

POLITEKNIK KESEHATAN TANJUNG KARANG
PRODI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, 28 Februari 2022

Dyna Selvia Nora,

Asuhan Keperawatan Pada Kasus Pneumonia dengan Gangguan Oksigenasi
Terhadap Tn. N Diruang Penyakit Dalam RSUD Mayjend HM Ryacudu

Kotabumi Lampung Utara,

Tanggal 02-04 Maret 2022

Xvii+52 halaman, 6 tabel, dan 2 bagan

RINGKASAN

Pneumonia merupakan peradangan akut parenkim paru yang biasanya berasal dari suatu infeksi. Menurut Riskesdas 2013 hingga 2018 pneumonia meningkat menjadi 2%. Jika tidak segera ditangani dampak dari peningkatan pneumonia ini bisa mengakibatkan kematian, dan sudah ditemukan prevalensi di Lampung Utara tertimbang 1.82% masyarakat terkena kasus pneumonia. Tujuan penulisan laporan ini adalah memberikan gambaran tentang pengkajian, diagnosa keperawatan yang ditegakkan, rencana keperawatan, implementasi yang dilakukan dan evaluasi pada klien dengan asuhan keperawatan terhadap Tn. N dengan kebutuhan oksigenasi pada kasus pneumonia di Ruang Penyakit Dalam RSUD Mayjend HM Ryacudu Kotabumi.

Hasil pengkajian yang didapatkan pada Tn.N dengan usia 32 tahun. klien mengatakan sesak saat berbaring, napas tampak cepat, mengeluh batuk terus-menerus, terdengar ronchi dan sputum tertahan serta tampak lemah dan gelisah, klien mengatakan sulit tidur karena batuk, mengatakan hanya tidur 4-5 jam/hari. Semua aktivitasnya dibantu dengan keluarga, mengatakan tidak nafsu makan, klien mengalami penurunan berat badan sebanyak 8 kg. sehingga diagnosa keperawatan yang muncul yaitu bersihan jalan napas tidak efektif, gangguan pola tidur dan defisit nutrisi. adapun tujuan keperawatan yaitu bersihan jalan napas, pola tidur, dan status nutrisi. Intervensi keperawatan yang didapatkan yaitu manajemen jalan napas, dukungan tidur, dan manajemen nutrisi.

Simpulan dari penulis didapatkan secara nyata tentang asuhan keperawatan kasus pneumonia pada Ny. D dengan gangguan oksigenasi. Saran untuk lahan praktik diharapkan untuk lebih meningkatkan mutu pelayanan dengan memberikan poster atau tempelan dinding mengenai etika batuk atau cara pencegahan penularan penyakit di setiap ruangan dan perawat agar dapat melaksanakan tugasnya secara komprehensif dan profesional.

Kata kunci : Asuhan Keperawatan, Pneumonia, Gangguan Oksigenasi

Sumber bacaan : 18 (2002-2022)

**TANJUNGPURANG HEALTH POLYTECHNIC OF
NURSING PROGRAM KOTABUMI**

Final Project Report, February 28, th 2022

Dyna Selvia Nora,

Nursing Care In Cases Of Pneumonia with Impaired Oxygenation to Mr. N In the Internal Medicine Room of the General Hospital, HM Ryacudu, Kotabumi, North Lampung. March 02-04, th 2022

Xvii+52 pages, 6 tables, and 2 chart

ABSTRACT

Pneumonia is an acute inflammation of the lung parenchyma which usually comes from an infection. According to Riskesdas 2013 to 2018 pneumonia increased to 2%. If not treated immediately the impact of pneumonia can result in death, and a weighted prevalence Of 1.82% of people in Nort Lampung have been found to have been affected by pneumonia cases. The purpose of writing this report is to provide an overview of the assessment, established nursing diagnoses, nursing care plan, implementations carried out and evaluations of clients with nursing care for Mr. N with the need for oxygenation in cases of pneumonia in the Internal Mediciane Room Sat the General Hospital, HM Ryacudu, Kotabumi.

The assessment findings on include Mr. 32 years old. Client said that he was short of breath when lying down, the client's breath seemed to be fast, the client complained of a persistent cough, sound crackles and retained sputum, weak and restless, difficulty to sleep due to coughing, said he only slept 4 -5 hours/day. All activities are assisted by the family, has no appetite, every food given never runs out, the client has lost 8 kg of weight. so that the nursing diagnoses that emerged were ineffective airway clearance, disturbed sleep patterns and nutritional deficits. The nursing goals are airway clearan, sleep pattern, nutritional status, and nursing intervention involve airway management, sleep support, nutritional management.

The conclusions from the author are obtained in real terms about nursing care for pneumonia cases in Ny. D with impaired oxygenation. Suggestions for practice areas are expected to further improve the quality of services by providing posters or wall hangings regarding cough etiquette or how to prevent disease transmission in every room and nurses so that they can carry out thei duties comprehensively and professionally.

Keywords : Nursing Care, Pneumonia, Oxygenation Disorder
Reading source : 18 (2002-2022)