

POLITEKNIK KESEHATAN TANJUNGPURING
PRODI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, 11 Maret 2021

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Asuhan Keperawatan Post operasi *Apendiktomi* Pada Tn.U Dengan Gangguan Rasa Aman Nyaman Diruang Bedah RSD Mayjend HM Ryacudu Kotabumi Lampung Utara Tanggal 11-13 Maret 2021.

RINGKASAN

Appendicitis adalah inflamasi saluran usus yang tersembunyi dan kecil, apendiks dapat terobruksi oleh masa feses yang keras, yang akibatnya akan terjadi inflamasi, infeksi, gangren dan mungkin perforasi. Apendiks yang ruptured merupakan gejala serius karena isi usus dapat masuk kedalam abdomen dan menyebabkan peritonitis atau abses. Berdasarkan RISKESDAS 2018, didapatkan data bahwa prevalensi jumlah penderita *appendicitis* di Provinsi Lampung sebanyak 0,2%.

Tujuan penulis, penulis mampu menggambarkan Asuhan Keperawatan post operasi *Apendiktomi* pada Tn.U Dengan Gangguan Rasa Aman Nyaman di Ruang Bedah RSD Mayjend HM Ryacudu Kotabumi Lampung Utara Tanggal 11-13 Maret 2021.

Hasil pengkajian pada kasus ini didapatkan data yaitu terdapat luka post operasi *apendiktomi* di bagian abdomen kuadran kanan bawah, nyeri saat bergerak, kondisi area sekitar luka operasi tampak kemerahan. Data tersebut merujuk pada beberapa diagnosa diantaranya nyeri akut, gangguan mobilitas fisik, dan gangguan integritas kulit. Rencana keperawatan dibuat sesuai dengan teori, SLKI,SIKI dan SDKI (2017) melalui pemulihan label sesuai diagnosa. Implementasi dilakukan sesuai dengan label yang dipilih pada teori tetapi ada yang ditambah atau dihilangkan setiap harinya sesuai perkembangan. Evaluasi keperawatan dilaksanakan setiap hari sesuai dengan teori proses keperawatan dan dapat disimpulkan bahwa semua diagnosis masalah teratasi sebagian.

Simpulan laporan tugas akhir ini memberikan gambaran tentang bagaimana asuhan keperawatan pasien dengan gangguan kebutuhan rasa aman nyaman pada kasus post operasi *apendiktomi* mulai dari pengkajian hingga tahap evaluasi dan saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan asuhan keperawatan dan menambah literatur kepustakaan bagi mahasiswa/I Poltekkes Program Studi Keperawatan Kotabumi.

Kata kunci: Asuhan keperawatan post operasi *apendiktomi*

Daftar bacaan: 22 (2002-2019)

*POLYTECHNIC OF HEALTH TANJUNGPUR
KOTABUMI NURSING PRODUCTS
Project Report, 11 Maret 2021
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Nursing Care Post Appendectomy surgery in Mr.U with disturbed sense of safety and comfort in the surgical room RSD Mayjend HM Ryacudu Kotabumi, Nort Lampung, 11 Martc 2021

AMBSTRACT

Appendicitis in the hidden and small intestine, the appendix can be obstructed by hard fecal masses, which results in inflammation, infection, gangrene and possibly perforation. A ruptured appendix is a srious symptom because intestinal contents can enter the abdomen and cause peritonitis or abscess. Based on RISKEDAS 2018, data obtained that the prevalence of appendicitis sufferers in Lampung Province is 0.2%.

The author's goal, the author is to be able to describe nursing care after appendectomy surgery for Mr.U with impaired sense of security and comfort in the operatuing room of RSD Mayjend HM Ryacudu Kotabumi, Nort Lampung Date Marh 11-13, 2021.

The results of the study in this case obtained data, namely there were post-operative appendectomy wounds in the right lower quadrant of the abdomen, pain when woving, the condition of thr area around the surgical wound looked reddish. The data refers to several diagnoses including acute pain, impaired physical mobility, and impaired physical mobility. Nursing plans are made according to the theory, SLKI, SIKI and IDHS (2017) through the restoration of labels according to diagnoses. Implementation is carried out according to the label chosen in the theory but some are added or removed every day according to the theory of the nursing process and it can be concluded that all problem diagnoses are partially resolved.

The conclusions of this final project report provide an overview of how nursing care for patients with impaired safety and comfort needs in post-operative appendectomy cases starling from the assesmend to the evaluation stage and suggestions from this repost are expected to be taken into consideration in the implementation of nursing care and add to the literature for student/I Healt Polytechnic of Kotabumi Nursing Study Program.

Keyword: Nursing care after appendectomy

Reading sources: 22 (2002-2019)