

POLITEKNIK KESEHATAN TANJUNG KARANG  
PRORAM STUDI KEPERAWATAN KOTABUMI  
Laporan Tugas Akhir, 21 Februari 2022

Muhammad Khoiri Akbar,  
Asuhan Keperawatan Jiwa Dengan Gangguan Sensori Persepsi Halusinasi  
Pendengaran Pada Kasus Skizofrenia Terhadap Tn. A Di Ruang Nuri Rumah  
Sakit Jiwa Daerah Provinsi Lampung Tanggal 9 s.d 11 Maret 2021

xiv + 52 halaman, 18 tabel, 5 gambar

## RINGKASAN

Masalah kesehatan jiwa saat ini setiap tahunnya meningkat, dimana 25% dari penduduk dunia terkena masalah kesehatan gangguan jiwa, 1% diantaranya adalah gangguan jiwa berat. Seseorang berpotensi terkena serangan gangguan jiwa memang cukup tinggi, setiap saat 450 juta orang diseluruh dunia terkena masalah kesehatan jiwa, saraf, maupun perilaku. Prevalensi skizofrenia/psikosis di Indonesia sebanyak 6,7 per 1000 rumah tangga. Artinya, dari 1.000 rumah tangga terdapat 6,7 rumah tangga yang mempunyai anggota rumah tangga pengidap skizofrenia/psikosis. Penyebaran prevalensi tertinggi terdapat di Bali dan DI Yogyakarta dengan masing-masing 11,1 dan 10,4 per1.000 rumah tangga. Provinsi Lampung berada di urutan ke 22 dengan prevalensi 6,1 per 1000 rumah tangga. Rumusan masalah laporan Asuhan Keperawatan Jiwa Dengan Gangguan Persepsi Sensori Halusinasi Pendengaran Pada Kasus Skizofrenia Terhadap Tn.A di Ruang Nuri Rumah Sakit Jiwa Provinsi Lampung.

Tujuan laporan ini adalah memberikan gambaran asuhan keperawatan jiwa dengan gangguan persepsi sensori: halusinasi pendengaran pada kasus Gangguan Sensori Persepsi Halusinasi Pendengaran Pada Kasus Skizofrenia Terhadap Tn. A di Ruang Nuri Rumah Sakit Jiwa Daerah Provinsi Lampung Tanggal 9 s.d 11 Maret 2021.

Pengkajian yang didapatkan pada kasus Tn.A yaitu klien mengatakan masih mendengar suara- suara yang muncul pada saat klien sendirian, klien mengatakan suara itu seperti suara mengobrol. Klien merasa terganggu dengan suara-suara tersebut dan klien selalu merasa gelisah. Diagnosa yang ditegakkan halusinasi pendengaran dan isolasi sosial. Rencana keperawatan yang digunakan pada Tn.A yaitu sesuai dengan SLKI dan SIKI. SLKI : Persepsi sensori membaik, SIKI : Manajemen halusinasi. Implementasi yang dilakukan sesuai dengan rencana yang telah disuse terhadap kasus Tn.A evaluasi yang didapatkan 3 hari perawatan klien mampu melakukan 4 cara mengontrol halusinasi dengan baik.

Kesimpulan laporan ini tidak semua konsep yang terdapat diteori terdapat pada Tn.A setelah dilakukan asuhan keperawatan secara nyata. Saran: diharapkan pihak RSJ memonitor jadwal harian kegiatan klien tentang halusinasi

Kata kunci : Asuhan Keperawatan Jiwa, Halusinasi Pendengaran, Skizofrenia  
Daftar bacaan : 18 (2013-2018)

TANJUNGPURANG HEALTH POLYTECHNIC  
KOTABUMI NURSING STUDY PROGRAM  
Final Project Report, February 21<sup>st</sup>, 2022

Muhammad Khoiri Akbar

*Mental Nursing Care With Sensory Perception Disorders Hearing Hallucinations in the Case of Schizophrenia Against Mr. A In the Nuri Room of the Regional Mental Hospital of Lampung Province, March 9<sup>th</sup> to 11<sup>st</sup>, 2021*

xiv + 52 pages, 18 tables, 5 pictures

## **ABSTRACT**

*Mental health problems are currently increasing every year, where 25% of the world's population is affected by mental health problems, 1% of which are severe mental disorders. A person's potential for mental illness is indeed quite high, at any time 450 million people around the world are affected by mental health, nerve, and behavioral problems. The prevalence of schizophrenia/psychosis in Indonesia is 6.7 per 1000 households. This means that out of 1,000 households, there are 6.7 households that have household members with schizophrenia/psychosis. The highest prevalence spread was found in Bali and Yogyakarta with 11.1 and 10.4 per 1,000 households, respectively. Lampung Province is in 22<sup>nd</sup> place with a prevalence of 6.1 per 1000 households. Formulation of the report problem of Mental Nursing Care With Sensory Perception Disorders Auditory Hallucinations In Schizophrenia Cases Against Mr.A in the Parrot Room of the Lampung Provincial Psychiatric Hospital.*

*The purpose of this report is to provide an overview of psychiatric nursing care with sensory perception disorders: auditory hallucinations in the case of Sensory Perception Disorders, Hearing Hallucinations in the Schizophrenia Case of Mr. A in the Nuri Room of the Regional Mental Hospital of Lampung Province from 9 to 11 March 2021.*

*The assessment obtained in Mr. A's case is that the client says he still hears voices that appear when the client is alone, the client says the sound is like the sound of chatting. The client feels disturbed by these sounds and the client always feels restless. The diagnosis is confirmed auditory hallucinations and social isolation. The nursing plan used by Mr. A is in accordance with the SLKI and SIKI. SLKI : Improved sensory perception, SIKI : Management of hallucinations. The implementation is carried out according to the plan that has been developed for the case of Mr. A, the evaluation obtained 3 days of treatment, the client is able to do 4 ways to control hallucinations well.*

*The conclusion of this report is that not all the concepts contained in the theory are found in Mr. A after real nursing care has been carried out. Suggestion: it is hoped that the Puskesmas will schedule home visits so that the activities of controlling hallucinations are still carried out by clients and families.*

*Keywords: Mental Nursing Care, Schizophrenic Hearing Hallucinations  
Reading list : 18 (2013-2018)*