dan Sehat. Dapat dilakukan gambaran fasilitas PHBS di Sekolah Dasar. Tujuan penelitian ini adalah untuk mengetahui PHBS di Sekolah Dasar Kecamatan Belalau Kabupaten Lampung Barat sedangkan tujuan khusus penelitian ini adalah mengetahui ketersediaan sarana dan perilaku siswa dalam menerapkan CTPS, mengetahui ketersediaan sarana kantin dan perilaku siswa di kantin, ketersedian sarana dan perilaku penggunaan jamban dan ketersediaan sarana dan perilaku siswa dalam membuang sampah.

Penelitian ini bersifat deskriptif yaitu menggambarkan gambaran fasilitas dan Perilaku Hidup Bersih dan Sehat di Sekolah Dasar Kecamatan Belalau Kabupaten Lampung Barat. Data yang diperoleh dari hasil Checklist pertanyaan dan wawancara terhadap siswa sekolah dasar. Berdasarkan hasil yang diperoleh digambarkan bahwa fasilitas bangunan sekolah yang sesuai sarana PHBS. Menurut Peraturan Menteri Kesehatan Republik Indonesia No: 2269/MENKES/PER/XI/2011 Tentang Pedoman Pembinaan PHBS yaitu tersedia sarana mencuci tangan pakai sabun dan air mengalir, sarana kantin sehat, sarana jamban sehat dan sarana membuag sampah.

Dalam penelitian ini, penulis menyarankan setiap sekolah menyediakan tempat cuci tangan di depan kelas yang dilengkapi dengan sabun dan lap, menyediakan tempat cuci tangan di kantin sekolah, dan tidak lupa mencuci tangan sehabis memegang benda. Sekolah menyediakan kantin di lingkungan sekolah dan mengonsumsi makanan sehat. Sekolah menyediakan tempat pemilahan sampah organik dan non organik, sekolah menyediakan WC yang terpisah antara laki- laki dan perempuan. Kemudian saran bagi pengelola sekolah/ kepala sekolah yang bertanggung jawab diharapkan dapat meningkatkan PHBS bagi para siswa Sekolah Dasar.

Kata Kunci :PHBS, Promosi Kesehatan

Daftar Bacaan : (2013-2018)

Dipindai dengan CamScanner

HEALTH POLYTECHNIC, KEMKES TANJUNGT KARANG DEPARTMENT OF ENVIRONMENTAL HEALTH
Final Project Report, June 2022
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DESCRIPTION OF FACILITIES SUPPORTING CLEAN AND HEALTHY LIVING BEHAVIOR IN ELEMENTARY SCHOOL, BELALAU DISTRICT, BARAT LAMPUNG REGENCY IN 2022
xiv + 55 pages + 3 pictures + 9 tables + 6 attachments

ABSTRACT

We can call elementary schools in Belalau District, West Lampung Regency, among others, sabbatical facilities that do not yet have a Clean and Healthy Lifestyle. An overview of PHBS facilities in elementary schools can be carried out. The purpose of this study was to determine PHBS in Elementary Schools in Belalau District, West Lampung Regency, while the specific objectives of this study were to determine the availability of facilities and student behavior in implementing CTPS, to determine the availability of canteen facilities and student behavior in the canteen, the availability of facilities and the behavior of using latrines and the availability of facilities. and student behavior in disposing of waste.

This research is descriptive in nature, that is, it describes the description of facilities and Clean and Healthy Lifestyles in Elementary Schools in Belalau District, West Lampung Regency. The data obtained from the results of the checklist of questions and interviews with elementary school students. Based on the results obtained, it is illustrated that the school building facilities are suitable for PHBS facilities. According to the Regulation of the Minister of Health of the Republic of Indonesia No: 2269/MENKES/PER/XI/2011 concerning PHBS Guidance, namely the availability of hand washing facilities with soap and running water, healthy canteen facilities, healthy latrine facilities and waste disposal facilities.

In this study, the authors suggest that every school provides a handwashing area in front of the classroom equipped with soap and rags, provides a hand washing area in the school canteen, and does not forget to wash hands after handling objects. The school provides a canteen in the school environment and eats healthy food. The school provides a place for sorting organic and non-organic waste, the school provides separate toilets for men and women. Then suggestions for school managers and principals who are responsible are expected to improve PHBS for elementary school students.

Keywords:PHBS, Health Promotion
Reading List : (2013-2018)

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