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Asuhan Keperawatan Perioperatif Pada Pasien Fibroadenoma Mammae Dengan Tindakan Eksisi Diruang OK RS. DKT Provinsi Lampung Tahun 2019

Xviii + 74 halaman, 2 gambar, 11 tabel dan lampiran

ABSTRAK

Asuhan keperawatan laporan kasus ini dilakukan pada pasien dengan diagnosa medis fibroadenoma mammae (FAM). FAM adalah tumor payudara jinak (non-kanker) yang terdiri dari jaringan kelenjar dan jaringan stroma (penghubung). FAM paling sering ditemukan pada wanita muda berusia 20-30 tahun, tetapi dapat juga ditemukan pada wanita dari segala usia. Tujuan laporan ini, penulis menggambarkan pelaksanaan asuhan keperawatan perioperatif pada pasien fibroadenoma mammae dengan tindakan eksisi. Metode asuhan keperawatan menggunakan pendekatan proses keperawatan, sampel pada pasien Ny.F dengan diagnosa medis fibroadenoma mammae (FAM).

Berdasarkan hasil pengkajian dirumuskan beberapa diagnosa keperawatan sebagai berikut: pre operasi; ansietas, intra operasi; resiko cedera dan resiko hipotermi dan post operasi; bersihan jalan napas tidak efektif dan nyeri akut. Rencana keperawatan yang ditetapkan berdasarkan diagnosa keperawatan yang dirumuskan. Implementasi tindakan dikerjakan sesuai intervensi keperawatan yang ditetapkan pada Ny.F secara mandiri maupun kolaborasi dalam tim operasi sehingga tujuan rencana tindakan tercapai. Evaluasi dari setiap diagnosa keperawatan didapatkan sebagai berikut, tahap pre operasi masalah ansietas teratasi. Tahap intra operasi masalah risiko cedera dan resiko hipotermi aktual. Tahap post operasi masalah bersihan jalan napas tidak efektif dan nyeri akut belum teratasi. Saran, diharapkan perawat untuk lebih teliti dalam melakukan pengkajian, merumuskan masalah, serta menentukan intervensi pada pasien kasus perioperatif, terutama yang akan dilakukan tindakan operasi khususnya eksisi tumor.

Kata Kunci :Eksisi, Fibroadenoma Mammae (FAM), Asuhan Keperawatan Perioperatif

Referensi :22 (2002-2019)

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***Perioperative Nursing Care at Patients Fibroadenoma Mammae with Excision
in the Operating Room of the RS. DKT Lampung Province Year 2019***
Xviii + 74 pages, 2 images, 11 tables and attachments

ABSTRACT

Nursing care for this case report is performed on patients with medical diagnosis of fibroadenoma mammae (FAM). FAM is a benign (non-cancerous) breast tumor consisting of glandular tissue and stromal (connective) tissue. FAM is most often found in young women aged 20-30 years, but can also be found in women of all ages. The purpose of this report, the authors describe the implementation of perioperative nursing care in fibroadenoma mammae patients with excision. The nursing care method uses the nursing process approach, the sample of Mrs.F patients with medical diagnosis of fibroadenoma mammae (FAM).

Based on the results of the study several nursing diagnoses were formulated as follows: preoperatively; anxiety, intraoperative; risk of injury and risk of hypothermia and post surgery; ineffective airway cleansing and acute pain. The nursing plan is determined based on the nursing diagnoses that are formulated. The implementation of the action was carried out according to the nursing intervention determined by Mrs. F independently or collaboratively in the operations team so that the objectives of the action plan were achieved. Evaluation of each nursing diagnosis is obtained as follows, the preoperative stage of anxiety problems is resolved. Intraoperative stage of the problem of injury risk and the risk of actual hypothermia. The postoperative stage of the problem of cleansing the airway is ineffective and acute pain has not been resolved. Suggestions, nurses are expected to be more careful in conducting assessments, formulating problems, and determining interventions in patients with perioperative cases, especially those that will be performed in surgery, especially tumor excision.

Keywords :Excision, Fibroadenoma Mammae (FAM, Perioperative Nursing Care

References: 22 (2002-2019)