

**POLITEKNIK KESEHATAN TANJUNGKARANG  
PRODI KEPERAWATAN KOTABUMI  
Laporan Tugas Akhir, Juni 2021**

Refika Risqi Amanda,  
Asuhan Keperawatan Dengan Gangguan Kebutuhan Oksigenasi pada Kasus Asma Bronkial Terhadap An.K di Ruang anak RS Handayani Kotabumi Lampung Utara Tanggal 08-10 Maret 2021  
xv+46 hal, 5 tabel, 1 gambar

## **RINGKASAN**

Data Kementerian Kesehatan tahun 2018, memperkirakan jumlah klien asma di Indonesia mencapai 2,5% dari jumlah penduduk untuk Provinsi Lampung berkisar antara 1,6%. Berdasarkan data pasien rawat inap di Ruang Anak RS Handayani Kotabumi Lampung Utara menunjukkan penderita dengan asma terdapat 8 kasus. Rumusan Masalah Laporan bagaimana Asuhan Keperawatan An.K pada penyakit Asma Bronkial dengan gangguan oksigenasi.

Tujuan penulisan laporan tugas akhir ini mengetahui gambaran pelaksanaan asuhan keperawatan An. K pada penyakit Asma Bronkial dengan gangguan oksigenasi di ruang anak RS Handayani pada tahun 2021

Yang didapatkan pada Pengkajian An, K sesak dan batuk yang disertai dahak, aktivitas anak terganggu karena sesaknya dan mengeluh sulit tidur. Diagnosa yang ditegakkan Bersihan Jalan Nafas Tidak Efektif, Intoleransi Aktivitas, Gangguan Pola Tidur, Rencana Keperawatan SLKI Bersihan Jalan Nafas (L.01001), Kontrol gejala (L.14127) dan SIKI Latihan Batuk Efektif (I.01006), Pola Tidur (L.050045) Dukungan Tidur (I.05174), Toleransi Aktivitas (L.05047) Manajemen Energi (I.05178). Implementasi dilakukan sesuai label yang dipilih. Evaluasi yang didapat tiga diagnosa keperawatan semua dapat teratasi.

Kesimpulan dari LTA ini tidak semua teori proses keperawatan sesuai dengan kondisi pasien. Saran dari laporan ini diharapkan pihak rumah sakit untuk lebih meningkatkan mutu pelayanan dengan memberikan asuhan keperawatan yang berkualitas

Kata Kunci : Asuhan Keperawatan, Asma Bronkial, Oksigenasi  
Sumber bacaan 13 (2012-2021)

TANJUNG KARANG HEALTH POLYTECHNIC  
KOTABUMI NURSING PRODUCTS  
Final Project Report, June 2021  
Refika Risqi Amanda

Nursing Care of Patients with Disorders of Oxyxygen Needs in Cases of Bronchial Asthma Against An. K in Children's Room Handayani Kotabumi hospital North Lampung, 8-10 March 2021  
xv+46 page, 5 tables, 1 picture

## **ABSTRACT**

The death rate from asthma in Indonesia occupies 24,773 people or about 1,77% in Yogyakarta was ranked first among the most asthma sufferers, with 4.5% of the total population while the prevalence of asthma in East Kalimantan was 4% Bali 3.9% and Lampung Province ranged between 1.6%. Ministry of Health (2018)

The purpose of this final report is knowing the implementation of An. K nursing care in bronchial asthma with oxyxygenation.

The purpose of this final report is to find out the description of the implementation of An. K nursing care in bronchial asthma with oxyxygenation disorders in the space child of Handayani in 2021

The discussion includes: assessment that contains complaints of illness in An. K tightness and cough with sputum, the child's activity is disrupted because of his tightness and complaining of difficulty sleeping. Nursing diagnosis in theory not all appear as adjusted by the current data assessment in children. Appropriate diagnosis i.e Ineffective Airway Clearance, Intolerance Activities, Disorders Sleep Patterns. Plans with the implementation of SLKI, Roadway clearance, symptom control, Sleep Patterns, Activity Tolerance and SIKI, Effective Cough Exercises, Asthma Management, Sleep Support, Energy Management. Implementation can be done all according to the chosen furniture. Evaluation on diagnosis Ineffective Airway Clearance, Intolerance Activities, Disorders Sleep Patterns can be resolved.

The conclusion from this LTA is that not all theories of the nursing process match the patient's condition. Suggestions from this report are expected by the writer to be more detailed in the study and provision of nursing care and add to the literature for the students of the Kotabumi Nursing Study Polytechnic

Keywords : Bronchial Asthma Nursing, Disorders Needs Oxyxygenation  
Reading Resources: 13 (2012 -2021)