

**POLITEKNIK KESEHATAN TANJUNGPURUN
JURUSAN KEPERAWATAN
PROGRAM STUDI PROFESI NERS KEPERAWATAN**

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**ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN
BENIGNA PROSTAT HYPERPLASIA DENGAN TINDAKAN
TRANSURETHRAL RESECTION OF THE PROSTATE DI RSUD
JENDRAL AHMAD YANI KOTA METRO TAHUN 2022**

xvii + 75 halaman, 20 tabel, 4 gambar, 5 lampiran

ABSTRAK

Benigna Prostat Hyperplasia sering dikenal dengan pembesaran prostat merupakan penyakit yang sering terjadi pada laki – laki usia diatas 40 tahun. *Benigna Prostat Hyperplasia* terjadi karena adanya pembesaran kelenjar dan jaringan seluler kelenjar prostat yang berhubungan dengan perubahan endokrin berkenaan dengan proses penuaan. Angka kasus *Benigna Prostat Hyperplasia* di provinsi Lampung mencapai (29%) atau 689 kasus dan merupakan kasus penyakit saluran kemih kedua terbesar setelah infeksi saluran kemih yang mencapai (42%) atau 999 kasus. Tujuan laporan ini untuk mengetahui gambaran tentang bagaimana asuhan keperawatan perioperatif pada pasien *Benigna Prostat Hyperplasia* dengan tindakan *Transurethral Resection of the Prostate* di RSUD Jendral Ahmad Yani Kota Metro. Metode yang digunakan dalam pengumpulan data yaitu, observasi, wawancara serta pendokumentasian. Subyek pada penelitian ini berfokus pada satu pasien dengan diagnosa medis *Benigna Prostat Hyperplasia* yang dilakukan tindakan *Transurethral Resection of the Prostate*. Berdasarkan hasil analisis data terdapat 7 diagnosa keperawatan yang ditegakan, fase *preoperative* yaitu retensi urine dan ansietas, *intraoperative* yaitu resiko perdarahan dan resiko hipotermia perioperatif dan pada fase *postoperatif* yaitu resiko perdarahan dan nyeri akut. Perencanaan keperawatan disesuaikan dengan masalah keperawatan yang ditegakan serta implementasi keperawatan berfokus pada tindakan observasi, terapeutik, edukasi serta kolaborasi dengan tim operasi. Evaluasi dari tindakan keperawatan yaitu, retensi urine dan ansietas teratasi pada tahap *preoperatif*, resiko perdarahan dan resiko hipotermia perioperatif tidak terjadi pada fase *intraoperatif* dan pada fase *postoperatif* resiko perdarahan serta nyeri akut teratasi. Diharapkan perawat lebih teliti dan memahami dalam melakukan asuhan keperawatan perioperatif pada pasien kasus *Benigna Prostat Hyperplasia* dengan tindakan *Transurethral Resection of the Prostate*.

Kata Kunci: *Transurethral Resection of the Prostate*, *Benigna Prostat Hyperplasia*, Asuhan Keperawatan Perioperatif
Perioperatif Referensi: (2013-2021)

**TANJUNGPURBAN HEALTH POLYTECHNIC
MAJORING IN NURSING
NURSING NERS PROFESSIONAL STUDY PROGRAM**

FINAL PROJECT REPORT , JUNE 2022

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**PERIOPERATIVE NURSING CARE IN BENIGNA PROSTATE
HYPERPLASIA PATIENTS WITH TRANSURETHRAL
RESECTION OF THE PROSTATE AT THE GENERAL AHMAD
YANI HOSPITAL METRO CITY IN 2022**

xvii + 75 pages, 20 tables, 4 figures, 5 appendices

ABSTRACT

Benigna Prostate Hyperplasia is often known as enlarged prostate is a disease that often occurs in men over the age of 40 years. Benigna Prostate Hyperplasia occurs due to the enlargement of the glands and cellular tissues of the prostate gland which is associated with endocrine changes related to the aging process. The number of cases of Benigna Prostate Hyperplasia in Lampung province reached (29%) or 689 cases and is the second largest case of urinary tract disease after urinary tract infections which reached (42%) or 999 cases. The purpose of this report is to find out an overview of how perioperative nursing care in Benigna Prostate Hyperplasia patients with Transurethral Resection of the Prostate procedure at the General Ahmad Yani Hospital, Metro City. The methods used in data collection are observation, interviews and documentation. Subyek in this study focused on one patient with a medical diagnosis of Benigna Prostate Hyperplasia performed transurethral resection of the prostate. Based on the results of data analysis, there are 7 nursing diagnoses that are established, the preoperative phase is urine retention and anxiety, intraoperative, namely the risk of bleeding and the risk of perioperative hypothermia and in the postoperative phase, namely the risk of bleeding and acute pain. Nursing planning is tailored to the nursing issues addressed and nursing implementation focuses on observational, therapeutic, educational and collaborative actions with the operations team. Evaluation of nursing measures, namely, urine retention and anxiety are resolved in the preoperative stage, the risk of bleeding and the risk of perioperative hypothermia do not occur in the intraoperative phase and in the postoperative phase the risk of bleeding and acute pain is resolved. It is hoped that nurses will be more thorough and understanding in carrying out perioperative nursing care in patients with cases of Benigna Prostate Hyperplasia with Transurethral Resection of the Prostate.

*Keywords: Transurethral Resection of the Prostate, Benigna Prostate Hyperplasia, Perioperative Nursing Care
Perioperative Reference: (2013-2021)*