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**ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN KISTA OVARIUM  
DENGAN TINDAKAN KISTEKTOMI LAPARATOMI DIRUANG OPERASI RS  
MARDI WALUYO KOTA METRO TAHUN 2020**  
( xv + 64 halaman, 11 tabel, 3 gambar )

**ABSTRAK**

Asuhan keperawatan laporan kasus ini dilakukan pada pasien dengan diagnosa medis kista ovarium. Kista ovarium merupakan penyakit yang disebabkan karena adanya benjolan yang membesar, seperti balon yang berisi cairan yang tumbuh di indung telur. Angka kejadian kista ovarium tertinggi ditemukan pada negara maju, dengan rata-rata 10 per 100.000. Angka kejadian kista ovarium di Indonesia belum diketahui dengan pasti karena pencatatan dan pelaporan yang kurang baik. Sebagai gambaran di RSUD Dharmas, ditemukan kira-kira 30 pasien setiap tahun. Tujuan laporan ini, penulis menggambarkan pelaksanaan asuhan keperawatan perioperatif pada pasien kista ovarium dengan tindakan kistektomi laparotomi. Metode asuhan keperawatan menggunakan pendekatan proses keperawatan, sampel pada pasien Nn. B dengan diagnosa medis Kista ovarium.

Berdasarkan hasil pengkajian dirumuskan beberapa diagnosa keperawatan sebagai berikut pada preoperasi; nyeri akut b.d agen pendera fisiologis, intraoperasi; resiko perdarahan b.d tindakan pembedahan dan postoperasi; resiko jatuh b.d kondisi pascaoperasi. Rencana keperawatan yang ditetapkan berdasarkan diagnosa keperawatan pada preoperasi; manajemen nyeri, intraoperasi; pencegahan perdarahan dan postoperasi; manajemen resiko jatuh. Evaluasi dari diagnosa keperawatan didapatkan hasil pada, tahap preoperasi masalah nyeri akut teratasi sebagian dengan kriteria hasil keluhan nyeri menurun, meringis menurun, sikap protektif menurun serta nadi membaik. Tahap intraoperasi masalah resiko perdarahan tidak terjadi dengan kriteria hasil tanda tanda perdarah minimal serta perdarahan terkontrol. Tahap postoperasi masalah resiko jatuh tidak terjadi dengan kriteria hasil tubuh klien bebas dari cedera. Saran, Diharapkan dapat melakukan prosedur asuhan keperawatan sesuai dengan standar yang berlaku sesuai dengan tahapan pengkajian, perumusan diagnosa keperawatan, pembuatan intervensi keperawatan, pelaksanaan implementasi dan evaluasi baik saat tahap preoperatif, intraoperatif, maupun pascaoperatif.

Kata Kunci : Asuhan Keperawatan Perioperatif, Kista Ovarium, Kistektomi, Laparotomi

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**PERIOPERATIVE NURSING CARE IN OVARIUM KISTA PATIENTS WITH  
LAPARATOMIC CHARACTERISTIC ACTIONS IN OPERATING ROOMS OF  
MARDI WALUYO Hospital METRO CITY IN 2020**  
(xv + 64 pages, 11 tables, 3 pictures)

**ABSTRACT**

*Nursing care for this case report is performed on patients with medical diagnosis of ovarian cysts. Ovarian cyst is a disease caused by an enlarged lump, like a balloon filled with fluid that grows in the ovaries. The highest incidence of ovarian cysts is found in developed countries, with an average of 10 for 100,000. The incidence of ovarian cysts in Indonesia is not yet known with certainty due to poor recording and reporting. As an illustration in Dharmais General Hospital, approximately 30 patients are found every year. The purpose of this report, the authors describe the implementation of perioperative nursing care in patients with ovarian cysts with cystectomy laparotomy. Nursing care methods using the nursing process approach, samples in patients Nn. B with medical diagnosis of ovarian cysts.*

*Based on the results of the study, several nursing diagnoses were formulated as follows on preoperatively; acute pain bd physiological agents, intraoperative; risk of bleeding from surgical and postoperative measures; risk of falling under postoperative conditions. Nursing plans established based on preoperative nursing diagnoses; pain management, intraoperative; bleeding and postoperative prevention; fall risk management. Evaluation of the nursing diagnoses showed that the preoperative stage of the acute pain problem was partially resolved with the criteria for decreased pain complaints, grimacing decreased, protective attitudes decreased and pulse improved. The intraoperative stage of the risk of bleeding does not occur with the criteria for the results of minimal bleeding signs and controlled bleeding. The postoperative stage of the problem of falling risk does not occur with the client's body free of injury criteria. Suggestions, It is expected to be able to carry out nursing care procedures in accordance with applicable standards in accordance with the stages of assessment, formulation of nursing diagnoses, making nursing interventions, implementing implementation and evaluation both at the preoperative, intraoperative, and postoperative stages.*

**Keywords** : *Perioperatif Nursing Caretif, Ovarian Cyst, Cystectomy, Laparatomy*