

**POLITEKNIK KESEHATAN TANJUNGPURUN
JURUSAN KEPERAWATAN
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LAPORAN TUGAS AKHIR PROFESI NERS, 15 Juni 2022
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Asuhan Keperawatan Perioperatif Pada Pasien Selulitis Pedis dan DM Tipe II Dengan Tindakan Debridement di Ruang Operasi RSUD Jenderal Ahmad Yani Metro Tahun 2022

xvii + 84 halaman, 32 tabel, 3 gambar, dan 6 lampiran

ABSTRAK

Studi di Minnesota menyebutkan kejadian selulitis tertinggi pada ekstremitas bawah, mencapai 199 kejadian per 100.000 orang per tahun. (Julaeha et al., 2022) Di RSUD Jendral Ahmad Yani Metro pada bulan Januari Sampai April 2022 didapatkan sebanyak 25 Kasus pembedahan debridement yaitu empat kasus (16 %) atas indikasi Selulitis Pedis yang dilakukan Tindakan Debridement. Penyusunan laporan tugas akhir ini bertujuan untuk menggambarkan pelaksanaan asuhan keperawatan perioperatif dengan tindakan Debridement atas indikasi Selulitis Pedis dan DM Tipe II di ruang operasi RSUD Jenderal Ahmad Yani. Metode yang digunakan pada laporan tugas akhir ini pengambilan data melalui wawancara, observasi, pemeriksaan fisik, kemudian menegakkan diagnosa keperawatan, menyusun rencana tindakan keperawatan, melakukan implementasi, dan mengevaluasi tindakan yang telah dilakukan, serta studi dokumentasi. Didapatkan hasil dari permasalahan yang ditemukan adalah pasien mengatakan nyeri pada luka di kaki kanan (Pergelangan Kaki menjalar ke betis) masalah pada pre operatif adalah nyeri akut, risiko hipotermia perioperatif pada fase intra operatif, dan gangguan mobilitas fisik, nyeri akut, dan gangguan integritas kulit pada fase post operatif. Setelah diberikan tindakan keperawatan dan dievaluasi pada tahap pre operatif masalah Nyeri Akut Teratasi. Tahap intra operasi risiko hipotermia perioperatif tidak terjadi. Tahap post operasi masalah gangguan mobilitas fisik, Nyeri Akut dan Gangguan Integritas Kulit Teratasi. Diharapkan perawat untuk lebih teliti dan memahami dalam melakukan asuhan keperawatan perioperative pada pasien kasus Selulitis Pedis dan DM Tipe II terutama yang akan dilakukan tindakan Debridement.

Kata Kunci: Selulitis Pedis, DM Tipe II, Debridement, Perioperatif

Referensi: 42 (2012-2022)

**HEALTH POLYTECHNIC OF TANJUNGPUR
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Perioperative Nursing Care for Cellulitis Pedis and Diabetes Mellitus Type II Patients with Debridement in Surgery Installation Room of Ahmad Yani Hospital in 2022

xvi + 84 pages, 32 tables, 3 pictures, dan 6 attachments

ABSTRACT

Studies in Minnesota mention the highest incidence of cellulitis in the lower extremities, reaching 199 events per 100,000 people per year. (Julaeha et al., 2022) At the General Hospital Ahmad Yani Metro from January to April 2022, there were 25 cases of debridement surgery, namely four cases (16%) with indications of Pedis Cellulitis which was carried out with debridement measures. The preparation of this final report aims to describe the implementation of perioperative nursing care with debridement actions for indications of Pedis Cellulitis and Type II DM in the operating room of General Ahmad Yani Hospital. The method used in this final report is collecting data through interviews, observations, physical examinations, then establishing nursing diagnoses, preparing nursing action plans, implementing and evaluating actions that have been taken, as well as documentation studies. The results of the problems found were the patient said pain in the wound in the right leg (ankle radiating to the calf) preoperative problems were acute pain, the risk of perioperative hypothermia in the intraoperative phase, and impaired physical mobility, acute pain, and impaired skin integrity. in the postoperative phase. After being given nursing actions and evaluated at the preoperative stage, the problem of acute pain is resolved. The intraoperative stage of perioperative hypothermia risk does not occur. The post-operative stage of problems with physical mobility disorders, acute pain and skin integrity disorders are resolved. Nurses are expected to be more thorough and understand in carrying out perioperative nursing care for patients with Pedis Cellulitis + DM Type II, especially those who will be debridement.

Keywords: Celullitis Pedis, Debridement, DM Type II, Perioperative

Reference: 42 (2012-2022)