

**POLTEKKES TANJUNGPUR
JURUSAN KEPERAWATAN TANJUNGPUR
PRODI DIII KEPERAWATAN TANJUNGPUR**

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**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAH NYAMAN NYERI
PADA Ny. S DENGAN DIAGNOSA MEDIS CEDERA KEPALA SEDANG
DI RUANG ICU RUMAH SAKIT Dr. A. DADI TJOKRODIPO
BANDAR LAMPUNG
TAHUN 2022**

xiv + 68 halaman + 8 tabel + 4 lampiran

ABSTRAK

Cedera kepala adalah suatu gangguan traumatik dari fungsi otak yang disertai atau tanpa disertai perdarahan interstitial Di Indonesia kejadian cedera kepala setiap tahunnya diperkirakan mencapai 500.000 kasus. Dari jumlah diatas, 10% penderita meninggal sebelum tiba di rumah sakit, 80% dikelompokkan sebagai cedera kepala ringan, 10% termaksud cedera kepala sedang, dan 10% termaksud cedera kepala berat. Berdasarkan data dari RSUD Dr. A Dadi Tjokrodipo Bandar Lampung di ruang ICU pada cedera kepala sedang tahun 2022 bulan Januari-Februari terdapat 2 kasus. Tujuan asuhan ini melaksanakan asuhan keperawatan pada pasien PPOK dengan gangguan kebutuhan nyaman nyeri. Metode penulisan dengan pendekatan asuhan keperawatan kritis meliputi pengkajian, perumusan diagnosis, intervensi, implementasi, dan evaluasi yang dilaksanakan tanggal 07-09 Februari 2022 dilakukan di ruang ICU RSUD Dr. A Dadi Tjokrodipo Bandar Lampung. Dari hasil asuhan keperawatan pada Ny. S dengan nyeri cedera kepala sedang selama 3 hari didapatkan hasil skala nyeri 4, tidur 6 jam namun sesekali masih terbangun dikarenakan nyeri kepala, pasien tampak segar, TD: 120/82 mmHg, N : 87x/menit, suhu: 36,2 °C, SaO₂ : 99%, GCS 12 E₃ M₄ V₅, kesadaran apatis, posisi pasien head up 30 derajat. Diharapkan pada asuhan keperawatan gangguan kebutuhan nyaman nyeri dikombinasikan terapi farmakologi dan non farmakologi.

Kata kunci : Cedera Kepala Sedang, Nyaman Nyeri
Daftar Pustaka : 18 (2007-2020)

**TANJUNGPURANG HEALTH POLYTECHNIC
DEPARTMENT OF NURSING TANJUNGPURANG
TANJUNGPURANG D III NURSING PROGRAM**

*Final report,
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***NURSING CARE DISORDERS NEED COMFORT PAIN IN Ny. S WITH
MEDICAL DIAGNOSIS OF HEAD INJURY IS IN ICU
HOSPITAL Dr. A. DADI TJOKRODIPO
BANDAR LAMPUNG IN 2022***

xiv + 68 page + 8 table + 4 attachment

ABSTRACT

Head injury is a traumatic disorder of brain function with or without interstitial bleeding. In Indonesia, the incidence of head injury each year is estimated at 500,000 cases. Of the above number, 10% of patients died before arriving at the hospital, 80% were classified as mild head injuries, 10% included moderate head injuries, and 10% included severe head injuries. Based on data from RSUD Dr. A Dadi Tjokrodipo Bandar Lampung in the ICU with moderate head injuries in 2022 in January-February there were 2 cases. The purpose of this care is to carry out nursing care for COPD patients with impaired pain comfort needs. The writing method with a critical nursing care approach includes assessment, formulation of a diagnosis, intervention, implementation, and evaluation which was carried out on 07-09 February 2022 carried out in the ICU room of Dr. RSUD. A Dadi Tjokrodipo Bandar Lampung. From the results of nursing care to Mrs. S with moderate head injury pain for 3 days, the result is a pain scale of 4, sleeps 6 hours but occasionally wakes up due to headaches, the patient looks fresh, BP: 120/82 mmHg, N: 87x/minute, temperature: 36.2 C , SaO2 : 99%, GCS 12 E3 M4 V5, apathetic awareness, patient position head up 30 degrees. It is expected that in nursing care for pain comfort needs disorders combined pharmacological and non-pharmacological therapy.

*Keywords: Moderate Head Injury, Comfortable Pain
Bibliography : 18 (2007-2020)*