

POLITEKNIK KESEHATAN TANJUNGGKARANG  
PRODI KEPERAWATAN KOTABUMI  
Laporan Tugas Akhir, 9 Maret 2022

Ade Rosalina Safitri

Asuhan Keperawatan Pneumonia pada Tn.B dengan Gangguan Oksigenasi di Ruang Fresia Lantai 3 RSUD Handayani Kotabumi Lampung Utara

Tanggal 9 – 11 Maret 2022.

Xv+ 80 halaman, 8 tabel, 2 bagan

### RINGKASAN

*Pneumonia* adalah salah satu penyakit infeksi saluran pernafasan bawah akut (ISNBA) dengan gejala batuk dan disertai dengan sesak nafas yang disebabkan agen infeksius seperti virus, bakteri, *mycoplasma* (fungi), dan aspirasi substansi asing, berupa radang paru-paru yang disertai eksudasi dan konsolidasi. Berdasarkan RISKESDAS 2018, Prevalensi pengidap *Pneumonia* berdasarkan diagnosis tenaga kesehatan (Nakes) di Indonesia tahun 2013 mencapai 1,6%, sedangkan pada tahun 2018 meningkat menjadi 2,0%. sejak tahun 2013 dan 2018 penyakit *Pneumonia* mengalami peningkatan sebanyak 0,4% .

Tujuan penulisan ini yaitu penulis mampu menggambarkan Asuhan Keperawatan *Pneumonia* pada Tn. B dengan Gangguan Oksigenasi di Ruang Fresia Lantai 3 RSUD Handayani Kotabumi Lampung Utara Tanggal 9 – 11 Maret 2022.

Hasil pengkajian pada kasus ini didapatkan data yaitu Tn. B mengalami sesak nafas, batuk berdahak dan sulit mengeluarkan dahak, terdapat ronkhi, mual, tidak nafsu makan, Berat badan menurun 10% dari rentang ideal dan pengkajian istirahat.

Diagnosa keperawatan sesuai dengan yang penulis terapkan yaitu Bersihan Jalan Napas Tidak Efektif, Defisit Nutrisi, Gangguan Pola Tidur.

Rencana Keperawatan dibuat sesuai dengan teori, SLKI – SIKI dan SDKI (2017) melalui pemilihan label sesuai diagnosa.

Implementasi dilakukan sesuai dengan label yang dipilih pada teori tetapi ada yang ditambah atau dihilangkan setiap harinya sesuai perkembangan.

Evaluasi Keperawatan dilaksanakan setiap hari sesuai dengan teori proses keperawatan dan dapat disimpulkan bahwa satu diagnosis masalah dapat teratasi dan dua diagnosis masalah teratasi sebagian. Simpulan tiga diagnosa sesuai teori : Bersihan Jalan Napas Tidak Efektif, Defisit Nutrisi, Gangguan Pola Tidur didapatkan saat pengkajian. Saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan Asuhan Keperawatan bagi perawat di ruang Fresia lantai 3 RSUD Handayani Kotabumi Lampung Utara.

Kata Kunci : Asuhan Keperawatan, *Pneumonia*, Oksigenasi

Daftar bacaan : 21 (2009 – 2021)

POLYTECHNIC OF HEALTH TANJUNGPUR  
KOTABUMI NURSING PRODUCTS

Project Report, 9 March 2022

Ade Rosalina Safitri

Pneumonia Nursing Care for Mr. B with Oxygenation Disorders in Fresia Room,  
3<sup>rd</sup> Floor Handayani Hospital Kotabumi, North Lampung 9 - 11 March 2022.

Xv + 80 pages, 8 Tables, 2 Chart

ABSTRACT

Pneumonia is an acute lower respiratory tract infection (ISNBA) with symptoms of cough and shortness of breath caused by infectious agents such as viruses, bacteria, mycoplasma (fungi), and aspiration of foreign substances, in the form of pneumonia accompanied by exudation and consolidation. . Based on RISKESDAS 2018, the prevalence of people with pneumonia based on the diagnosis of health workers (Nakes) in Indonesia in 2013 reached 1.6%, while in 2018 it increased to 2.0%. So from 2013 and 2018 Pneumonia has increased by 0.4%.

The purpose of this paper is that the author is able to describe the Pneumonia Nursing Care of Mr. B with impaired oxygenation in the Fresia Room, 3rd floor, Handayani General Hospital, Kotabumi, North Lampung, March 9 – 11, 2022.

The results of the study in this case obtained data, namely Mr. B experiencing shortness of breath, coughing up phlegm and difficulty expelling phlegm, there are crackles, nausea, no appetite, weight loss 10% of the ideal range and a rest assessment.

Nursing diagnoses according to what the authors apply are Ineffective Airway Clearing, Nutritional Deficits, Sleep Pattern Disorders.

Nursing plans are made according to the theory, SLKI – SIKI and IDHS (2017) through the selection of labels according to the diagnosis. Implementation is carried out according to the label chosen in the theory but some are added or removed every day according to developments.

Nursing evaluations are carried out every day according to the theory of the nursing process and it can be concluded that one problem diagnosis can be resolved and two problem diagnoses are partially resolved. The conclusions of the three diagnoses according to the theory: Ineffective Airway Clearing, Nutritional Deficit, Sleep Pattern Disorders were obtained during the assessment. Suggestions from this report are expected to be taken into consideration in the implementation of nursing care for nurses in the Fresia room on the 3rd floor of the Handayani General Hospital, Kotabumi, North Lampung.

Keywords : Nursing Care, Pneumonia, Oxygenation

Reading sources : 21 (2009 – 2021)