

POLITEKNIK KESEHATAN TANJUNG KARANG
PRODI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, April 2020

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Asuhan Keperawatan Gangguan Kebutuhan Rasa Nyaman Pada Pasien Post Sectio Caesarea Terhadap Ny. W Di Ruang Kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara Tanggal 1-3 April 2019.

xvi + 46 lembar, 6 Tabel, dan 1 gambar

RINGKASAN

Hasil Riskesdas 2013 menunjukkan bahwa kejadian persalinan dengan tindakan SC di Indonesia mencapai 9,8 % dari jumlah persalinan (Susanto et al., 2015). Berdasarkan data register pada rawat inap di ruang kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara dengan angka persalinan Sectio Caesarea mencapai 36,37% dari seluruh persalinan pada tahun 2019 terjadi persalinan dengan kasus Sectio Caesarea atas indikasi Disproporsi kepala panggul sebanyak 22 kasus pada bulan Januari-Desember (Dokumentasi Ruang Kebidanan, 2019).

Tujuan Penulisan laporan tugas akhir ini adalah untuk memberikan gambaran Asuhan Keperawatan Gangguan Kebutuhan Nutrisi Pada Neonatus Dengan Persalinan Sectio Caesarea di Ruang Kebidanan RSD Mayjend HM Ryacudu Kotabumi Lampung Utara Tanggal 1-3 April 2019.

Hasil pengkajian pada kasus ini didapatkan data yaitu Klien mengatakan nyeri pada di perut bagian bawah post operasi sectio caesarea, klien mengatakan nyeri hilang timbul, klien mengatakan nyeri timbul saat melakukan pergerakan, skala nyeri 5 (1-10), klien mengatakan nyeri saat bergerak, klien mengatakan enggan untuk melakukan pergerakan, klien mengatakan belum menyusui bayinya, klien mengatakan ASI nya belum keluar, klien tampak meringis, klien tampak gelisah, klien tampak berbaring ditempat tidur, klien tampak lemah, gerakan klien tampak terbatas, aktivitas klien tampak dibantu keluarga, payudara tampak bengkak dan puting menonjol, ASI tampak belum keluar, bayi tampak rewel. Diagnosa yang ditegakkan nyeri akut, gangguan mobilitas fisik, dan menyusui tidak efektif yang dilakukan perencanaan dan tindakan keperawatan sesuai dengan SLKI-SIKI melalui pemilihan label yang sesuai diagnosa.

Setelah dilakukan tindakan keperawatan selama tiga hari, evaluasi masalah ketiga diagnosa tersebut dapat teratasi. Saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan asuhan keperawatan dan menambah literatur perpustakaan bagi mahasiswa poltekkes keperawatan kotabumi.

Kata Kunci : Asuhan Keperawatan Pada Pasien Post Sectio Caesarea,
Gangguan Rasa Nyaman

Sumber Bacaan : 16 (2013-2020)

HEALTH POLYTECHNIC TANJUNG KARANG
KOTABUMI NURSING PROGRAM
Final Project Report, April 2020
Sindi Dwi Apriani

Nursing Care Disorders of Nutritional Needs in Neonates with Delivery of Caesarean Sect to Ny. W In Midwifery Room RSD Mayjend HM Ryacudu Kotabumi North Lampung April 1-3 April 2019.
xvi + 46 sheets, 6 tables, and 1 picture

ABSTRAC

The results of Riskesdas 2013 showed that the incidence of childbirth with SC actions in Indonesia reached 9.8% of the number of deliveries (Susanto et al., 2015). Based on the register data on hospitalization in midwifery room at the Mayjend General Hospital HM Ryacudu Kotabumi North Lampung with 22 cases of Sectio Caesarea births reaching 36.37% of all deliveries in 2019 there were deliveries with Sectio Caesarea cases due to indications of Pelvic Head Disease in January- December (Documentation of Midwifery Spaces, 2019).

The purpose of writing this final project report is to provide an overview of Nursing Care for Nutritional Disorders in Neonates with Delivery of Caesarean Sectio in the Midwifery Room of RSD Mayjend HM Ryacudu Kotabumi North Lampung April 1-3 April 2019.

The results of the study in this case obtained data that the client said pain in the lower abdomen post operative caesarea, the client said the pain disappeared, the client said pain arises when making movements, pain scale 5 (1-10), the client said pain when moving, the client said he was reluctant to make a move, the client said he had not breastfed his baby, the client said his milk had not come out, the client looked grimaced, the client looked restless, the client seemed to lie in bed, the client looked weak, the client's movement seemed limited, the client's activity seemed assisted by the family, the breast appeared swelling and putting protruding, breast milk does not appear out, the baby looks fussy. The diagnosis of acute pain, impaired physical mobility, and ineffective breastfeeding is carried out by planning and nursing actions in accordance with SLKI-SIKI through selection of labels that match the diagnosis.

After three days of nursing action, the evaluation of the three diagnoses can be resolved. Suggestions from this report are expected to be taken into consideration in the implementation of nursing care and add to library literature for Kotabumi nursing polytechnic students

Keywords : Nursing Care for Post Sectio Caesarea Patients,
Disturbance of Convenience
Reading sources : 16 (2013-2020)