

POLITEKNIK KESEHATAN TANJUNGPINANG
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Gambaran Tatalaksana Terapi Pada Pasien Terkonfirmasi Positif COVID-19 di Wilayah Kota Bandar Lampung

xvii + 83 halaman, 15 tabel, 4 gambar, 4 lampiran

ABSTRAK

COVID-19 saat ini telah menjadi masalah kesehatan dunia. Tingkat penyebaran virus COVID-19 cukup pesat di berbagai negara. Di Indonesia sendiri terdapat 4,257,243 kasus terkonfirmasi per 3 Desember 2021. Provinsi Lampung memiliki urutan ke-18 tertinggi di Indonesia dari 34 provinsi dengan jumlah kasus terkonfirmasi yaitu sebanyak 49.721 kasus per tanggal 4 Desember. Saat ini belum terdapat terapi atau pengobatan spesifik untuk COVID-19. Namun, beberapa obat yang potensial telah dipergunakan untuk penderita COVID-19, walaupun masih dalam status obat uji dan hasilnya menunjukkan efektivitas yang baik.

Tujuan dari penelitian ini adalah untuk mengetahui gambaran tatalaksana terapi pada pasien terkonfirmasi positif COVID-19 di wilayah Kota Bandar Lampung. Penelitian ini menggunakan metode deskriptif yang dilakukan dengan memberikan kuesioner melalui *google form*, kemudian hasil data disajikan dalam bentuk distribusi frekuensi dan persentase. Hasil penelitian menunjukkan bahwa persentase dari pasien terkonfirmasi COVID-19 paling banyak berjenis kelamin perempuan (72%), pada usia 12-25 tahun (53%), pendidikan perguruan tinggi (93%), berprofesi sebagai pelajar/mahasiswa (44%), mengalami derajat ringan (62%), (16%) memiliki komorbid, berupa gangguan imun (42,1%), melakukan isolasi mandiri di rumah (86%), dengan lama perawatan kurang dari 14 hari (72%), melakukan pengobatan mandiri (55%) dan melakukan pengobatan di rumah sakit (42,2%), jenis terapi utama yang digunakan berupa multivitamin (73%) dan dari berbagai jenis terapi tambahan berupa plasma konvalesen (100%) dibandingkan dengan terapi tambahan lainnya, jenis tindakan berupa memakai masker (11,6%), jenis tindakan pasien berupa monitor saturasi oksigen (23,9%), jenis edukasi yang didapatkan berupa memakai masker (12,5%) dan (24,6%) mendapatkan jenis informasi obat berupa nama obat.

Kata Kunci : Tatalaksana, Terapi, COVID-19
Daftar Bacaan : 37 (2006-2022)

POLYTECHNIC OF HEALTH TANJUNGKARANG
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Overview of Treatment Management for Patients Confirmed Positive for COVID-19 in the City of Bandar Lampung

xvii + 83 pages, 15 tables, 4 pictures, 4 attachments

ABSTRACT

COVID-19 has now become a global health problem. The rate of spread of the COVID-19 virus is quite fast in various countries. In Indonesia alone, there were 4,257,243 confirmed cases as of December 3, 2021. Lampung Province has the 18th highest ranking in Indonesia out of 34 provinces with the number of confirmed cases as many as 49,721 cases as of December 4. There is currently no specific therapy or treatment for COVID-19. However, several potential drugs have been used for patients with COVID-19, although they are still in test drug status and the results show good effectiveness.

The purpose of this study was to determine the description of therapeutic management in patients who were confirmed positive for COVID-19 in the Bandar Lampung City area. This research uses a descriptive method which is done by giving a questionnaire via google form, then the data results are presented in the form of frequency distribution and percentage. The results showed that the percentage of confirmed COVID-19 patients was mostly female (72%), at the age of 12-25 years (53%), college education (93%), working as students (44%), had a mild degree (62%), (16%) had co-morbidities, in the form of immune disorders (42,1%), did self-isolation at home (86%), with a length of stay of less than 14 days (72%), did self-medication (55%) and treated in the hospital (42,2%), the main type of therapy used was multivitamin (73%) and various types of additional therapy in the form of convalescent plasma (100%) compared to other additional therapies, the type of action in the form of wearing a mask (11,6%), the type of patient action in the form of monitoring oxygen saturation (23,9%), the type of education obtained in the form of wearing a mask (12,5%) and (24,6%) getting the type of drug information in the form of name drug.

Keywords : Management, Therapy, COVID-19
Reading List : 37 (2006-2022)