

**POLITEKNIK KESEHATAN TANJUNGPURWATI  
JURUSAN KEPERAWATAN TANJUNGPURWATI  
PRODI D-III KEPERAWATAN TANJUNGPURWATI**

Laporan Tugas Akhir, Mei 2022

Hertika

**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN RASA AMAN  
NYAMAN (NYERI) PADA PASIEN POST OPERASI HEMOROID  
DI RUMAH SAKIT BHAYANGKARA POLDA LAMPUNG  
TAHUN 2022**

**xiv + 80 halaman + 9 tabel + 3 gambar + 5 lampiran**

**ABSTRAK**

Data *Prevelensi hemoroid* di Indonesia tahun 2018 adalah 6,1%. Berdasarkan laporan tahunan Rumah Sakit Bhayangkara Polda Lampung tahun 2022 dari bulan Januari sampai Februari kejadian *hemoroid* berjumlah 4 orang. Penyakit *hemoroid* memiliki dampak yang tinggi pada kualitas hidup penderita *hemoroidektomi*, penting adanya upaya penurunan nyeri. Tujuan penulisan laporan tugas akhir ini adalah memberikan gambaran pelaksanaan asuhan keperawatan gangguan kebutuhan rasa aman nyaman (nyeri) pada pasien *post operasi hemoroid* di Rumah Sakit Bhayangkara Polda Lampung dengan metode proses keperawatan mulai dari pengkajian, diagnosis keperawatan, rencana keperawatan, implementasi dan evaluasi. Diagnosis keperawatan utama pada *post operasi hemoroid* adalah nyeri akut dengan intervensi manajemen nyeri seperti melakukan teknik *nonfarmakologi* (melakukan terapi rendam air hangat/*sitz bath*), kolaborasi pemberian obat-obatan (*Dexketoprofen 25mg/8jam*, *Anbacim 1gr/12jam*, *Omeprazol 40mg/12jam*, *Kalnex 500mg/8jam*). Hasil yang didapatkan dari tindakan manajemen nyeri yaitu keluhan nyeri menurun, skala nyeri menurun menjadi 2, meringis menurun, gelisah menurun, dan kesulitan tidur menurun, tekanan darah 120/80 mmHg, nadi 80 kali/menit, pernafasan 20 kali/menit. Saran dari laporan tugas akhir ini diharapkan dapat dijadikan sebagai acuan dalam melakukan proses asuhan keperawatan mulai dari pengkajian sampai evaluasi, baik bagi bidang keilmuan maupun praktisi keperawatan rumah sakit.

Kata kunci : *Hemoroid*, Rasa Aman Nyaman (Nyeri)

Sumber bacaan : 19 (2012-2021)

**POLYTECHNIC OF HEALTH TANJUNGPUR  
DEPARTMENT OF NURSING TANJUNGPUR  
PROGRAM STUDY D-III OF NURSING TANJUNGPUR**

Final Project Report, Mei 2022

Hertika

**NURSING CARE DISORDERS NEEDS FEEL COMFORT (PAIN) IN  
PATIENT POST HEMORROID SURGERY OF BHAYANGKARA  
HOSPITAL POLDA LAMPUNG IN 2022**

**xiv + 80 pages + 9 tables + 3 pictures + 5 attachments**

**ABSTRACT**

Data on the prevalence of hemorrhoids in Indonesia in 2018 was 6.1%. Based on the annual report of the Lampung Police Bhayangkara Hospital in 2022 from January to February the incidence of hemorrhoids amounted to 4 people. Hemorrhoidal disease has a high impact on the quality of life of patients with hemorrhoidectomy, it is important to reduce pain. The purpose of writing this final report is to provide an overview of the implementation of nursing care for the need for comfort (pain) in postoperative hemorrhoidal patients at the Bhayangkara Polda Hospital Lampung with the nursing process method starting from assessment, nursing diagnosis, nursing plan, implementation and evaluation. The main nursing diagnosis in postoperative hemorrhoids is acute pain with pain management interventions such as performing non-pharmacological techniques (carrying out warm water/sitz bath therapy), collaborative drug administration (Dexketoprofen 25mg/8hours, Anbacim 1gr/12hours, Omeprazole 40mg/12 hours, Kalnex 500 mg/8 hours). The results obtained from pain management actions were decreased pain complaints, pain scale decreased to 2, grimacing decreased, restlessness decreased, and difficulty sleeping decreased, blood pressure 120/80 mmHg, pulse 80 times/minute, breathing 20 times/minute. Suggestions from this final project report are expected to be used as a reference in carrying out the nursing care process from assessment to evaluation, both for the scientific field and for hospital nursing practitioners.

Keywords : Hemoroid, Sense of Security Comfortable (Pain)

Bibliography : 19 (2012-2021)