

POLITEKNIK KESEHATAN TANJUNG KARANG
PROGRAM STUDI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, 08 Juni 2021
Repi Liyanti

Asuhan Keperawatan dengan Gangguan Kebutuhan Rasa Aman Nyaman Pada Kasus Post Op Kista Ovarium Terhadap Ny.H di Ruang Kebidanan RS Handayani Kotabumi Lampung Utara Tanggal 11- 12 Maret 2021

xvi + 47 Halaman, 5 Tabel, 3 Gambar, 5 Lampiran

RINGKASAN

Menurut WHO Kista Ovarium merupakan penyebab kematian utama pada kasus keganasan. Kista Ovarium juga merupakan kanker kelima penyebab kematian setelah kanker paru, payudara, dan pankreas. Angka insiden dibawah 50 sebanyak 5,3% meningkat menjadi 4,1 % pada wanita diatas 50 tahun. Dari hasil pengumpulan data RS Handayani Kotabumi Lampung Utara pada tahun 2020 mencapai 15 kasus yang menderita penyakit kista Ovarium, dan pada tahun ini Kista Ovarium dengan jumlah 4 kasus dari Januari-Maret 2021 di RS Handayani Kotabumi Lampung Utara. Adapun tujuan laporan tugas akhir ini memberikan gambaran Asuhan Keperawatan dengan Gangguan Kebutuhan Rasa Aman Nyaman Pada Kasus Post Op Kista Ovarium Terhadap Ny.H di Ruang Kebidanan RS Handayani Kotabumi Lampung Utara.

Data yang ditemukan pada saat pengkajian yaitu, terdapat luka sayatan operasi, klien mengatakan nyeri dibagian luka operasi, sulit melakukan aktifitas ditempat tidur, kaki klien sulit digerakkan. Diagnosa yang ditegakkan nyeri akut, gangguan mobilitas fisik, Risiko infeksi, rencana keperawatan menggunakan label SLKI dan SIKI. Implimentasi yang diterapkan pada pasien post operasi kista ovarium sudah menggunakan label SIKI. Pada tahap evaluasi diagnosa nyeri akut tujuan tercapai sebagian, gangguan mobilitas fisik tujuan tercapai sedangkan untuk diagnosa untuk risiko infeksi tujuan tercapai sebagian.

Simpulan pada Laporan Tugas Akhir ini adalah asuhan keperawatan pada pasien Post operasi Kista Ovarium sudah tercapai sesuai dengan tahapan-tahapan asuhan keperawatan yaitu, pengkajian. Diagnosa keperawatan, rencana keperawatan, implimentasi dan evaluasi keperawatan. Saran bagi RS Handayan Perawat dalam melaksanakan tugas juga perlu memperhatikan kebutuhan klien secara komprehensif dengan menyusun rencana tindakan meliputi Observasi, Teraupetik, Edukasi dan kolaborasi.

Kata kunci : Asuhan Keperawatan Post Op Kista Ovarium
Sumber Bacaan :15 (2005-2020)

**TANJUNG KARANG HEALTH POLYTECHNIC
KOTABUMI NURSING PROGRAM STUDY PROGRAM**

*Final Project Report, 08 June 2021
Repi Liyanti*

Nursing Care with Disturbance in the Need for Safety and comfort in the Post Op Case of Ovarian Cyst Against mrs H in the Obstetrics Room at Handayani Hospital, Kotabumi, North Lampung, March 11-12, 2021.

xvi + 47 Page, 5 Table, 3 Picture, 5 Attachment

Abstrak

According to WHO Ovarian cyst is the leading cause of death in cases of malignancy. Ovarian cysts are also the fifth leading cause of cancer death after lung, breast, and pancreatic cancer. The incidence rate below 50 was 5,3%, increasing to 4,1 in women over 50 years. Data collection at Handayani Hospital Kotabumi, North Lampung in 2020 reached 15 cases suffering from ovarian cyst disease, and this year Ovarian Cyst with a total of 4 cases from January-March 2021 at Handayani Hospital Kotabumi North Lampung. The purpose of this final report is to provide an overview of nursing care. With Disturbance in the need for safety and Comfort in midwifery, Handayani Hospital, Kotabumi, North Lampung from the results of the Post Op Case of Ovarian Cyst Against Mrs. H in the room midwifery Handayani Hospital Kotabumi, North Lampung.

The data found at the time of the assessment, namely, there were surgical incisions the client said pain in the surgical wound, it was difficult to do activities in bed, the client's legs were difficult to move, the diagnosis was enforced by acute pain, impaired physical mobility, risk of infection, nursing plans using SLKI and SIKI labels the implantation applied to post operative ovarian cyst patients already uses the SIKI label. In the evaluation stage of the diagnosis of acute pain, the goal was partially achieved, the goal for impaired physical mobility was achieved, while for the diagnosis for risk of infection the goal was partially achieved.

The conclusion in this final report is that nursing care in postoperative patients with ovarian cysts has been completed according to the stages of nursing care, namely, assessment. Nursing diagnosis, nursing plan, nursing implementation and evaluation. Suggestions for Handayan Hospital Nurses in carrying out their duties also need to pay attention to the needs that are prepared by compiling an action plan including observation, therapy, education and collaboration.

*Key words : Post Op Nursing Care For Ovarian Cysts
Reading Source: 15 (2005-2020)*