

POLITEKNIK KESEHATAN TANJUNGPURU

PRODI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, 21 Februari 2022

Reni Febri Elyani,

Asuhan Keperawatan Pasien Dengan Gangguan Oksigenasi Pada Kasus TB Paru Terhadap Ny. S Di Ruang Paru RSD Mayjend HM Ryacudu Kotabumi Lampung Utara, 21 s.d 23 Februari 2022

xv + 59 halaman, 9 tabel, 3 gambar

RINGKASAN

Tuberkulosis adalah penyakit menular dan menjadi masalah terbesar dalam kesehatan dunia bahkan Indonesia menduduki peringkat ketiga untuk masalah TB paru. Jika penyakit ini tidak ditangani maka akan mengalami komplikasi bahkan dapat menyebabkan kematian maka diperlukan pengobatan. Tujuan penulisan laporan tugas akhir memberikan gambaran tentang Asuhan Keperawatan Pasien dengan Gangguan Oksigenasi Pada Kasus TB Paru Terhadap Ny. S di Ruang Paru RSD Mayjend HM Ryacudu Kotabumi Lampung Utara 21 s.d 23 Februari 2022.

Pengkajian yang didapat pada Ny. S (29 th) klien mengeluh sesak napas disertai batuk, sulit mengeluarkan sekret, mengalami penurunan berat badan drastis sebanyak 17 kg, mengeluh mual, mengatakan sulit tidur karena sesak yang dirasakan, hasil TCM tidak resistensi obat. Diagnosa keperawatan ditegakan meliputi : bersihan jalan napas tidak efektif, defisit nutrisi, gangguan pola tidur. Target luaran : bersihan jalan napas meningkat, status nutrisi membaik, pola tidur membaik. Intervensi keperawatan : manajemen jalan napas, batuk efektif, manajemen nutrisi, promosi berat badan dan dukungan tidur.

Hasil asuhan keperawatan satu diagnosa dapat teratasi yaitu gangguan pola tidur dan dua diagnosa teratasi sebagian yaitu defisit nutrisi dan bersihan jalan napas. Saran diharapkan RSD Mayjend HM Ryacudu Lampung Utara dapat meningkatkan kualitas dan mutu pelayanan dan memberikan pendidikan kesehatan kepada pasien dan keluarga khususnya pasien dengan kasus TB paru.

Kata Kunci : Asuhan Keperawatan, Oksigenasi, TB Paru

Daftar Bacaan : 25 (2012-2021)

**TANJUNGPURING HEALTH POLYTECHNIC OF
NURSING PROGRAM KOTABUMI**
Final Project Report, February 21st, 2022

Reni Febri Elyani,

*Nursing Care of Patients with Oxygen Disorders in Cases of Pulmonary TB
Against Ny. S In the Lung Room, Mayjend HM Ryacudu hospital Kotabumi, North
Lampung, 21st up to 23rd February 2022*

xv + 59 pages, 9 tables, 3 pictures

ABSTRACT

Tuberculosis is an infectious disease and is the biggest problem in world health and even Indonesia is ranked third for the problem of pulmonary TB. If this disease is not treated, it will experience complications and can even cause death, so treatment is needed. The purpose of writing the final project report is to provide an overview of the Nursing Care of Patients with Oxygen Disorders in the Case of Pulmonary TB against Ny. S in the Lung Room of the Mayjend HM Ryacudu hospital Kotabumi, North Lampung, 21st up to 23rd February 2022.

The study obtained on Mrs. The client complains of shortness of breath accompanied by coughing, difficulty in removing secretions, experiences a drastic weight loss 17 kg, complains of nausea, says it is difficult to sleep because of the tightness felt, the client is not drug resistant. Nursing diagnoses enforced include: ineffective airway clearance, nutritional deficits, disturbed sleep patterns. Outcome targets: increased airway clearance, improved nutritional status, improved sleep patterns. Nursing interventions: airway management, effective cough, nutritional management, weight promotion and sleep support.

The results of nursing care that one diagnosis can be resolved, namely sleep pattern disorders and two diagnoses are partially resolved, namely nutritional deficits and airway clearance. Suggestions are expected that RSD Mayjend HM Ryacudu North Lampung can improve the quality and quality of services and provide health education to patients and families, especially patients with pulmonary TB cases.

Keywords : Nursing Care, Oxygenation, Pulmonary TB

Reading List : 25 (2012-2021)