

POLITEKNIK KESEHATAN TANJUNG KARANG
PRODI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, Juni 2021

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Asuhan Keperawatan Pasien Dengan gangguan kebutuhan keamanan dan proteksi pada kasus *ulkus diabetikum* terhadap Tn.S di Ruang Bedah RSD. Mayjend. HM. Ryacudu, Kotabumi, Lampung Utara. Tanggal 11-13 Maret 2021.

RINGKASAN

Kejadian *Diabetes militus* dari tahun ke tahun di dunia selalu meningkat, menurut (WHO, 2015) jumlah pasien *diabetes militus* di seluruh dunia per-regional di tahun 2015 dan 2040 pada usia 20-79 tahun. Di tahun 2015 jumlah pasien *diabetes militus* sebanyak 415 juta terdapat pada orang dewasa dengan persentase 8,5 % . Di Indonesia, prevalensi diabetes di Indonesia mengalami peningkatan dari presentase 5,7% pada 2007 menjadi presentase 6,9% atau sekitar 9,1 juta jiwa pada 2013. Data terbaru di *International Diabetes Federation*(IDF) Atlas tahun 2017 menunjukkan diwilayah Indonesia menduduki peringkat ke-6 dunia dengan jumlah diabetesi sebanyak 10,3 juta jiwa (Kemenkes,2018)

Tujuan umum penulisan ini adalah diketahuinya gambaran asuhan keperawatan kasus *Ulkus Diabetikum* pada Tn.S dengan masalah keperawatan gangguan keamanan dan proteksi di ruang bedah RSD Mayjend HM.Ryacudu Kotabumi Lampung Utara.

Diagnosa yang muncul yaitu Gangguan integritas kulit/jaringan berhubungan dengan *nekrosis* luka *ulkus* ditandai dengan kerusakan kulit/jaringan,kemerahan Nyeri akut berhubungan dengan Agen pencedera fisiologis (inflamasi dan iskemi) ditandai dengan pasien mengeluh nyeri,tampak meringis Ketidakstabilan kadar glukosa darah berhubungan dengan Gangguan toleransi glukosa darah ditandai dengan pasien lelah dan lesu.

Implementasi dan evaluasi dilakukan tiga hari perawatan.

Kesimpulan dan saran diharapkan dapat meningkat kepuasan dengan memberikan asuhan keperawatan yang dilakukan dengan tepat.

Kata Kunci : Asuhan Keperawatan *ulkus diabetikum*

Sumber Bacaan : 19 (2000-2020)

TANJUNG KA HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY

Final Assignment Report, June 2021

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Nursing care of patients with impaired safety and protection needs in cases of diabetic ulcers against Tn.S in the operating room of the RSD. Mayjend. HM. Ryacudu, Kotabumi, North Lampung. 11-13 March 2021

ABSTRACK

The incidence of diabetes mellitus from year to year in the world is always increasing, according to (WHO, 2015) the number of diabetes mellitus patients worldwide per region in 2015 and 2040 at the age of 20-79 years. In 2015 the number of diabetes mellitus patients was 415 million adults with a percentage of 8.5%. In Indonesia, the prevalence of diabetes in Indonesia has increased from a percentage of 5.7% in 2007 to a percentage of 6.9% or around 9.1 million people in 2013. The latest data in the International Diabetes Federation (IDF) Atlas in 2017 shows that in the Indonesian region it is ranked as 6th in the world with 10.3 million people with diabetes (Ministry of Health, 2018)

The general purpose of this paper is to know the description of nursing care in cases of Diabetic Ulcers in Tn.S with nursing problems of security and protection disorders in the operating room of the MayjendHM.Ryacudu Hospital, Kotabumi, North Lampung.

The diagnosis that appears is Impaired skin/tissue integrity related to ulcer wound necrosis characterized by skin/tissue damage, redness Acute pain associated with physiological injury agents (inflammation and ischemia) characterized by the patient complaining of pain, looks grimace Instability of blood glucose levels related to impaired tolerance Blood glucose is characterized by the patient being tired and lethargic.

Implementation and evaluation were carried out for three days of treatment.

Conclusions and suggestions are expected to increase satisfaction by providing nursing care that is carried out appropriately.

Keywords: Nursing care of patients with impaired safety and protection needs in cases of diabetic ulcers

Reading Resources: (2000-2020)