

POLITEKNIK KESEHATAN TANJUNGPURING
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, 25 Mei 2021

Melinia Eka Widiati,

Asuhan Keperawatan Terhadap Ny. D dengan Gangguan Rasa Aman Nyaman
Pada Kasus Post Operasi Tumor Mammae Di Ruang Mawar Lantai 3 RSU
Handayani Kotabumi Lampung Utara
Tanggal 08-10 Maret 2021
xvi+65 halaman, 7 tabel, dan 3 bagan

RINGKASAN

Fibroadenoma mammae adalah tumor jinak pada payudara yang bersimpai jelas, berbatas jelas, soliter, berbentuk benjolan yang dapat digerakkan (Jitowiyono & Kristiyanasari, 2010). Prevalensi penyakit tumor/ kanker di Indonesia menunjukkan adanya peningkatan dari 1,4 per 1000 penduduk ditahun 2013 menjadi 1,79 per 1000 penduduk pada tahun 2018 (Riskesdas, 2018). Pada tahun 2018 jumlah kasus Tumor Mammae 21 kasus, pada tahun 2019 jumlah terdapat 25 kasus, dan pada tahun 2020 terdapat 28 kasus menurut catatan buku rekam medis di RS Handayani Kotabumi Lampung Utara. Data inilah yang menjadi ketertarikan penulis bahwa kasus post operasi tumor mammae selalu mengalami peningkatan. Rumusan masalah pada laporan tugas akhir ini adalah bagaimana gambaran asuhan keperawatan terhadap Ny. D dengan gangguan rasa aman nyaman pada kasus post operasi tumor mammae di Ruang Mawar lantai 3 RS Handayani Kotabumi Lampung Utara.

Tujuan penulisan laporan tugas akhir ini memberikan gambaran asuhan keperawatan pasien pada kasus tumor mammae dengan gangguan rasa aman nyaman tentang pengkajian, diagnosa, rencana, implementasi dan evaluasi di RS Handayani Kotabumi Lampung Utara pada tanggal 8-10 Maret 2021.

Hasil pengkajian yang didapatkan pada Ny. D klien mengatakan nyeri pada bagian bekas operasi, nyeri terasa seperti disayat- sayat, skala nyeri 5 (0-10), tampak ada bekas luka operasi di bagian payudara sebelah kiri kuadran luar atas, luas luka kurang lebih 4 cm, hanya tidur 5 jam/ hari, klien tampak mengantuk dan lemas. Sehingga diagnosa keperawatan yang muncul adalah nyeri akut, gangguan integritas kulit/ jaringan dan gangguan pola tidur. Adapun SLKI yaitu tingkat nyeri, tingkat ansietas, pola tidur serta SIKI manajemen nyeri, perawatan luka, dan dukungan tidur. Implementasi dilakukan sesuai dengan rencana keperawatan. Evaluasi yang didapatkan selama 3 hari tidak semua masalah teratasi pada diagnosa gangguan pola tidur masalah sudah teratasi sedangkan diagnosa nyeri akut dan gangguan integritas kulit/ jaringan masalah teratasi sebagian.

Simpulan dari penulis didapatkan secara nyata tentang asuhan keperawatan kasus tumor mammae pada Ny. D dengan gangguan rasa aman nyaman. Saran untuk lahan praktik diharapkan perawat melaksanakan asuhan keperawatan secara komprehensif dan profesional.

Kata kunci : Asuhan Keperawatan , Tumor mammae, Gangguan Aman Nyaman
Sumber bacaan: 20 (1997-2018)

POLITEKNIK KESEHATAN TANJUNGPUR
PRODI KEPERAWATAN KOTABUMI
Final Project Report, 25 May 2021

Melinia Eka Widiati,
Nursing Care for Mrs. D With a Sense of Security and Comfort in the Post- Operative case of Mamae's Tumor in the Rose Room, 3rd Floor of the Handayani General Hospital, Kotabumi, North Lampung, March 08-10, 2021
xvi+65 pages, 7 tables, and 3 chart

ABSTRACT

Fibroadenoma mammae is a benign tumor in the breast that is well-aligned, clearly demarcated, solitary, in the form of a movable lump (Jitowoyono & Kristiyanasari, 2010). The prevalence of tumor / cancer in Indonesia shows an increase from 1.4 per 1000 population in 2013 to 1.79 per 1000 population in 2018 (Risksdas, 2019). In 2018 the number of Mamae Tumor cases was 21 cases, in 2019 there were 25 cases, and in 2020 there were 28 cases according to medical record books at Handayani Hospital, Kotabumi, North Lampung. It is this data that is of interest to the author that cases of postoperative mammary tumors always increase. The formulation of the problem in this final report is how the description of nursing care for Mrs. D with a sense of security and comfort in the case of postoperative mammary tumors in the Mawar Room, 3rd floor, Handayani Hospital, Kotabumi, North Lampung.

The purpose of writing this final project report provides an overview of Nursing Care for Patients with Safe and Comfortable Disorders in Mamae Tumor Cases regarding assessment, diagnosis, planning, implementation and evaluation of Handayani General Hospital North Lampung March, 08-10, 2021.

The results of the study obtained on Mrs. D the client says pain in the postoperative area, the pain feels like being slashed, the pain scale is 5 (0-10), there appears to be a surgical scar on the left upper outer quadrant of the breast, the wound area is approximately 4 cm, only sleeps 5 hours / day, the client looks sleepy and weak. So that the nursing diagnoses that arise are acute pain, impaired skin/tissue integrity and sleep pattern disorders. The SLKI are pain levels, anxiety levels, sleep patterns and SIKI pain management, wound care, and sleep support. Implementation is carried out according to the nursing plan. The evaluation that was obtained for 3 days was not all problems resolved in the diagnosis of sleep pattern disorders the problem was resolved while the diagnosis of acute pain and impaired skin/tissue integrity were partially resolved.

The conclusions of the authors were real about the nursing care of the mother's tumor case in Ny. D with disorders of comfort . Suggestions for practice fields are expected that nurses carry out nursing care comprehensively and professionally.

Keywords : Nursing Care, Breast tumor, Safe and Comfortable Disorders
Reading source: 20 (1997-2018)