

POLITEKNIK KESEHATAN TANJUNGPURING  
PRODI KEPERAWATAN KOTABUMI  
Laporan Tugas Akhir, Mei 2021

Leny Atika Putri,

Asuhan Keperawatan Kasus pada Ny.S dengan Gangguan Rasa Aman Nyaman Pada Kasus *Post Op Abses Mandibula* Terhadap Ny.S di Ruang 305 Lantai 3 RSUD Handayani Kotabumi Lampung Utara Tanggal 09 – 11 Maret 2021

### RINGKASAN

Menurut *World Health Organization* (WHO) di 55 rumah sakit pada 14 negara diseluruh dunia, menunjukkan 8,7% pasien rumah sakit menderita infeksi abses mandibula, sedangkan dinegara berkembang terdapat lebih dari 40% pasien teresang infeksi (Kemenkes RI, 2013).

Hasil penelitian di Indonesia penderita *abses* leher terbanyak kelompok umur 46-60 tahun (31,70%). *Abses mandibula* menempati urutan tertinggi dari seluruh kasus abses. Dalam 70-85 kasus yang disebabkan oleh infeksi gigi merupakan kasus terbanyak (Novialdy & Asyari, 2011).

Tujuan penulisan laporan tugas akhir ini memberikan gambaran Asuhan Keperawatan Pasien Pada Kasus *Post Op Mandibula* dengan Gangguan Nyeri Akut tentang pengkajian, diagnosa, rencana, implementasi, dan evaluasi terhadap Ny. S diruang 305 lantai 3 RSUD Handayani Kotabumi Lampung Utara.

Saat dilakukan pengkajian riwayat kesehatan pasien didapatkan keluhan yang paling dirasakan klien yaitu mengeluh nyeri pada luka operasi dirahang bawah, klien mengatakan kesulitan menelan. Diagnosa Keperawatan yang muncul adalah nyeri akut, defisit nutrisi, dan resiko infeksi. adapun SLKI yaitu tingkat nyeri, status nutrisi, integritas kulit dan jaringan serta SIKI manajemen nyeri, manajemen nutrisi, dan pencegahan infeksi.

Kesimpulan dan saran dari penulis bahwa diagnosa keperawatan pada Ny.S adalah nyeri akut. Diharapkan laporan ini dapat dijadikan referensi untuk asuhan keperawatan dan menambah literatur Prodi Keperawatan Kotabumi, dan untuk RSUD Handayani untuk meningkatkan pelayanan keperawatan pada klien abses mandibula.

Kata kunci :Asuhan Keperawatan, Post Op Mandibula, Gangguan Aman Nyaman: Nyeri Akut  
Daftar bacaan : 19 (2000-2019)

POLITECHNIC OF HEALTH TANJUNG KARANG  
KOTABUMI NURSING PRODUCTS  
Final Project Report, May 2021

Leny Atika Putri,

Case Nursing Care for Ms. S with disturbed sense of comfort, acute pain in the postoperative case of Mandibular abscess against Mrs. S in room 305, 3rd floor of Handayani Hospital, Kotabumi North Lampung, 09 to 11 March 2021.

**ABSTRACT**

According to the World Health Organization in 55 hospitals in 14 countries around the world, 8,7% of hospital patients suffer from mandibular abscess infections, while in developing countries there are more than 40% of patients with infections (Kemenkes RI, 2013)

The results of research in Indonesia that most patients with mandibular abscess are in the age group 46 to 60 years (31,70%). Mandibular abscess occupies the highest order of all abscess cases in 70 to 85 cases caused by dental infection is the most cases

The purpose of writing this final report is to provide an overview of nursing care for patients in cases of post-mandibular surgery with acute pain disorders regarding the diagnostic assessment of implementation and evaluation plans in room 305, 3<sup>rd</sup> floor of the Handayani General Hospital, Kotabumi, North Lampung, Lampung.

When examining the patient's medical history, it was found that the client's most felt complaint was complaining of pain in the surgical wound in the lower jaw, another said difficulty swallowing. Nursing diagnoses that appear are acute pain in sleep patterns and the risk of infection, namely the level of pain in sleep patterns, skin and tissue integrity and pain management, sleep support and infection prevention.

The conclusion from the authors that the nursing diagnosis in Mrs. S is acute pain. It is hoped that this report can be used as a reference for nursing care and add to the literature of Kotabumi Nursing Study Program, and Handayani Hospital is expected to improve nursing services for clients with mandibular abscesses.

Key words :Nursing care, mandibular post surgery, safe comfortable disturbance, acute pain

Reading list : 19 (2000-2019)