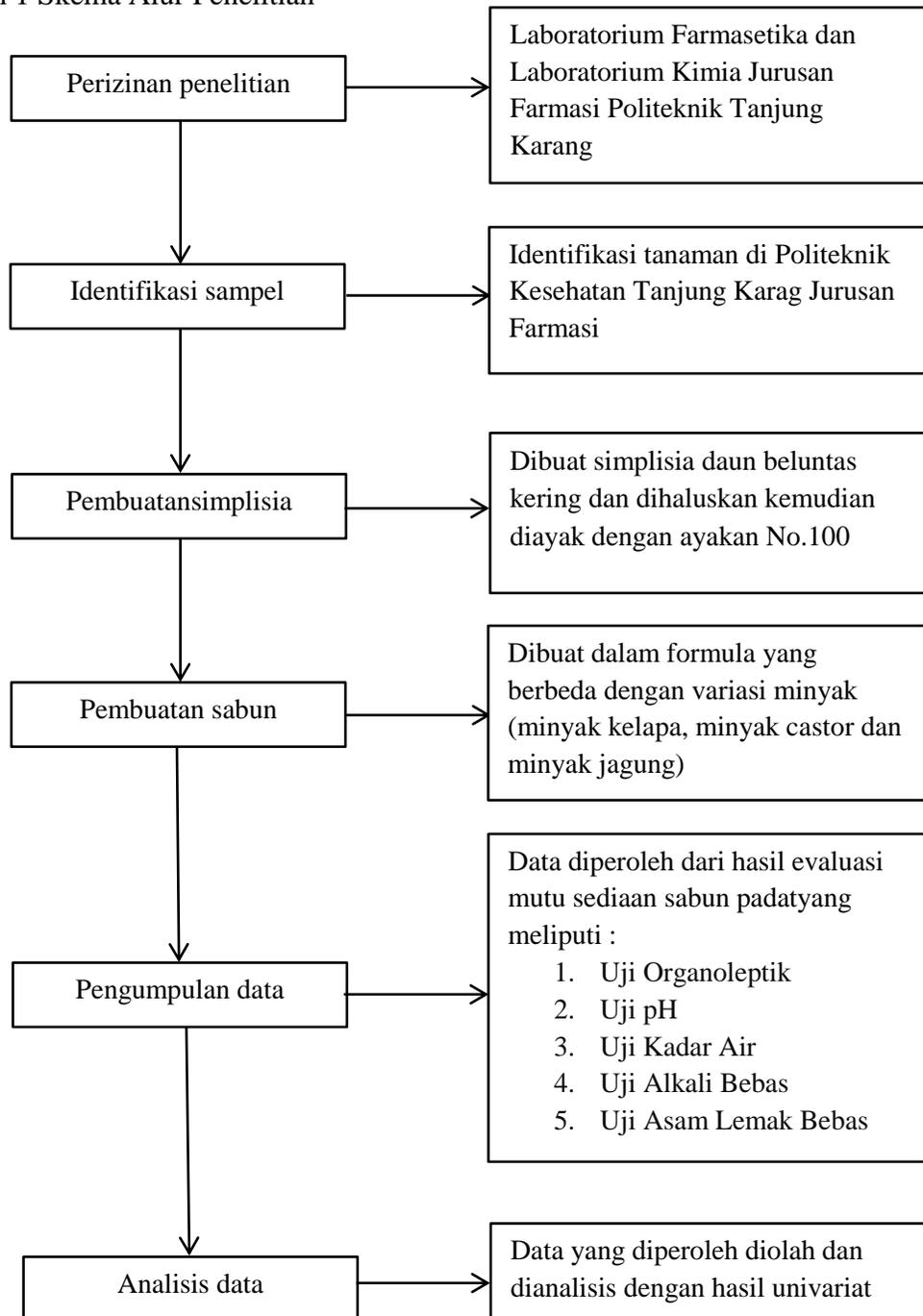


LAMPIRAN

Lampiran 1 Skema Alur Penelitian



Lampiran 2 Hasil Perhitungan dari Soapcalc.net

1. F1 formula sabun dalam 60 g

| SoapCalc © | | Recipe Name: <input type="text"/> | | New <input type="button" value="INCI Names"/> Print Recipe | | |
|---|--------------------------|-----------------------------------|-------------|--|--------|-------|
| Total oil weight | 60 g | Sat : Unsat Ratio | 54 : 46 | | | |
| Water as percent of oil weight | 33.92 % | Iodine | 47 | | | |
| Super Fat/Discount | 5 % | INS | 171 | | | |
| Lye Concentration | 30.0000 % | Fragrance Ratio | 31 | | | |
| Water : Lye Ratio | 2.3333:1 | Fragrance Weight | 1.86 g | | | |
| | | Pounds | Ounces | Grams | | |
| Water | | 0.045 | 0.72 | 20.35 | | |
| Lye - NaOH | | 0.019 | 0.31 | 8.72 | | |
| Oils | | 0.132 | 2.12 | 60.00 | | |
| Fragrance | | 0.004 | 0.07 | 1.86 | | |
| Soap weight before CP cure or HP cook  | | 0.200 | 3.21 | 90.93 | | |
| # | √ | Oil/Fat | % | Pounds | Ounces | Grams |
| 1 | <input type="checkbox"/> | Coconut Oil, 76 deg | 30.00 | 0.040 | 0.63 | 18.00 |
| 2 | <input type="checkbox"/> | Palm Oil | 50.00 | 0.066 | 1.06 | 30.00 |
| 3 | <input type="checkbox"/> | Olive Oil | 20.00 | 0.026 | 0.42 | 12.00 |
| Totals | | | 100.00 | 0.132 | 2.12 | 60.00 |
| Soap Bar Quality | | Range | Your Recipe | | | |
| Hardness | | 29 - 54 | 52 | Lauric | 14 | |
| Cleansing | | 12 - 22 | 21 | Myristic | 6 | |
| Conditioning | | 44 - 69 | 44 | Palmitic | 28 | |
| Bubbly | | 14 - 46 | 21 | Stearic | 4 | |
| Creamy | | 16 - 48 | 32 | Ricinoleic | 0 | |
| Iodine | | 41 - 70 | 47 | Oleic | 36 | |
| INS | | 136 - 165 | 171 | Linoleic | 8 | |
| | | | | Linolenic | 0 | |

2. F2 formula sabun dalam 60 g

SoapCalc © Recipe Name: New [Print Recipe](#)

| | | | |
|--------------------------------|------------------|-------------------|---------|
| Total oil weight | 60 g | Sat : Unsat Ratio | 51 : 49 |
| Water as percent of oil weight | 33.78 % | Iodine | 50 |
| Super Fat/Discount | 5 % | INS | 167 |
| Lye Concentration | 30.0000 % | Fragrance Ratio | 31 |
| Water : Lye Ratio | 2.3333:1 | Fragrance Weight | 1.86 g |

| | Pounds | Ounces | Grams |
|---|--------|--------|-------|
| Water | 0.045 | 0.71 | 20.27 |
| Lye - NaOH | 0.019 | 0.31 | 8.69 |
| Oils | 0.132 | 2.12 | 60.00 |
| Fragrance | 0.004 | 0.07 | 1.86 |
| Soap weight before CP cure or HP cook  | 0.200 | 3.20 | 90.81 |

| # | <input type="checkbox"/> | Oil/Fat | % | Pounds | Ounces | Grams |
|--------|--------------------------|---------------------|--------|--------|--------|-------|
| 1 | <input type="checkbox"/> | Coconut Oil, 76 deg | 30.00 | 0.040 | 0.63 | 18.00 |
| 2 | <input type="checkbox"/> | Olive Oil | 30.00 | 0.040 | 0.63 | 18.00 |
| 3 | <input type="checkbox"/> | Palm Oil | 40.00 | 0.053 | 0.85 | 24.00 |
| Totals | | | 100.00 | 0.132 | 2.12 | 60.00 |

| Soap Bar Quality | Range | Your Recipe | | |
|------------------|-----------|-------------|------------|----|
| Hardness | 29 - 54 | 49 | Lauric | 14 |
| Cleansing | 12 - 22 | 20 | Myristic | 6 |
| Conditioning | 44 - 69 | 47 | Palmitic | 25 |
| Bubbly | 14 - 46 | 20 | Stearic | 4 |
| Creamy | 16 - 48 | 28 | Ricinoleic | 0 |
| Iodine | 41 - 70 | 50 | Oleic | 39 |
| INS | 136 - 165 | 167 | Linoleic | 8 |
| | | | Linolenic | 0 |

3. F3 formulasabun dalam 60 g

| Total oil weight | | 60 g | Sat : Unsat Ratio | | 51 : 49 | |
|---------------------------------------|--------------------------|---------------------|-------------------|------------|---------|-------|
| Water as percent of oil weight | | 34.16 % | Iodine | | 49 | |
| Super Fat/Discount | | 5 % | INS | | 171 | |
| Lye Concentration | | 30.0000 % | Fragrance Ratio | | 31 | |
| Water : Lye Ratio | | 2.3333:1 | Fragrance Weight | | 1.86 g | |
| | | Pounds | Ounces | Grams | | |
| Water | | 0.045 | 0.72 | 20.50 | | |
| Lye - NaOH | | 0.019 | 0.31 | 8.78 | | |
| Oils | | 0.132 | 2.12 | 60.00 | | |
| Fragrance | | 0.004 | 0.07 | 1.86 | | |
| Soap weight before CP cure or HP cook | | 0.201 | 3.21 | 91.14 | | |
| # | <input type="checkbox"/> | Oil/Fat | % | Pounds | Ounces | Grams |
| 1 | <input type="checkbox"/> | Coconut Oil, 76 deg | 35.00 | 0.046 | 0.74 | 21.00 |
| 2 | <input type="checkbox"/> | Olive Oil | 35.00 | 0.046 | 0.74 | 21.00 |
| 3 | <input type="checkbox"/> | Palm Oil | 30.00 | 0.040 | 0.63 | 18.00 |
| Totals | | | 100.00 | 0.132 | 2.12 | 60.00 |
| Soap Bar Quality | | Range | Your Recipe | | | |
| Hardness | | 29 - 54 | 49 | Lauric | 17 | |
| Cleansing | | 12 - 22 | 24 | Myristic | 7 | |
| Conditioning | | 44 - 69 | 47 | Palmitic | 21 | |
| Bubbly | | 14 - 46 | 24 | Stearic | 4 | |
| Creamy | | 16 - 48 | 25 | Ricinoleic | 0 | |
| Iodine | | 41 - 70 | 49 | Oleic | 39 | |
| INS | | 136 - 165 | 171 | Linoleic | 8 | |
| | | | | Linolenic | 0 | |

Lampiran 3 Perhitungan Penimbangan Bahan

- 1 Formula sabun padat ekstrak daun beluntas (*Pluchea indica* L.) yang dibuat dalam 60 gram

| Bahan | F1 | F2 | F3 |
|----------------------------|---------|---------|---------|
| Daun Beluntas | 1% | 1% | 1% |
| <i>(Pluchea indica L.)</i> | | | |
| Gliserin | 10% | 10% | 10% |
| Minyak Kelapa | 18 g | 21 g | 18 g |
| Minyak Zaitun | 12 g | 21 g | 18 g |
| Minyak Sawit | 30 g | 18 g | 24 g |
| NaOH | 8,72 g | 7,8 g | 7,9 g |
| Aquadest | 20,35 g | 20,50 g | 20,35 g |

g. Perhitungan bahan

$$\text{Daun beluntas 1\%} \quad : \frac{1}{100} \times 60 \text{ gram} = 0,6 \text{ gram}$$

$$\text{Gliserin 10\%} \quad : \frac{10}{100} \times 60 \text{ gram} = 6 \text{ gram}$$

h. Pembuatan larutan

a. Pembuatan larutan HCl 0,1 N dari HCl Pekat 37%

$$N = \frac{\% \times BJ \text{ HCl} \times v}{BE}$$

$$N = \frac{37\% \times 1,19 \frac{\text{g}}{\text{ml}} \times 1000 \text{ ml}}{36,5}$$

$$N = 12,06 \text{ N}$$

Pengenceran

$$V1 \times N1 = V2 \times N2$$

$$V1 \times 12,06 = 500 \text{ ml} \times 0,1 \text{ N}$$

$$V1 = 4,14 \text{ ml}$$

b. Pembuatan larutan KOH 0,1 N

$$N = \frac{\frac{\text{gr}}{\text{mr}} \times \text{valensi}}{\text{vol}}$$

$$0,1 \text{ N} = \frac{\text{gr} \times \frac{1}{56,11} \times 1000 \text{ ml}}{36,5}$$

$$0,1 \text{ N} = \frac{\text{gr}}{56,11}$$

$$\text{gr} = 5,611 \text{ gram}$$

c. Pembuatan larutan Na_2CO_3

$$N = \frac{\text{gr}}{BM \times V} \times a$$

$$N = \frac{\text{gr} \times 2}{105,99 \frac{\text{gr}}{\text{mol}} \times 1 \text{ liter}}$$

$$\text{gr} = \frac{0,1 \text{ N} \times 105,99 \frac{\text{gr}}{\text{mol}} \times 1 \text{ L}}{2}$$

$$\text{gr} = 5,3 \text{ gram}$$

d. Pembuatan larutan $\text{H}_2\text{C}_2\text{O}_4$

$$M = \frac{gr}{Mr \times Vol}$$

$$0,1 \text{ M} = \frac{gr}{126,07 \frac{gr}{mol} \times 0,1 \text{ L}}$$

$$gr = 0,1 \text{ M} \times 126,07 \text{ gr/mol} \times 0,1 \text{ L}$$

$$gr = 1,26 \text{ gram}$$

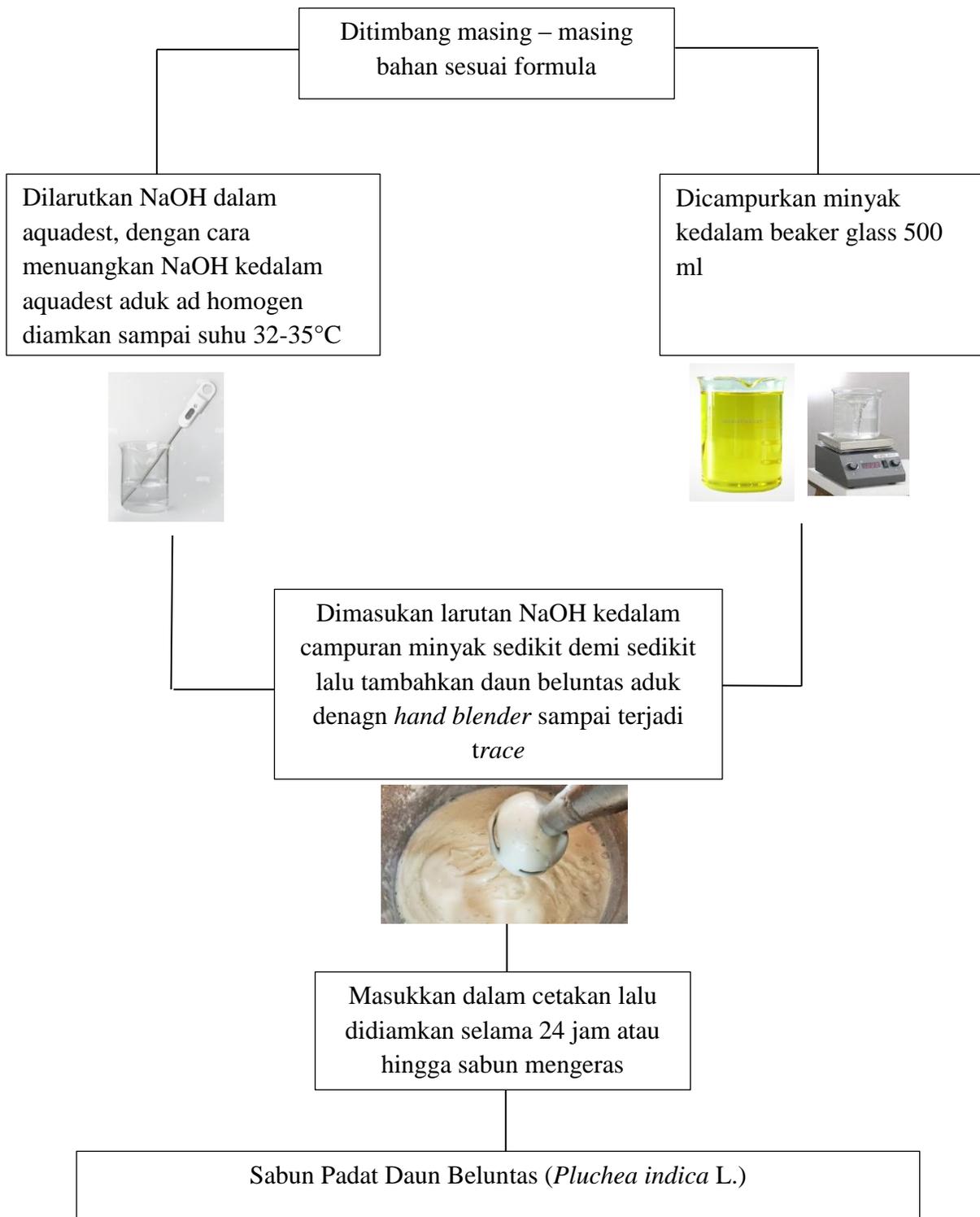
e. Pembuatan larutan methyl orange 1%

$$\frac{x}{5 \text{ ml}} = \frac{1 \text{ gr}}{100 \text{ ml}}$$

$$x = \frac{5 \text{ ml}}{100 \text{ gr/ml}}$$

$$x = 0,05 \text{ gram}$$

Lampiran 3 Skema Kerja Pembuatan Sabun Padat Ekstrak Daun Beluntas
(*Pluchea indica* L.)



Lampiran 4 Pembuatan Simplisia Daun Beluntas (*Pluchea indica* L.)

Pengumpulan
daun beluntas



Sortasi basah dan
pencucian



Pengeringan daun
beluntas dengan
sinar matahari



Daun beluntas
kering dihaluskan



Bubuk daun
beluntas



Bubuk diayak
menggunakan
ayakan No.100

Lampiran 5 Pembuatan Sabun Padat Daun Beluntas (*Pluchea Indica L.*) Dengan Variasi Minyak



Alat dan bahan
pembuatan sabun
padat



Penimbangan
NaOH



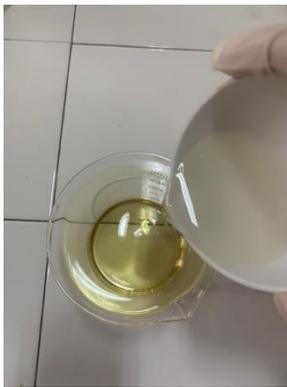
Hasil penimbangan
minyak



Melarutkan NaOH
dengan Aquadest



Pengukuran suhu
NaOH



Pencampuran
minyak



Pencampuran
NaOH dengan
minyak



Mixing dengan
handblander
hingga trace



Ditambahkan
gliserin



Ditambahkan
serbuk daun
beluntas



Sabun dicetak hingga
padat kemudian ditunggu
masa curing selama 3-4
minggu

Lampiran 6 Evaluasi Sediaan Sabun Padat

1) Uji Organoleptik



F1



F2



F3

2) Uji Kadar Air



Bobot cawan
kosong (B0)



Bobot cawan dan
isi (B1)



Pemanasan sampel
kedalam oven
dengan suhu 180



Sampel setelah
dioven



Bobot cawan dan
isi (B2)

3) Uji pH



Alat dan bahan uji
pH



pH meter



Pengujian pH

4) Uji alkali bebas atau asam lemak bebas



Standarisasi HCl
dengan Na_2CO_3



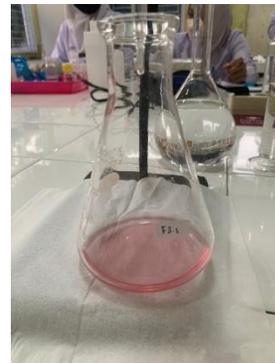
Standarisasi KOH
dengan $\text{H}_2\text{C}_2\text{O}_4$



1 gr sampel dilarutkan
dengan ethanol 96%
dipanaskan diatas
hotplate hingga larut



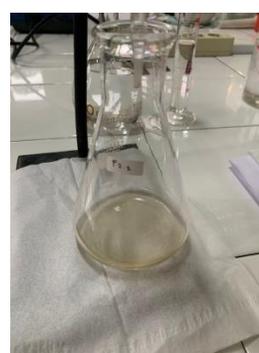
Sampel F1 setelah
ditetesi indikator
pp1% berwarna
merah muda



Sampel F2
setelah ditetesi
indikator pp1%
tidak berwarna



Sampel setelah
dititrasi



Lampiran 7 percobaan daya busa dan kesan kesat



Uji daya busa
F1



Uji daya busa
F2



Uji daya busa
F3



Uji kesan kesat
F1



Uji kesan kesat
F2



Uji kesan kesat
F3

Lampiran 8 Formulir Pengumpulan Data

Tabel uji organoleptis

1) Warna

| Formula | Organoleptis | Jumlah | Persentase (%) | Rata –rata (%) |
|------------------|---------------------|---------------|-----------------------|--|
| Formula 1 | Warna | | | |
| 1 | Krem | 1 | 100 | Krem =100 Coklat kehijauan = 0 Coklat muda = 0 |
| | Coklat kehijauan | 0 | | |
| | Coklat muda | 0 | | |
| 2 | Krem | 1 | 100 | |
| | Coklat kehijauan | 0 | | |
| | Coklat muda | 0 | | |
| 3 | Krem | 1 | 100 | |
| | Coklat kehijauan | 0 | | |
| | Coklat muda | 0 | | |
| 4 | Krem | 1 | 100 | |
| | Coklat kehijauan | 0 | | |
| | Coklat muda | 0 | | |

| Formula | Organoleptis | Jumlah | Persentase (%) | Rata –rata (%) |
|------------------|---------------------|---------------|-----------------------|---|
| Formula 2 | Warna | | | |
| 1 | Krem | 0 | 100 | Krem = 0 Coklat kehijauan = 90 Coklat muda = 10 |
| | Coklat kehijauan | 0 | | |
| | Coklat muda | 1 | | |
| 2 | Krem | 0 | 100 | |
| | Coklat kehijauan | 1 | | |
| | Coklat muda | 0 | | |
| 3 | Krem | 0 | 100 | |
| | Coklat kehijauan | 1 | | |
| | Coklat muda | 0 | | |
| 4 | Krem | 0 | 100 | |
| | Coklat kehijauan | 1 | | |
| | Coklat muda | 0 | | |

| Formula | Organoleptis | Jumlah | Persentase (%) | Rata –rata (%) |
|------------------|---------------------|---------------|-----------------------|---|
| Formula 3 | Warna | | | |
| 1 | Krem | 0 | 100 | Krem = 0 Coklat kehijauan = 10 Coklat muda = 90 |
| | Coklat kehijauan | 1 | | |
| | Coklat muda | 0 | | |
| 2 | Krem | 0 | 100 | |
| | Coklat kehijauan | 0 | | |
| | Coklat muda | 1 | | |
| 3 | Krem | 0 | 100 | |
| | Coklat kehijauan | 0 | | |
| | Coklat muda | 1 | | |
| 4 | Krem | 0 | 100 | |
| | Coklat kehijauan | 0 | | |
| | Coklat muda | 1 | | |

2) Aroma

| Formula | Organoleptis | Jumlah | Persentase (%) | Rata –rata (%) |
|------------------|---------------------|---------------|-----------------------|---|
| Formula 1 | Aroma | | | |
| 1 | Tidak beraroma | 0 | 100 | Tidak beraroma = 0 Aroma lemah = 100 Aroma kuat=0 |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |
| 2 | Tidak beraroma | 0 | 100 | |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |
| 3 | Tidak beraroma | 0 | 100 | |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |
| 4 | Tidak beraroma | 0 | 100 | |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |

| Formula | Organoleptis | Jumlah | Persentase (%) | Rata –rata (%) |
|------------------|---------------------|---------------|-----------------------|---|
| Formula 2 | Aroma | | | |
| 1 | Tidak beraroma | 0 | 100 | Tidak beraroma = 0 Aroma lemah = 100 Aroma kuat=0 |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |
| 2 | Tidak beraroma | 0 | 100 | |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |
| 3 | Tidak beraroma | 0 | 100 | |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |
| 4 | Tidak beraroma | 0 | 100 | |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |

| Formula | Organoleptis | Jumlah | Persentase (%) | Rata –rata (%) |
|------------------|---------------------|---------------|-----------------------|---|
| Formula 2 | Aroma | | | |
| 1 | Tidak beraroma | 0 | 100 | Tidak beraroma = 0 Aroma lemah = 100 Aroma kuat=0 |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |
| 2 | Tidak beraroma | 0 | 100 | |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |
| 3 | Tidak beraroma | 0 | 100 | |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |
| 4 | Tidak beraroma | 0 | 100 | |
| | Aroma lemah | 1 | | |
| | Aroma kuat | 0 | | |

3) Konsistensi

| Formula | Organoleptis | Jumlah | Persentase (%) | Rata –rata (%) |
|------------------|---------------------|---------------|-----------------------|--|
| Formula 1 | Konsistensi | | | |
| 1 | Lunak | 0 | 100 | Lunak = 0 Agak lunak = 0 Padat 100 |
| | Agak lunak | 0 | | |
| | Padat | 1 | | |
| 2 | Lunak | 0 | 100 | |
| | Agak lunak | 0 | | |
| | Padat | 1 | | |
| 3 | Lunak | 0 | 100 | |
| | Agak lunak | 0 | | |
| | Padat | 1 | | |
| 4 | Lunak | 0 | 100 | |
| | Agak lunak | 0 | | |
| | Padat | 1 | | |

| Formula | Organoleptis | Jumlah | Persentase (%) | Rata –rata (%) |
|------------------|---------------------|---------------|-----------------------|--|
| Formula 3 | Konsistensi | | | |
| 1 | Lunak | 1 | 100 | Lunak = 100 Agak lunak = 0 Padat = 0 |
| | Agak lunak | 0 | | |
| | Padat | 0 | | |
| 2 | Lunak | 1 | 100 | |
| | Agak lunak | 0 | | |
| | Padat | 0 | | |
| 3 | Lunak | 1 | 100 | |
| | Agak lunak | 0 | | |
| | Padat | 0 | | |
| 4 | Lunak | 1 | 100 | |
| | Agak lunak | 0 | | |
| | Padat | 0 | | |

| Formula | Organoleptis | Jumlah | Persentase (%) | Rata –rata (%) |
|------------------|---------------------|---------------|-----------------------|--|
| Formula 2 | Konsistensi | | | |
| 1 | Lunak | 0 | 100 | Lunak = 0 Agak lunak = 100 Padat = 0 |
| | Agak lunak | 1 | | |
| | Padat | 0 | | |
| 2 | Lunak | 0 | 100 | |
| | Agak lunak | 1 | | |
| | Padat | 0 | | |
| 3 | Lunak | 0 | 100 | |
| | Agak lunak | 1 | | |
| | Padat | 0 | | |
| 4 | Lunak | 0 | 100 | |
| | Agak lunak | 1 | | |
| | Padat | 0 | | |

Tabel Uji pH

| Formula | pH | Rata- rata |
|------------------|-----------|-------------------|
| Formula 1 | | |
| 1 | 10,54 | 10,4 |
| 2 | 10,50 | |
| 3 | 10,30 | |
| 4 | 10,34 | |
| Formula 2 | | |
| 1 | 10,16 | 10,1 |
| 2 | 10,11 | |
| 3 | 10,03 | |
| 4 | 10,13 | |
| Formula 3 | | |
| 1 | 10,12 | 10,21 |
| 2 | 10,27 | |
| 3 | 10,22 | |
| 4 | 10,25 | |

Uji Kadar Air

| Formula | B0 | B1 | B2 | Kadar Air |
|------------------|---------------|---------------|---------------|------------------|
| Formula 1 | (gram) | (gram) | (gram) | (%) |
| 1 | 78,445 | 83,450 | 83,960 | 9,79 |
| 2 | 77,080 | 82,090 | 81,620 | 9,38 |
| 3 | 77,780 | 82,815 | 82,335 | 9,53 |
| 4 | 83,103 | 88,150 | 87,825 | 6,442 |
| Formula 2 | | | | |
| 1 | 75,945 | 80,995 | 80,275 | 14,25 |
| 2 | 75,555 | 80,605 | 80,050 | 11,066 |
| 3 | 75,945 | 80,960 | 80,320 | 12,76 |
| 4 | 75,555 | 80,565 | 80,015 | 10,97 |
| Formula 2 | | | | |
| 1 | 78,445 | 83,455 | 83,170 | 5,48 |
| 2 | 77,080 | 82,080 | 81,890 | 3,8 |
| 3 | 77,780 | 82,795 | 82,450 | 6,87 |
| 4 | 83,105 | 88,120 | 87,885 | 4,68 |

Uji Alkali Bebas Atau Asam Lemak Bebas

a. Asam lemak bebas

| Formula 1 | V (ml) | n | B (mg) | Kadar (%) |
|------------------|---------------|----------|---------------|------------------|
| 1 | 0,3 | 0,083 | 1000 | 0,0996 |
| 2 | 0,2 | 0,083 | 1000 | 0,0664 |
| 3 | 0,3 | 0,083 | 1000 | 0,0996 |
| 4 | 0,3 | 0,083 | 1000 | 0,0996 |

b. Alkali bebas

| Formula 2 | V (ml) | n | B (mg) | Kadar (%) |
|------------------|---------------|----------|---------------|------------------|
| 1 | 0,3 | 0,1 | 1000 | 0,768 |
| 2 | 0,4 | 0,1 | 1000 | 1,024 |
| 3 | 0,3 | 0,1 | 1000 | 0,768 |
| 4 | 0,4 | 0,1 | 1000 | 1,024 |
| Formula 3 | | | | |
| 1 | 0,5 | 0,1 | 1000 | 1,28 |
| 2 | 0,4 | 0,1 | 1000 | 1,024 |
| 3 | 0,5 | 0,1 | 1000 | 1,28 |
| 4 | 0,6 | 0,1 | 1000 | 1,536 |