

**POLITEKNIK KESEHATAN TANJUNGPUR
JURUSAN KEPERAWATAN
PROGRAM STUDI PROFESI NERS**

Laporan Tugas Akhir Ners, Juni 2022
Adinda Della Noprika, S.Tr. Kep

**ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN ULKUS DIABETIKUM
DENGAN TINDAKAN DEBRIDEMEN DIRUMAH SAKIT MARDI WALUYO METRO
TAHUN 2022**

xiv + 83 halaman, 15 tabel, dan 3 gambar

ABSTRAK

Ulkus diabetikum merupakan luka terbuka pada permukaan kulit yang disebabkan adanya makroangiopati sehingga terjadi vaskuler insufisiensi dan neuropati. Rumah Sakit Mardi Waluyo Metro selama 5 bulan (Desember-April 2022) terdapat 69 pasien ulkus diabetikum yang memerlukan tindakan pembedahan debridemen. Ulkus diabetik jika tidak ditangani akan menyebar secara cepat dan masuk ke jaringan yang lebih dalam. Penulisan ini bertujuan untuk menggambarkan pelaksanaan asuhan keperawatan perioperatif pada pasien ulkus diabetikum dengan tindakan debridemen di Rumah Sakit Mardi Waluyo Metro. Metode pada laporan tugas akhir ini menggunakan asuhan keperawatan perioperatif pada pasien ulkus diabetikum. Berdasarkan hasil asuhan keperawatan yang dilaksanakan selama 4 hari (24 April 2022- 27 April 2022) dengan hasil asuhan keperawatan pre operasi didapatkan data mayor pasien mengeluh nyeri dan mengatakan khawatir dengan akibat yang akan dialaminya sehingga dirumuskan masalah keperawatan nyeri akut dan ansietas dengan intervensi manajemen nyeri dan reduksi ansietas serta dilakukan implementasi teknik relaksasi benson. Evaluasi yang didapatkan di tahap pre operasi masalah teratasi. Pada fase intra operatif didapatkan data fokus dengan masalah keperawatan risiko perdarahan dengan intervensi dan implementasi pencegahan perdarahan. Evaluasi yang didapatkan di tahap intra operatif masalah teratasi. Pada fase post operatif didapatkan data mayor pasien mengeluh nyeri dengan masalah keperawatan nyeri akut dan gangguan integritas kulit dan dilakukan intervensi manajemen nyeri dan juga perawatan luka serta dilakukan implementasi teknik relaksasi nafas dalam. Evaluasi yang didapatkan di tahap post operatif masalah teratasi. Diharapkan dapat melakukan intervensi yang telah dilakukan penulis dimana intervensi tersebut mengacu pada penerapan Standar intervensi keperawatan Indonesia.

Kata Kunci : Debridemen, Ulkus Diabetikum, Asuhan Keperawatan Perioperatif

Daftar Referensi : 18 (2013-2021)

**TANJUNGPOLYTECHNIC OF HEALTH
TANJUNGPOLYTECHNIC SCHOOL OF NURSING
NURSING PROFESSIONAL STUDY**

Final Professional Nurse report, June 2022
Adinda Della Noprika, S.Tr. Kep

**PERIOPERATIVE NURSING CARE IN DIABETIC ULCUS PATIENTS WITH
DEBRIDEMENT MEASURES AT MARDI WALUYO METRO HOSPITAL IN 2022**
xiv + 83 pages, 15 tables, dan 3 pictures

ABSTRACT

Diabetic ulcers are open sores on the skin surface caused by macroangiopathy, resulting in vascular insufficiency and neuropathy. Mardi Waluyo Metro Hospital for 5 months (December-April 2022) there were 69 diabetic ulcer patients who required surgical debridement. Diabetic ulcers if left untreated will spread rapidly and enter deeper tissues. This writing aims to describe the implementation of perioperative nursing care in diabetic ulcer patients with debridement measures at Mardi Waluyo Metro Hospital. The method in this final report uses perioperative nursing care for diabetic ulcer patients. Based on the results of nursing care carried out for 4 days (24 April 2022-27 April 2022) with the results of preoperative nursing care, it was found that the major data of patients complained of pain and said they were worried about the consequences they would experience so that acute pain and anxiety nursing problems were formulated with pain management interventions. and anxiety reduction as well as the implementation of Benson's relaxation technique. Evaluation obtained in the pre-operation stage the problem is resolved. In the intraoperative phase, focus data was obtained with nursing problems of bleeding risk with intervention and implementation of bleeding prevention. The evaluation obtained in the intraoperative stage of the problem is resolved. In the postoperative phase, major data were obtained from patients complaining of pain with acute pain nursing problems and impaired skin integrity and pain management interventions as well as wound care and implementation of deep breathing relaxation techniques were carried out. The evaluation obtained in the postoperative stage of the problem is resolved. It is hoped that the intervention that has been done by the author will be carried out where the intervention refers to the application of the Indonesian nursing intervention standards.

Keywords: Debridement, Diabetic Ulcers, Perioperative Nursing
Reference List : 18 (2013-2021)