

POLITEKNIK KESEHATAN TANJUNGKARANG
PRODI KEPERAWATAN KOTABUMI
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Muhamad Faisal Khusaini

Asuhan keperawatan pasien dengan gangguan kebutuhan oksigenasi pada kasus Stroke Non Hemoragik terhadap Ny. K di Ruang Fresia Lantai 4 RSU Handayani Kotabumi, Lampung Utara 28-30 Oktober 2019

xvii + 71 halaman, 11 tabel, dan 3 gambar

RINGKASAN

Penderita *Stroke Non Hemoragik* menempati urutan kesembilan terbanyak di ruang Fresia Lantai 4 RSU Handayani Kotabumi Lampung Utara yaitu sebesar 6,7% (2017), 8,7% (2018), dan 7,5% (2019).

Tujuan penulisan penulis menggambarkan asuhan keperawatan pada *Stroke Non Hemoragik* terhadap Ny. K dengan gangguan kebutuhan Oksigenasi di ruang Fresia Lantai 4 RSU Handayani Kotabumi, Lampung Utara, secara komprehensif dan berdasarkan Standar Diagnosis Keperawatan Indonesia (SDKI), *Nursing Intervention Classification* (NIC), dan *Nursing Outcomes Classification* (NOC).

Hasil pengkajian yaitu nyeri pada kepala, nyeri terasa berat, seperti tertusuk benda tajam, skala nyeri 6 (0-10). Tekanan darah meningkat 200/100 mmHg, klien sulit menggerakkan ekstremitas kanan. Data – data tersebut merujuk pada beberapa diagnosa, diantaranya: gangguan perfusi serebral, gangguan mobilitas fisik, gangguan komunikasi verbal, defisit perawatan diri. Perencanaan dan implementasi keperawatan: Monitor (pemantauan), Tekanan Intra Kranial (TIK), Terapi Latihan Pergerakan Sendi, Terapi Latihan Kontrol Otot, Peningkatan Komunikasi Bicara. Setelah dilakukan tindakan keperawatan selama tiga hari, evaluasi masalah keperawatan ketiga diagnosa tersebut dapat teratasi dan satu belum dapat teratasi.

Saran pada RSU Handayani agar dapat memperhatikan sarana dan prasarana dirumah sakit untuk menunjang proses penyembuhan pasien. Untuk Program Studi Keperawatan Kotabumi Mahasiswa diharapkan meningkatkan komunikasi dan kolaborasi dalam pembuatan rencana keperawatan.

Kata kunci : Asuhan Keperawatan, *Stroke Non Hemoragik*, Gangguan kebutuhan oksigenasi

Sumber bacaan : 17 (2008-2019)

**TANJUNGKARANG HEALTH POLITECHNIC
KOTABUMI NURSING PROGRAM**

Final Project Report, May 2020

MUHAMAD FAISAL KHUSAINI

Nursing Care of patients with impaired oxygenation needs in cases of non hemoragic stroke to Ny.K in Fresia Room 4th Floor, RSU Handayani Kotabumi, North Lampung, North Lampung 28 October 2019.

xvii + 71 pages, 11 tables, and 3 images

ABSTRACT

Non-hemorrhagic stroke sufferers ranks ninth in the Fresia Room 4th Floor of RSU Handayani Kotabumi, North Lampung, at 6.7% 2017, 8.7% 2018, and 7.5% 2019

The purpose of writing this thesis report the authors describe nursing care in Non-Hemorrhagic Stroke against Ny. K with impaired oxygenation in Fresia Room 4th Floor RSU Handayani Kotabumi, North Lampung, comprehensively and based on the Indonesian Nursing Diagnosis Standards (SDKI), Nursing Intervention Classification (NIC), and Nursing Outcomes Classification (NOC).

From the results of the assessment the head pain feels heavy, such as sharp objects pierced, pain scale 6 (0-10). Increased client's blood pressure is above normal ie 200 / 100mmHg. And Families Say Clients Difficult to Move Right Extremities. These data refer to several diagnoses, including: cerebra perfusion disorder, Physical Mobility Disorders, Verbal Communication Disorders, Self-Care Deficits. which can be done planning and nursing actions such as: intracranial pressure monitor , Joint Movement Exercise Therapy, Muscle Control Exercise Therapy, Improved Speech Communication. After three days of nursing action, the evaluation of the nursing problems of the three diagnoses can be resolved and one cannot be resolved

Suggestions on Handayani Hospital In order to pay attention to the facilities and infrastructure at the hospital in order to support the patient's healing process. And for the Kotabumi Nursing Study Program Students are expected to improve communication and collaborative in making nursing plans.

Keywords: Nursing Care, Non-Hemorrhagic Stroke, impaired oxygenation

Reading source: 17(2008-2019)