

POLITEKNIK KESEHATAN TANJUNG KARANG
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Mei 2020

Tasya Berliani,
Asuhan Keperawatan dengan Gangguan Aman Nyaman : Nyeri pada Kasus
Post Op Hemoroid Terhadap Ny.S di Ruang Bedah RSD Mayjend HM
Ryacudu Kotabumi Lampung Utara Tanggal 01-03 Oktober 2019

xvii+ 82 halaman, 9 tabel, 1 grafik dan 3 bagan

RINGKASAN

Berdasarkan data register di Ruang Bedah RSD Mayjend HM Ryacudu Kotabumi Lampung Utara angka kejadian pada tiga bulan terakhir tahun 2019 yaitu 9 klien dan mengalami peningkatan pada tiga bulan pertama tahun 2020 yaitu 10 klien. Berdasarkan uraian diatas penulis merumuskan masalah “Bagaimana gambaran asuhan keperawatan dengan gangguan aman nyaman : nyeri pada Kasus Post Op Hemoroid terhadap Ny.S di Ruang Bedah RSD Mayjend HM Ryacudu Kotabumi Lampung Utara”.

Tujuan penulisan laporan tugas akhir ini memberikan gambaran tentang asuhan keperawatan dengan gangguan aman nyaman : nyeri pada Kasus Post Op Hemoroid secara komprehensif dan sesuai teori. Berdasarkan data yang didapatkan dari kasus ini memunculkan beberapa diagnosa keperawatan, yang menurut teori tidak semua dapat ditegakkan karena disesuaikan dengan kondisi klien. Rencana keperawatan dibuat sesuai dengan teori dan berdasarkan SDKI, SLKI, dan SIKI 2018. Implementasi dilakukan sesuai dengan rencana keperawatan dan evaluasi dilakukan berdasarkan hasil implementasi.

Data hasil pengkajian yang didapatkan pada kasus ini merujuk pada diagnosa yaitu nyeri akut, gangguan pola tidur, risiko infeksi. Adapun SLKI yaitu kontrol nyeri, pola tidur, dan tingkat infeksi serta SIKI yaitu manajemen nyeri, pemberian analgesik, monitor tanda-tanda vital, dukungan tidur, pengaturan posisi, pencegahan infeksi, perawatan luka. Setelah dilakukan tindakan keperawatan selama tiga hari, evaluasi yang didapatkan tidak semua masalah teratasi seperti diagnosa nyeri akut, gangguan pola tidur dan risiko infeksi masalah hanya teratasi sebagian.

Simpulan dari laporan tugas akhir ini tidak semua teori proses keperawatan kasus post op hemoroid sesuai dengan kondisi klien pada kenyataan. Saran hendaknya dapat meningkatkan mutu pelayanan keperawatan dan meningkatkan jumlah referensi buku edisi terbaru tentang pencernaan khususnya hemoroid.

Kata Kunci : Asuhan Keperawatan, Post Op Hemoroid, Nyeri
Sumber Bacaan : 25 (2002-2020)

POLYTECHNIC OF HEALTH TANJUNG KARANG
MAINTENANCE PRODUCTS KOTABUMI
Final Project Report, May 2020

Tasya Berliani,
Nursing Care with Comfortable Disorders : Pain in Post Op Hemorrhoid Cases
Against Ny.S in the Operating Room of the Mayjend HM Ryacudu Hospital
Kotabumi North Lampung on October 01-03 2019

xvii + 82 pages, 9 tables, 1 chart and 3 charts

ABSTRACT

Based on the register data in the Surgery Room of the Mayjend General Hospital, HM Ryacudu Kotabumi, North Lampung, the incidence in the last three months of 2019 was 9 clients and an increase in the first three months of 2020 was 10 clients. Based on the description above, the authors formulated the problem "What is the description of nursing care with comfortable discomfort: pain in the Post Op Hemorrhoid Case against Ny.S in the Operating Room of the Maj. Gen. RSD Mayjend HM Ryacudu Kotabumi, North Lampung".

The purpose of writing this final project report is to provide a description of the nursing care with comfortably safe disorders: pain in Post Op Hemorrhoid Cases in a comprehensive and theoretical way. Based on the data obtained from this case, several nursing diagnoses have emerged, which according to the theory are not all can be upheld because it is adjusted to the client's condition. Nursing plans are made according to theory and based on the SDKI, SLKI, and SIKI 2018. The implementation is carried out in accordance with the nursing plan and the evaluation is based on the results of the implementation.

The assessment data obtained in this case refers to the diagnosis of acute pain, disturbed sleep patterns, risk of infection. The SLKI is the control of pain, sleep patterns, and the level of infection and SIKI, namely pain management, administration of analgesics, monitoring vital signs, sleep support, positioning, prevention of infection, wound care. After three days of nursing action, the evaluation found that not all problems were resolved such as a diagnosis of acute pain, disturbed sleep patterns and the risk of infection was only partially resolved.

The conclusion from this final project report is that not all theories of the post op hemorrhoidal nursing process correspond to the client's condition in reality. Suggestions should be to improve the quality of nursing services and increase the number of references to the latest edition of books on digestion, especially hemorrhoids.

Keywords : Nursing Care, Post Op Hemorrhoids, Pain
Reading Resources : 25 (2002-2020)