

POLITEKNIK KESEHATAN TANJUNGPURING
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Juni 2021
Fara Evilinda

Asuhan Keperawatan Pasien Dengan Gangguan Rasa Aman Nyaman Pada Kasus Post Partum Spontan Terhadap Ny. F di Ruang Kebidanan RSUD Handayani Kotabumi Lampung Utara, 11-13 Maret 2021

xv + 65 halaman, 6 tabel, 2 gambar

RINGKASAN

Persalinan merupakan proses membuka dan menipisnya serviks dan janin turun kedalam jalan lahir. Persalinan dan kelahiran normal adalah proses pengeluaran janin yang terjadi pada kehamilan cukup bulan (37-42 minggu), lahir spontan dengan presentasi kepala, tanpa komplikasi baik ibu maupun janin (Sukarni & Wahyu, 2013).

Tujuan penulisan laporan tugas akhir ini adalah menggambarkan tentang pelaksanaan Asuhan Keperawatan Pasien Dengan Gangguan Rasa Aman Nyaman pada Kasus Post Partum Spontan Terhadap Ny. F di Ruang Kebidanan RSUD Handayani Kotabumi Lampung Utara, 11-13 Maret 2021. Data yang didapatkan saat pengkajian: Pasien mengatakan nyeri pada luka jahitan post partum spontan, Nyeri karena luka jahit pada perineum derajat 3, Nyeri seperti ditusuk-tusuk, Skala nyeri 7 (0-10), Nyeri hilang timbul, nyeri timbul disaat beraktivitas dan nyeri reda saat beristirahat, Pasien mengatakan lesu, Pasien mengatakan badannya terasa lemas, Pasien mengatakan lemah, Pasien mengeluh sulit tidur, Pasien mengatakan nyeri saat buang air kecil, Pasien mengatakan tidak mampu mandi /berhias secara mandiri, Pasien mengatakan puting masuk ke dalam dan payudara tampak kencang dan bengkak, Pasien mengatakan payudaranya terasa nyeri ketika disentuh, Pasien mengatakan payudara belum terisi ASI, Kesadaran pasien compos, Tanda-tanda vital: TD: 110/70 mmHg, Nadi: 80 x/menit, RR: 19 x/menit, Suhu: 36,5 °C

Diagnosa keperawatan yang muncul pada pasien yaitu: Ketidaknyamanan pasca partum berhubungan dengan trauma perineum selama persalinan dan kelahiran, Menyusui tidak efektif berhubungan dengan kurang pengetahuan ibu, terhentinya proses menyusui, Defisit perawatan diri: mandi, kebersihan diri, makan, toileting berhubungan dengan kelelahan post partum. Rencana dan implementasi yang ditegakan Dengan SLKI: Status Kenyamanan Pasca Partum (L.07061), Status Menyusui (L.03029), Perawatan Diri (L.11103), dan SIKI: Manajemen Nyeri (I.08238), Edukasi Menyusui (I.12393), Dukungan Perawatan Diri (I.11352). Implementasi dilakukan sesuai dengan label yang dipilih pada teori tetapi ada yang ditambahkan atau dihilangkan setiap harinya sesuai perkembangan klien. Evaluasi keperawatan dilaksanakan setiap hari sesuai teori proses keperawatan dan dapat disimpulkan bahwa 2 diagnosa teratasi. Dan 1 diagnosa teratasi sebagian

Simpulan dari laporan ini bahwa tidak semua teori proses keperawatan pneumonia sesuai dengan kondisi klien, karena disesuaikan dengan kondisi dan kebutuhan klien. Saran diharapkan menjadi bahan masukan dalam pelaksanaan asuhan keperawatan di RSUD Handayani dan menambah literatur kepustakaan bagi mahasiswa Poltekkes Program Studi Keperawatan Kotabumi

Kata Kunci : Asuhan Keperawatan Post Partum Spontan, Nyeri
Sumber Bacaan : 12 (2008-2019)

TANJUNGPURBA HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY
Final Project Report, June 2021
Fara Evilinda

Nursing Care of Patients with Disturbed Sense of Safety in the Case of Spontaneous Post Partum Against Ny. F in the Midwifery Room at Handayani General Hospital, Kotabumi, North Lampung, 11-13 March 2021

xv + 65 pages, 6 tables, 2 pictures

ABSTRACT

Labor is the process of opening and thinning the cervix and the fetus descending into the birth canal. Normal delivery and birth is the process of expulsion of the fetus that occurs at term (37-42 weeks), born spontaneously with head presentation, without complications for both mother and fetus (Sukarni & Wahyu, 2013).

The purpose of writing this final report is to describe the implementation of nursing care for patients with impaired sense of security and comfort in the case of Spontaneous Post Partum Against Ny. F in the Obstetrics Room at Handayani General Hospital, Kotabumi, North Lampung, March 11-13, 2021. Data obtained during the assessment: The patient stated that the pain was spontaneous in post partum sutures, Pain due to stitches in the perineum grade 3, Pain as if being stabbed, Pain scale 7 (0-10), Pain comes and goes, pain occurs during activities and the pain subsides when resting, Patient says lethargic, Patient says his body feels weak, Patient says weak, Patient complains of difficulty sleeping, Patient says pain when urinating, Patient says no able to bathe/decorate independently, the patient says that the nipple goes in and the breast looks tight and swollen, the patient says that his breast feels painful to the touch, the patient says the breast has not been filled with milk, the patient's consciousness is compos, Vital signs: BP: 110/70 mmHg , Pulse: 80 x/minute, RR: 19 x/minute, Temperature: 36.5 oC

Nursing diagnoses that arise in the patient are: Post partum discomfort related to perineal trauma during labor and birth, Ineffective breastfeeding related to lack of mother's knowledge, cessation of breastfeeding, Self-care deficit: bathing, personal hygiene, eating, toileting related to post partum fatigue . Plan and implementation enforced with SLKI: Post-partum Comfort Status (L.07061), Breastfeeding Status (L.03029), Self Care (L.11103), and SIKI: Pain Management (I.08238), Breastfeeding Education (I. 12393), Self-Care Support (I.11352). Implementation is carried out according to the label chosen in the theory but some are added or removed every day according to the client's development. Nursing evaluations are carried out every day according to the theory of the nursing process and it can be concluded that 2 diagnoses were resolved. And 1 diagnosis partially resolved

The conclusion from this report is that not all theories of the pneumonia nursing process are in accordance with the client's condition, because it is adapted to the client's conditions and needs. Suggestions are expected to be input in the implementation of nursing care at Handayani Hospital and add to the literature for students of Health Polytechnic Nursing Study Program Kotabumi

Keywords: Spontaneous Post Partum Nursing Care, Pain

Reading Source : 12 (2008-2019)