

POLITEKNIK KESEHATAN TANJUNGPUR
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Gambaran Pengetahuan, Sikap, Perilaku Hygiene dan Sanitasi Pengolahan Makanan di Asrama Pondok Pesantren Darussalamah Desa Braja Dewa Lampung Timur Tahun 2022.

xii + 56 halaman + 7 tabel, 2 gambar, 10 lampiran

ABSTRAK

Penyelenggaraan makanan pada asrama siswa sebaiknya memperhatikan prinsip-prinsip hygiene dan sanitasi yang telah ditetapkan. Salah satunya factor yang mendukung prinsip hygiene dan sanitasi adalah factor kebersihan dari penjamah makanan agar mencegah terjadinya kontaminasi pada makanan. Penelitian ini bertujuan melihat gambaran pengetahuan, sikap, perilaku dan sanitasi pengolahan makanan di Asrama Pondok Pesantren Darussalamah Desa Braja Dewa Lampung Timur Tahun 2022.

Penelitian ini menggunakan deskriptif kualitatif yaitu memberikan gambaran pengetahuan, sikap, perilaku hygiene dan sanitasi pengolahan makanan yang dilakukan di Pondok Pesantren Darussalamah Braja Dewa Lampung Timur dengan jumlah responden 30 orang. Instrumen yang digunakan dalam penelitian ini adalah kuesioner pengetahuan, sikap dan pengamatan perilaku, peralatan pengolahan, ruang pengolahan dan peralatan penyajian.

Hasil penelitian menunjukkan bahwa responden petugas Pondok Pesantren Darussalamah terdapat gambaran antara pengetahuan cukup 36,7%, sikap baik 96,7%, perilaku hygiene kurang 50,0%, sanitasi peralatan pengolahan tidak memenuhi syarat 69,34%, ruang pengolahan 41% dan sanitasi peralatan penyajian makanan 100%. Dari penelitian yang telah dilakukan terdapat beberapa saran yaitu usahakan kepada penanggung jawab Dapur Pondok Pesantren Darussalamah untuk memberikan fasilitas yang cukup untuk petugas penjamah makanan dan untuk petugas penjamah menambah wawasan mengenai hygiene perorangan dan sanitasi pada pengolahan makanan. Bisa dilakukan dengan diadakan mengikuti seminar atau pelatihan dan informasi dari media sehingga memperbaiki hygiene perorang, sanitasi terjaga dan edukasi/penyuluhan tentang hygiene dan sanitasi.

Kata kunci : Pengetahuan, Sikap, Perilaku, Sanitasi Pengolah Makanan.

Daftar Bacaan : 35 (2011-2021)

HEALTH POLYTECHNIC OF TANJUNGPUR
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Description of Knowledge, Attitudes and Hygiene Behavior in Food Processing Sanitation in Darussalamah Islamic Boarding School Dormitory, Braja Dewa Village, East Lampung, 2022.

xii + 56 pages + 7 tables, 2 pictures, 10 attachments

ABSTRACT

Food administration in student dormitories should pay attention to the established principles of hygiene and sanitation. One of the factors that support the principles of hygiene and sanitation is the hygiene factor of food handlers in order to prevent contamination of food. This study aims to see a description of the knowledge, attitudes, behavior and sanitation of food processing in the Darussalamah Islamic Boarding School Dormitory, Braja Dewa Village, East Lampung in 2022.

This study uses a qualitative descriptive that provides an overview of knowledge, attitudes, hygiene and sanitation behavior in food processing carried out at the Darussalamah Braja Dewa Islamic Boarding School, East Lampung with a total of 30 respondents. The instruments used in this study were knowledge questionnaires, attitudes and behavioral observations, processing equipment, processing rooms and serving equipment.

The results showed that the respondents of Darussalamah Islamic Boarding School officers had a picture of sufficient knowledge 36.7%, good attitude 96.7%, poor hygiene behavior 50.0%, processing equipment sanitation did not meet the requirements 69.34%, processing room 41% and 100% sanitation of food serving equipment. From the research that has been carried out, there are several suggestions, namely try to make the person in charge of the Darussalamah Islamic Boarding School Kitchen in charge of providing adequate facilities for food handlers and for handlers add insight into personal hygiene and sanitation in food processing. This can be done by holding seminars or training and information from the media so as to improve personal hygiene, maintain sanitation and education / counseling about hygiene and sanitation.

Keywords : Knowledge, Attitude, Behavior, Food Processing Sanitation.

Reading List : 35 (2011-2021)