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POLITEKNIK KESEHATAN TANJUNGPURUN
JURUSAN KEPERAWATAN TANJUNGPURUN
Laporan Tugas Akhir, April 2020

Firda Nuraini

ASUHAN KEPERAWATAN GANGGUAN PEMENUHAN KEBUTUHAN
DISTRESS SPIRITUAL PADA PASIEN PENYAKIT PARU OBSTRUKSI
KRONIK (PPOK) DI RUANG PARU RSUD JEND. AHMAD YANI METRO
PROVINSI LAMPUNG TAHUN 2020.

Xv + 108 halaman, 13 tabel, 1 gambar, 4 lampiran.

ABSTRAK

Laporan tugas akhir ini berjudul asuhan keperawatan gangguan pemenuhan kebutuhan distress spiritual pada pasien penyakit paru obstruksi kronik (PPOK) di Ruang Paru RSUD Jend. Ahmad Yani Metro Provinsi Lampung Tahun 2020. Pada bulan Oktober 2019 terdapat 87 pasien dan yang mengalami PPOK sebanyak 46 pasien. Pada bulan November 2019 terdapat 73 pasien dan yang mengalami PPOK sebanyak 35 pasien. Pada bulan Desember 2019 terdapat 89 pasien dan yang mengalami PPOK sebanyak 39 pasien. Pada bulan Januari dan awal maret 2020 terdapat 76 pasien dan yang mengalami PPOK sebanyak 32 pasien. Serta untuk tujuan penelitian ini yaitu memberikan gambaran pelaksanaan asuhan keperawatan gangguan pemenuhan kebutuhan distress spiritual pada pasien penyakit paru obstruksi kronik (PPOK) di Ruang Paru RSUD Jend. Ahmad Yani Metro Provinsi Lampung Tahun 2020.

Pengumpulan data dilakukan dengan metode kualitatif secara komprehensif yaitu pengkajian keperawatan, menentukan diagnosa keperawatan, merencanakan tindakan keperawatan, implementasi dan evaluasi keperawatan. Subjek asuhan keperawatan ini sebanyak 1 orang dengan gangguan pemenuhan kebutuhan distress spiritual. Distress spiritual merupakan gangguan pada keyakinan atau sistem nilai berupa kesulitan merasakan makna dan tujuan hidup melalui hubungan dengan diri, orang lain, lingkungan atau Tuhan.

Hasil asuhan keperawatan adalah subjek dapat memenuhi sebagian dari kriteria hasil yang diharapkan, yaitu mampu meningkatkan makna dan tujuan hidup, mampu meningkatkan kepuasan terhadap makna hidup, mampu meningkatkan perasaan keberdayaan, mampu menurunkan perilaku marah pada Tuhan dan mampu beribadah membaik. Hanya saja pada subjek keberhasilan belum maksimal karena masih perlu pemantauan terhadap tindakan keperawatan yang dilakukan. Oleh karena itu, penulis menyarankan kepada perawat untuk melakukan pemantauan mengenai kebutuhan spiritual pada subjek.

Kata Kunci :Asuhan Keperawatan, Distress Spiritual, Penyakit Paru Obstruksi Kronik (PPOK).

Bahan Bacaan : 17 (2008-2019)

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POLYTECHNIC OF HEALTH TANJUNGPUR
DEPARTMENT OF NURSING TANJUNGPUR
Final Assignment Report, April 2020

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*NURSING CARE OF FULFILLMENT OF SPIRITUAL DISTRESS NEEDS IN
CHRONIC OBSTRUCTIVE PULMONARY DISEASE PATIENTS (COPD) IN THE LUNG
CHAMBER OF THE GENERAL HOSPITAL. AHMAD YANI METRO LAMPUNG PROVINCE IN 2020.*

Xv + 108 pages, 13 tables, 1 picture, 4 attachments.

ABSTRACT

This final project report titled nursing care disorders fulfillment of the needs of spiritual distress in patients with chronic obstructive pulmonary disease (COPD) in the lung chamber of the rsud jend. Ahmad Yani Metro Lampung Province in 2020. In October 2019 there were 87 patients and 46 patients had COPD. In November 2019 there were 73 patients and 35 patients had COPD. In December 2019 there were 89 patients and 39 patients had COPD. In January and early March 2020 there were 76 patients and 32 patients experienced COPD. And for the purpose of this thesis report, which is to provide an overview of the implementation of nursing care disorders to fulfill the needs of spiritual distress in patients with chronic obstructive pulmonary disease (PPOK) in the lung chamber of the General Hospital. Ahmad Yani Metro of Lampung Province in 2020.

Data collection was carried out in a comprehensive qualitative method, namely nursing assessment, determining nursing diagnoses, planning nursing actions, nursing implementation and evaluation. The subjects of this nursing care were 1 person with impaired fulfillment of spiritual distress needs. Spiritual distress is a disruption in beliefs or value systems in the form of difficulties in feeling the meaning and purpose of life through relationships with self, others, the environment or God.

The results of nursing care are the subject can meet some of the expected results of the criteria, which is able to increase the meaning and purpose of life, able to increase satisfaction with the meaning of life, able to increase feelings of empowerment, able to reduce angry behavior in God and be able to worship improve. It's just that the subject of success has not been maximized because it still needs monitoring of the nursing actions taken. Therefore, the authors advise nurses to monitor the spiritual needs of the subject.

Keywords: Nursing Care, Spiritual Distress, Chronic Obstructive Pulmonary Disease (COPD).

Reading Material: 17 (2008-2019)