

**POLITEKNIK KESEHATAN TANJUNG KARANG
JURUSAN KEPERAWATAN PROGRAM STUDI PROFESI NERS**

**LAPORAN AKHIR PROFESI NERS, JUNI 2022
MUTIARA AGEL SEPRIANI**

Asuhan Keperawatan Perioperatif Pada Pasien G1P0A0 37 Minggu Indikasi Letak Sungsang Dengan Tindakan *Sectio caesarea* Di RSUD Jendral Ahmad Yani Metro Tahun 2022

ABSTRAK

Letak sungsang (Presentasi Bokong) merupakan letak janin memanjang dengan kepala berada di bagian atas didalam rahim. Mencegah komplikasi saat melahirkan cara yang dilakukan dengan tindakan operasi bedah Caesar (*Sectio caesarea*) Sama halnya dengan Tindakan operasi pada umumnya ditemukan masalah keperawatan perioperatif, mulai dari kondisi pre operasi, intra operasi dan post operasi, Tujuan penulisan Laporan Tugas Akhir menggambarkan pelaksanaan asuhan keperawatan perioperatif pada pasien G1P0A0 37 minggu indikasi letak sungsang dengan tindakan *sectio caesarea* di ruang operasi rsud jendral ahmad yani metro tahun 2022. Metode asuhan keperawatan perioperatif menggunakan pendekatan asuhan keperawatan dimulai dari fase pre operasi fase intra operasi dan fase post operasi pada pasien yang dilakukan tindakan *sectio caesarea* dengan indikasi letak sungsang, Berdasarkan hasil pengkajian dirumuskan beberapa diagnosa keperawatan sebagai berikut : pre operasi : nyeri akut dan ansietas, intra operasi ; resiko perdarahan, dan post operasi : resiko hipotermi, nyeri akut, gangguan integritas kulit/jaringan dan defisit perawatan diri. Rencana keperawatan berdasarkan diagnosa yang telah dirumuskan, implementasi Tindakan dikerjakan sesuai intervensi keperawatan yang ditetapkan secara mandiri maupun kolaborasi, sehingga tujuan rencana Tindakan tercapai, Evaluasi dari setiap diagnosa keperawatan didapatkan sebagai berikut, tahap pre operasi nyeri dan ansietas berkurang, tahap intra operasi masalah risiko perdarahan tidak terjadi. Tahap post operasi masalah resiko hipotermi, nyeri teratasi, tidak ada tanda-tanda infeksi dan telah mengganti pakaiannya. Saran, Diharapkan dapat melakukan prosedur asuhan keperawatan sesuai dengan standar yang berlaku sesuai dengan tahapan pengkajian, perumusan diagnosa keperawatan, pembuatan intervensi, pelaksanaan implementasi dan evaluasi baik saat pre operasi, intra operasi, maupun post operasi.

Kata Kunci : *Sectio caesarea, Letak Sungsang, Presentasi Bokong*
Bahan Pustaka: 29 (2013 -2021)

**HEALTH POLYTECHNIC OF TANJUNGPUR
NURSING MAJOR ADVANCED NERS PROFESSIONAL**

**FINAL PROFESSIONAL REPORT NERS, JULY 2021
MUTIARA AGEL SEPRIANI**

***Perioperative Nursing Care for Patient G1P0A0 37 Weeks Indication of Breech
Location with Sectio caesarea at General Hospital Ahmad Yani Metro in 2022***

ABSTRACT

The location of the breech (Buttocks Presentation) is the position of the fetus elongated with the head at the top in the uterus. Preventing complications during childbirth the way that is done by Cesarean section (Sectio caesarea) Similar to surgery in general, perioperative nursing problems are found, ranging from preoperative, intraoperative and postoperative conditions. The purpose of writing a Final Project Report describes the implementation of perioperative nursing care in patient G1P0A0 37 weeks of indication of breech location with sectio caesarea in the operating room of general hospital Ahmad Yani Metro in 2022. Perioperative nursing care method uses nursing care approach starting from the preoperative phase, intraoperative phase and postoperative phase in patients undergoing sectio caesarea with an indication of the location of the breech, Based on the results of the study, several nursing diagnoses were formulated as follows: preoperative: acute pain and anxiety, intraoperatively; risk of bleeding, and postoperative: risk of hypothermia, acute pain, impaired skin/tissue integrity and self-care deficit. The nursing plan is based on the diagnoses that have been formulated, the implementation of actions is carried out according to nursing interventions that are determined independently or collaboratively, so that the objectives of the action plan are achieved, the evaluation of each nursing diagnosis is obtained as follows, the preoperative stage of pain and anxiety is reduced, the intraoperative stage of bleeding risk problems not occur. In the postoperative stage, the risk of hypothermia, pain was resolved, there were no signs of infection and had changed his clothes. Suggestion, it is hoped that nursing care procedures can be carried out in accordance with applicable standards in accordance with the stages of assessment, formulation of nursing diagnoses, making interventions, implementing and evaluating both preoperative, intraoperative, and postoperative.

Keywords : Sectio caesarea, Breech Position, Buttocks Presentation

Reference : 29 (2013 -2021)