

**POLITEKNIK KESEHATAN TANJUNGKARANG
JURUSAN KEPERAWATAN
PROGRAM STUDI PROFESI NERS**

LAPORAN AKHIR PROFESI NERS, Juni 2022
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Asuhan Keperawatan Perioperatif Pada Pasien Kanker Payudara Dengan Tindakan Klasik Radikal Mastektomi di RSUD Dr.H Abdul Moeloek Provinsi Lampung tahun 2022
(xv + 115 halaman, 21 tabel, 5 gambar, dan 5 lampiran)

ABSTRAK

Asuhan keperawatan perioperatif laporan kasus ini dilakukan pada pasien dengan Kanker Payudara dengan tindakan Klasik Radikal Mastektomi. Tindakan perawatan Kanker Payudara, salah satunya KRM(Klasik Radikal Mastektomi) dilakukan di kamar operasi, sama hal nya dengan tindakan operasi pada umumnya ditemukan masalah keperawatan perioperatif, mulai dari kondisi pre operasi, intra operasi dan post operasi. Saat pengambilan kasus di RSUD Abdul Moeloek pasien yang melakukan operasi sebanyak 1.458 pasien terhitung dari bulan Februari-Mei dan pasien dengan kasus Kanker Payudara ditemukan 47 pasien (3,22%). Tujuan penulisan LTA ini untuk menggambarkan pelaksanaan asuhan keperawatan perioperatif pada pasien Kanker Payudara dengan tindakan Klasik Radikal Mastektomi di RSUD Abdul Moeloek.

Desain penulisan laporan tugas akhir ini dalam bentuk asuhan keperawatan perioperative dengan subjek asuhan keperawatan adalah satu pasien diagnosa Kanker payudara yang akan menjalani tindakan Klasik Radikal Mastektomi. Alat pengumpulan data dikumpulkan menggunakan format perioperatif. Analisis dilakukan proses keperawatan yaitu pengkajian, diagnosa, intervensi, implementasi dan evaluasi.

Didapatkan hasil permasalahan yang ditemukan adalah pasien dengan masalah nyeri akut dan ansietas pada fase pre operatif, risiko perdarahan pada fase intra operatif, dan pada fase post operasi yaitu risiko hipotermi perioperative, nyeri akut dan gangguan citra tubuh. Setelah diberikan tindakan keperawatan pada tahap pre operatif masalah nyeri akut berkurang dan ansietas menurun sehingga dapat dijalankan operasi. Tidak terjadi perdarahan yang massive selama operasi, hipotermia, nyeri akut dan gangguan citra tubuh pada post operasi teratas. Disarankan dalam memberikan asuhan keperawatan pada pasien perioperatif Kanker Payudara memperhatikan kondisi pasien secara keseluruhan baik saat pre operasi, intra operasi, maupun post operasi.

Kata Kunci : *Kanker Payudara, Mastektomi, Klasik Radikal Mastektomi, Perioperatif*
Referensi : 32 Sumber (2011-2020)

**HEALTH POLYTECHNIC OF TANJUNGKARANG
NURSING MAJOR
ADVANCED NERS PROFESSIONAL**

NERS PROFESSIONAL FINAL REPORT, June 2022

Sissy Lestari

Perioperative Nursing Care in Breast Cancer Patients With Classic Radical Mastectomy Action at RSUD Dr.H Abdul Moeloek Lampung Province in 2022
(xv + 115 pages, 21 tables, 5 pictures and 5 attachments)

ABSTRACT

Perioperative nursing care reports this case was performed on patients with Breast Cancer with the action of Classical Radical Mastectomy. Breast Cancer treatment measures, one of which is KRM (Classic Radical Mastectomy) are carried out in the operating room, as well as surgical procedures in general, perioperative nursing problems are found, ranging from preoperative, intraoperative and postoperative conditions. When taking cases at Abdul Moeloek Hospital, 1,458 patients who performed surgery from February-May and patients with Breast Cancer cases were found to be 47 patients (3.22%). The purpose of writing this LTA is to describe the implementation of perioperative nursing care in Breast Cancer patients with Classical Radical Mastectomy at Abdul Moeloek Hospital.

The design of writing this final project report in the form of perioperative nursing care with the subject of nursing care is one breast cancer diagnosis patient who will undergo the Classic Radical Mastectomy procedure. Data collection tools are collected using a perioperative format. The analysis is carried out in the nursing process, including assessment, diagnosis, intervention, implementation and evaluation.

The results of the problems found were patients with acute pain problems and anxiety in the pre-operative phase, the risk of bleeding in the intra-operative phase, and in the postoperative phase, namely the risk of perioperative hypothermy, acute pain and body image disturbances. After being given nursing procedures in the pre-operative stage the problem of acute pain decreases and the anxiety decreases so that surgery can be carried out. There was no massive bleeding during surgery, hypothermia, acute pain and body image disorders in postoperatively resolved. It is recommended in providing nursing care to perioperative breast cancer patients pay attention to the patient's overall condition both during preoperative, intraoperative, and postoperative Perioperative nursing care of this case report is performed on patients with a medical

Keywords: *Breast Cancer, Mastectomy, Classic Radical Mastectomy, Perioperatif*
Reference: 32 Sources (2011-2020)