

POLITEKNIK KESEHATAN TANJUNG KARANG
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, 8-10 Maret 2021

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Asuhan Keperawatan Maternitas Pasien Dengan Gangguan Kebutuhan Rasa Nyaman Pada Kasus Post Operasi *Sectio Caesarea* terhadap Ny. N Di Ruang Kebidanan RSU Handayani Kotabumi Lampung Utara Tanggal 8-10 Maret 2021.

xv + 61 halaman, 7 tabel, 1 gambar, dan 1 lampiran

RINGKASAN

Menurut *World Health Organization* (WHO) dilaporkan angka kejadian *sectio caesarea* meningkat 5 kali dibandingkan tahun-tahun sebelumnya. Standar rata-rata *sectio caesarea* di sebuah negara adalah 5-15% per 1000 kelahiran di dunia. Menurut RIKESDAS tahun 2018 tingkat persalinan SC di Indonesia sebanyak 9,8 % dari total 49.603 kelahiran sepanjang tahun 2013-2018. Maka penulis merumuskan masalah “Gangguan Kebutuhan Rasa Nyaman Pada Kasus Post *Sectio Caesarea* Terhadap Ny. N Di Ruang Kebidanan RSU Handayani Kotabumi, Lampung Utara.

Tujuan dari Laporan Tugas Akhir ini adalah memberikan gambaran tentang Asuhan Keperawatan Maternitas Pasien Dengan Kasus Post SC Pada Ny. N di Ruang Kebidanan RSU Handayani Kotabumi, Lampung Utara, Tanggal 8-10 Maret 2021.

Hasil pengkajian pada kasus ini didapatkan data yaitu klien mengeluh nyeri, nyeri terasa hilang timbul, nyeri terasa seperti ditusuk-tusuk dan bertambah jika klien bergerak, klien tampak meringis, klien sulit tidur, klien tampak gelisah, tampak cemas ketika bergerak karena takut luka bekas sayatan operasi SC terbuka, klien tampak lemah, klien mengatakan merasa mual, klien mengatakan tidak nafsu makan, klien mengatakan ASI belum keluar, payudara tampak kencang dan bengkak, payudara terasa nyeri ketika disentuh, putting klien tampak masuk kedalam, ASI tidak menetes, klien tidak bisa beraktivitas secara mandiri, semua aktivitas dibantu oleh keluarga, dari data pengkajian tersebut dapat dilakukan perencanaan dan tindakan keperawatan seperti diantaranya SLKI: Tingkat Nyeri, Tingkat Nausea, Mobilitas Fisik, Status Menyusui, & SIKI: Manajemen Nyeri, Manajemen Mual, Dukungan Mobilisasi, Edukasi Menyusui. setelah dilakukan tindakan keperawatan selama tiga hari, evaluasi masalah ketiga diagnosa tersebut dapat teratasi.

Simpulan dari Laporan Tugas Akhir ini pengkajian yang diberikan tentang identitas klien dan data hasil pengkajian klien, Diagnosa sesuai teori : Nyeri Akut, Nausea, Gangguan Mobilitas Fisik, Menyusui Tidak Efektif, perencanaan dan tindakan menurut teori tidak semua diberikan pada klien karena disesuaikan dengan status kesehatan klien, keterbatasan waktu, dan klien sudah dipersiapkan untuk pulang dari rumah sakit, penulis memberikan edukasi tentang perawatan luka, perawatan payudara, dan perawatan bayi kepada klien dan keluarga. Saran dari Laporan Tugas Akhir ini diharapkan hendaknya dapat dijadikan sebagai pedoman atau panduan bagi perawat di Ruang Kebidanan RSU Handayani Kotabumi Lampung Utara dalam memberikan pelayanan kesehatan (keperawatan) dengan menggunakan pendekatan proses Asuhan Keperawatan pada klien khususnya pada kasus post *sectio caesarea*.

Kata kunci : Asuhan Keperawatan, *Sectio Caesarea*
Daftar bacaan : 14 (1992-2020)

POLITEKNIK KESEHATAN TANJUNG KARANG
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Final Project Report, 8-10 March 2021

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Maternity Nursing Care for Patients With Impaired Comfort Needs

Case of Post Operation Sectio Caesarea against Ny. N In the Midwifery Room of Handayani General Hospital, Kotabumi, North Lampung, March 8-10, 2021.

xv + 61 pages, 7 tables, 1 image, and 1 attachment

ABSTRACT

According to the World Health Organization (WHO), the incidence of sectio caesarea has increased 5 times compared to previous years. The standard rate of sectio caesarea in a country is 5-15% per 1000 births in the world. According to the 2018 RIKESDAS, the delivery rate for sectio caesarea in Indonesia was 9.8% of a total of 49,603 births during 2013-2018. So the authors formulated the problem "Disorders of the Need for Comfort in the Case of Post Sectio Caesarea Against Mrs. N In the Midwifery Room Handayani Hospital, Kotabumi, North Lampung.

The purpose of this Final Project Report is to provide an overview of the discomfort in the post sectio caesarean case in Mrs. N in the Midwifery Room of Handayani Hospital, Kotabumi, North Lampung, March 8-10, 2021.

The results of the study in this case obtained data, namely the client complained of pain, the pain was intermittent, the pain felt like being stabbed and increased if the client moved, the client seemed to grimace, the client had trouble sleeping, the client looked restless, looked anxious when moving for fear of incision scars. open caesarean section operation, the client looks weak, the client says he feels nauseous, the client says he has no appetite, the client says the milk has not come out, the breasts look tight and swollen, the breast feels painful when touched, the client's nipples appear to be in, the milk does not drip, the client does not can do activities independently, all activities are assisted by the family, from the assessment data nursing planning and actions can be carried out such as SLKI: Pain Level, Nausea Level, Physical Mobility, Breastfeeding Status, & SIKI: Pain Management, Nausea Management, Mobilization Support, Education Breastfeeding. after nursing action for three days, the evaluation of the three diagnostic problems can be resolved.

The conclusion of this Final Project is the assessment given about the identity of the client and the data from the client assessment, Diagnosis according to the theory: Acute Pain, Nausea, Physical Mobility Disorders, Ineffective Breastfeeding, planning and action according to theory are not all given to the client because it is adjusted to health status the client, time constraints, and the client has been prepared to go home from the hospital, the author provides education about wound care, breast care, and baby care to clients and families. Suggestions from this Final Project are expected to be used as a guide or guide for nurses in the Midwifery Room at Handayani General Hospital, Kotabumi, North Lampung in providing health services (nursing) by using a nursing care process approach to clients, especially in cases of post sectio caesarea.

Keywords : Nursing Care, Sectio Caesarea

Reading list : 14 (1992-2020)