

POLITEKNIK KESEHATAN TANJUNG KARANG
JURUSAN KEPERAWATAN
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**ASUHAN KEPERAWATAN PERIOPERATIF PASIEN DENGAN
DIAGNOSA MEDIS KISTA OVARIUM DEXTRA DENGAN
PEMBEDAHAN SALPINGO-OOFOREKTOMI DI RUMAH SAKIT
MARDI WALUYO KOTA METRO TAHUN 2022**

xviii+86 halaman, 17 tabel, 5 gambar, 1 bagan dan 9 lampiran

ABSTRAK

Kista ovarium merupakan pembesaran ovarium yang bersifat fungsional atau disfungsional, berupa kistik, padat atau keduanya dan bersifat neoplastik maupun non neoplastik. Angka kejadian kista ovarium di Indonesia pada tahun 2015 sebanyak 23.400 orang dan sebanyak 59,40% meninggal dunia. Hasil laporan Rumah Sakit Mardi Waluyo Kota Metro tahun 2021 terdapat 32 pasien kista ovarium. Studi kasus ini bertujuan menggambarkan pelaksanaan asuhan keperawatan perioperatif pasien dengan diagnosa medis kista ovarium dextra dengan tindakan salpingo-ooforektomi di Rumah Sakit Mardi Waluyo Kota Metro Tahun 2022. Metode yang digunakan yaitu *case report* dengan proses keperawatan perioperatif. Fase preoperatif ditemukan data mayor pasien mengeluh nyeri, meringis, berhati-hati dalam bergerak, khawatir dengan operasi, dan tegang sehingga dirumuskan masalah nyeri akut dan ansietas dengan intervensi manajemen nyeri dan reduksi ansietas dan implementasi relaksasi napas dalam dan terapi musik rohani dengan hasil evaluasi nyeri menurun dan skor kecemasan ZSAS menurun. Fase intraoperatif ditemukan faktor risiko tindakan pembedahan dengan perdarahan ± 250 cc sehingga dirumuskan masalah risiko perdarahan dengan intervensi pencegahan perdarahan dan pemantauan cairan dan implementasi monitor tanda-tanda vital dan monitor output dengan hasil evaluasi perdarahan dalam batas normal. Fase postoperatif ditemukan data suhu lingkungan rendah, mengeluh nyeri, meringis dan gelisah sehingga dirumuskan masalah risiko hipotermia perioperatif dan nyeri akut dengan intervensi manajemen hipotermia dan manajemen nyeri dan implementasi pemberian selimut, relaksasi napas dalam, dan perawatan luka dengan hasil evaluasi suhu tubuh normal dan nyeri menurun.

Kata Kunci: Asuhan Keperawatan Perioperatif, Kista Ovarium, Salpingo-Ooforektomi

Sumber: 48 (2013-2022)

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**PERIOPERATIVE NURSING CARE OF PATIENTS WITH MEDICAL
DIAGNOSIS OF DEXTRA OVARY CYST WITH SALPINGO-
OOPHORECTOMY OPERATION IN MARDI WALUYO HOSPITAL
METRO CITY, 2022**

xviii+86 pages, 17 tables, 5 images, 1 chart, and 9 attachments

ABSTRACT

Ovarian cyst is an ovarian enlargement that is functional or dysfunctional, in the form of cystic, solid or both and is neoplastic or non-neoplastic. The incidence of ovarian cysts in Indonesia in 2015 was 23,400 people and 59.40% died. The results of the report from Mardi Waluyo Hospital, Metro City in 2021, there were 32 ovarian cyst patients. This case study aims to describe the implementation of perioperative nursing care for patients with a medical diagnosis of right ovarian cyst with salpingo-oophorectomy at Mardi Waluyo Hospital, Metro City in 2022. The method used is a case report with a perioperative nursing process. The preoperative phase found major data of patients complaining of pain, grimacing, being careful in moving, worried about surgery, and tense so that acute pain and anxiety problems were formulated with pain management interventions and anxiety reduction and implementation of deep breathing relaxation and spiritual music therapy with pain evaluation results. decreased and ZSAS anxiety scores decreased. The intraoperative phase found risk factors for surgery with bleeding \pm 250 cc so that bleeding risk problems were formulated with bleeding prevention interventions and fluid monitoring and implementation of monitoring vital signs and monitoring output with evaluation results of bleeding within normal limits. The postoperative phase found data on low ambient temperature, complaining of pain, grimacing and restlessness so that the risk problems for perioperative hypothermia and acute pain were formulated with hypothermia management interventions and pain management and implementation of blanketing, deep breathing relaxation, and wound care with evaluation results of normal body temperature and pain. Decrease.

*Keywords: Perioperative Nursing, Ovarian Cyst, Salpingo-Oophorectomy,
References: 48 (2013-2022)*