

**HEALTH POLYTECHNIC OF KEMENKES TANJUNGPUR**  
**MIDWIFERY DEPARTMENT**  
*Thesis, May 2020*

**Adelia Sarasgita**

***Characteristics Of Post Partum Mothers Who Have Preeclampsia At Wisma Rini Pringsewu Hospital Lampung, 2020.***

***Xvii + 40 pages, 2 tables, 2 pictures, 7 attachments***

**ABSTRACT**

Preeclampsia is the emergence of hypertension accompanied by proteinuria due to pregnancy, after 20 weeks gestation or immediately after delivery. In the case of preeclampsia if not handled properly can lead to seizures (eclampsia) which can affect pregnancy, childbirth, puerperium such as visual disturbances, pulmonary edema, vasospasm, intracranial hemorrhage, and can even lead to death. This study aims to determine the characteristics of post partum mothers who have preeclampsia at Wisma Rini Pringsewu General Hospital.

The study population was all post partum preeclampsia mothers who were registered at Wisma Rini Pringsewu Hospital Lampung, the sample in this study were 25 people. This research is descriptive in nature with a case control design, the data is taken secondary and uses an instrument in the form of a checklist sheet. This research was conducted in March 2019 until March 2020.

The results obtained that for the age category <20 /> 35 years as much as 68.00%, primigravida preeclampsia maternal category as much as 60.00%, category there is a history of hypertension 80.00% and for the category without a history of certain diseases that is as much as 88.88% .

Suggestions in this study are the need for awareness for pregnant women to conduct routine ANC checks, and routine blood pressure monitoring and monitoring so that signs of preeclampsia can be detected early. And the need for counseling about the signs of danger from preeclampsia since early pregnancy in order to reduce the incidence of preeclampsia.

***Keywords*** : ***Characteristics, post partum, preeclampsia***  
***Bibliography*** : ***30 ( 2010 - 2019 )***

**POLITEKNIK KESEHATAN KEMENKES TANJUNGPINANG  
JURUSAN KEBIDANAN  
Skripsi, Mei 2020**

**Adelia Sarasgita**

**Karakteristik Ibu Post Partum yang Mengalami Preeklampsia di RSUD Wisma Rini Pringsewu Lampung Tahun 2020.**

**Xvii + 40 halaman, 2 tabel, 2 gambar, 7 lampiran**

**ABSTRAK**

Preeklampsia merupakan timbulnya hipertensi disertai proteinuria akibat kehamilan, setelah umur kehamilan 20 minggu atau segera setelah persalinan. Dalam kasus preeklampsia apabila tidak ditangani dengan benar dapat mengakibatkan terjadinya kejang (Eklampsia) yang dapat mempengaruhi kehamilan, persalinan, nifas seperti gangguan penglihatan, edema paru, vasospasme, perdarahan intracranial, bahkan dapat berujung kematian. Penelitian ini bertujuan untuk mengetahui gambaran karakteristik ibu post partum yang mengalami preeklampsia di RSUD Wisma Rini Pringsewu.

Populasi penelitian ini adalah seluruh ibu post partum preeklampsia yang tercatat di RSUD Wisma Rini Pringsewu Lampung, sampel dalam penelitian ini yaitu sebanyak 25 orang. Penelitian ini bersifat deskriptif dengan rancangan *Case Control*, data diambil dengan cara sekunder dan menggunakan instrument berupa lembar checklist. Penelitian ini dilaksanakan pada bulan Maret 2019 sampai dengan bulan Maret 2020.

Hasil penelitian didapat bahwa untuk kategori usia <20/>35 tahun sebanyak 68,00%, kategori ibu preeklampsia primigravida sebanyak 60,00%, kategori ada riwayat hipertensi 80,00% dan untuk kategori tanpa riwayat penyakit tertentu yaitu sebanyak 88,88%.

Saran dalam penelitian ini yaitu perlunya kesadaran bagi ibu hamil untuk melakukan pemeriksaan ANC yang rutin, dan pemeriksaan serta pemantauan tekanan darah secara rutin agar tanda gejala preeklampsia dapat dideteksi secara dini. Serta perlunya dilakukan penyuluhan tentang tanda gejala bahaya dari preeklampsia sejak kehamilan awal agar dapat mengurangi angka kejadian preeklampsia.

**Kata Kunci : Karakteristik, post partum, preeklampsia**  
**Daftar Pustaka : 30 ( 2010 - 2019 )**