

POLITEKNIK KESEHATAN ANJUNGGARANG
PRODI KEPERAWATAN KOTABUMI
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Asuhan Keperawatan Pasien Dengan Gangguan Sirkulasi Pada Kasus Anemia Terhadap Ny. R Di Ruang Fresia Lantai 3 RSUD Handayani Kotabumi Kabupaten Lampung Utara Tanggal 11-13 Maret 2021

vxii + 65 Halaman, 7 Tabel

RINGKASAN

Anemia merupakan kondisi ketika jumlah sel darah merah yang berfungsi membawa oksigen mengalami penurunan untuk memenuhi kebutuhan fisiologis tubuh. Kebutuhan fisiologis spesifik bervariasi pada manusia dan bergantung pada usia, jenis kelamin, dan tahap ketinggian tempat tinggal dari permukaan laut. Berdasarkan laporan tahunan RSUD Handayani Kotabumi Lampung Utara pada tahun 2020-2021, *Anemia* merupakan urutan 1 dari 10 penyakit terbanyak di Lantai III Ruang Fresia.

Tujuan penulisan laporan tugas akhir ini penulis menggambarkan Asuhan Keperawatan pada klien dengan Anemia secara komprehensif dan sesuai dengan teori, Hb: 7.0gr/dl dan CRT > 3 detik, serta kulit tampak pucat yang terjadi pada kasus ini memunculkan diagnose keperawatan berdasarkan teori dan berdasarkan SDKI, SIKI, dan SLKI, Implementasi dilakukan sesuai label yang dipilih pada rencana keperawatan berdasarkan kondisi klien, Evaluasi dilakukan setiap hari berdasarkan implementasi.

Dari hasil pengkajian pada kasus ini di dapatkan klien mengalami gangguan sirkulasi. Data-data ini menuju pada diagnosa seperti perfusi perifer tidak efektif, defisit nutrisi, dan intoleransi aktivitas, yang dapat dilakukan perencanaan dan tindakan keperawatan seperti SLKI: Perfusi Perifer, Status Nutrisi, Toleransi Aktivitas dan SIKI: Perawatan Sirkulasi, Manajemen Nutrisi, Manajemen Energi. Implementasi yang dilakukan adalah melakukan penilaian pada sirkulasi perifer (CRT), memonitor masuknya cairan intravena, memantau tanda-tanda vital, memonitor asupan makanan klien. Evaluasi dari ketiga diagnosa, dari ketiga diagnosa tersebut belum ada diagnose yang bisa teratasi

Simpulan dalam laporan ini adalah pengkajian sesuai dengan teori, SDKI, SIKI, dan SLKI, sesuai dengan implementasi masalah keperawatan ketiga diagnose belum bisa teratasi. Saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan asuhan keperawatan bagi pasien dengan gangguan sirkulasi dan menambah literatur kepustakaan bagi mahasiswa/i Poltekkes Program studi Keperawatan Kotabumi.

Kata Kunci : asuhan keperawatan, *anemia*, sirkulasi

Sumber Bacaan : 11 (2002 – 2018)

*TANJUNG KARANG HEALTH
POLYTECHNIC KOTABUMI NURSING STUDY PROGRAM
Final Project Report, March 2021*

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Nursing Care for patients with Circulatory Disorders in Cases of Anemia against Ny. R in freesia room, 3rd Floor of RSU Handayani Kotabumi, North Lampung Regency, March 11-13, 2021

vxii + 65 pages, 7 Table

ABSTRACT

Anemia is a condition when the number of red blood cells that carry oxygen has decreased to meet the body's physiological needs. Specific physiological needs vary from person to person and depend on age, sex, and the level of residence above sea level. Based on the annual report of the Handayani Hospital, Kotabumi, North Lampung for 2020-2021, Anemia is the number 1 of the 10 most diseases on the Third Floor of the Fresia Room.

The purpose of writing this final report is the author to describe nursing care in clients with anemia in a comprehensive manner and in accordance with the theory, Hb: 7.0gr / dl and CRT > 3 seconds, and pale skin that occurs in this case gives rise to a nursing diagnosis based on theory and based on the IDHS. , SIKI, and SLKI, Implementation is carried out according to the label selected in the nursing plan based on the client's condition. Evaluation is carried out every day based on implementation.

From the results of the study in this case, it was found that the client had circulatory disorders. These data lead to diagnoses such as ineffective peripheral perfusion, nutritional deficits, and activity intolerance, which can be carried out by nursing planning and actions such as SLKI: Peripheral Perfusion, Nutritional Status, Activity Tolerance and SIKI: Circulatory Care, Nutrition Management, Energy Management. The implementation is carried out by assessing the peripheral circulation (CRT), monitoring the entry of intravenous fluids, monitoring vital signs, minimizing the client's food intake. Evaluation of the three diagnoses, of the three diagnoses, there is no diagnosis that can be resolved

The conclusion in this report is that the assessment is in accordance with the theory, SDKI, SIKI, and SLKI, according to the implementation of nursing problems, the three diagnoses have not been resolved. Suggestions from this report are expected to be taken into consideration in the implementation of nursing care for patients with circulatory disorders and add to the literature literature for students of the Poltekkes Nursing Study Program in Kotabumi.

Keywords: *nursing care, anemia, circulation*

Reading sources : 11 (2002 – 2018)