

**POLTEKKES TANJUNG KARANG JURUSAN KEPERAWATAN
TANJUNGGARANG PRODI D III KEPERAWATAN TANJUNGGARANG**

Laporan Tugas Akhir, Mei 2022
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**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN OKSIGENASI
PADA PASIEN PNEUMONIA DI RSUD. JENDRAL AHMAD YANI
METRO PROVINSI LAMPUNG TAHUN 2022**

xiv + 55 halaman + 6 tabel + 1 gambar + 5 lampiran

ABSTRAK

Pneumonia merupakan penyakit inflamasi pada parenkim paru yg disebabkan oleh mikroorganisme seperti virus dan bakteri. Kasus Pneumonia cukup tinggi didunia dan meningkat dengan bertambahnya usia, Indonesia menempati urutan ke 7 dari 15 negara berkembang. Lampung sendiri mencapai angka 31.462 pasien, 620 pasien di kota metro yang terdiagnosa penyakit Pneumonia. Tujuan memberikan gambaran Asuhan Keperawatan Gangguan kebutuhan Oksigenasi pada Pasien Pneumonia di RSUD. Jendral Ahmad Yani Metro Provinsi Lampung. Fokus melaksanakan proses pengkajian, diagnosa, perencanaan, tindakan dan evaluasi keperawatan ini pada satu pasien dewasa Pneumonia. Pengkajian didapatkan keluhan sesak napas disertai batuk sekret yang sulit dikeluarkan dan nyeri saat batuk. Diagnosa pola napas tidak efektif berhubungan dengan hambatan upaya napas, bersihan jalan napas tidak efektif berhubungan dengan Sekresi yang tertahan dan nyeri akut berhubungan dengan agen picendera fisiologis. Rencana keperawatan yang diberikan manajemen jalan napas (L.01011), latihan batuk efektif (I.01006) dan manajemen nyeri (I.08238). Implementasi memonitor pola napas, memposisikan semi-fowler, memberikan oksigen, memberikan obat nebulizer, melatih batuk efektif dan tarik nafas dalam. Hasil asuhan keperawatan selama 3 hari sudah tidak lagi sesak, sudah mampu mengeluarkan dahak dan nyeri saat batuk sudah teratasi. Saran untuk tindakan tarik nafas dalam dan batuk efektif khusus untuk penyakit pneumonia dapat terus berkembang dan penambahan literatur keperpustakaan bagi mahasiswa/i khususnya untuk penyakit Pneumonia.

Kata Kunci : Asuhan Keperawatan, Pneumonia, Oksigenasi
Daftar Referensi : 19 (2012 - 2021)

**POLTEKKES TANJUNG KARANG DEPARTMENT OF NURSING
TANJUNGPURBAN D III NURSING PROGRAM IN TANJUNGPURBAN**

Final Project Report, May 2022
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**NURSING CARE OF OXYGENATION NEED DISORDERS IN
PNEUMONIA PATIENTS IN RSUD. GENERAL AHMAD YANI METRO
LAMPUNG PROVINCE 2022**

xiv + 55 pages + 6 tables + 1 picture + 5 attachments

ABSTRACT

Pneumonia is an inflammatory disease of the lung parenchyma caused by microorganisms such as viruses and bacteria. Pneumonia cases are quite high in the world and increase with age, Indonesia ranks 7th out of 15 developing countries. Lampung alone reached 31,462 patients, 620 patients in the metro city were diagnosed with pneumonia. The purpose of providing an overview of Nursing Care Oxygenation Needs Disorders in Pneumonia Patients in the Lung Room of General Hospital Ahmad Yani Metro, Lampung Province. Focus on implementing the process of assessment, diagnosis, planning, action and evaluation of this nursing in one adult Pneumonia patient. The study found complaints of shortness of breath accompanied by coughing secretions that were difficult to expel and pain when coughing. Diagnosis of ineffective breathing pattern related to obstruction of respiratory effort, ineffective airway clearance related to retained secretions and acute pain related to physiological pain agents. The nursing plan provided is airway management (L.01011), effective coughing exercises (L.01006) and pain management (L.08238). Implementation of monitoring breathing patterns, positioning the semi-fowler, giving oxygen, giving nebulizer medication, practicing effective coughing and deep breathing. The results of nursing care for 3 days are no longer tight, have been able to expel phlegm and pain when coughing has been resolved. Suggestions for effective deep breathing and coughing specifically for pneumonia can continue to develop and add to the library literature for students, especially for pneumonia.

Keywords : Nursing Care, Pneumonia, Oxygenation
Reference List : 19 (2012 - 2021)