

**POLITEKNIK KESEHATAN TANJUNG KARANG PRODI KEPERAWATAN
KOTABUMI**

Fritz Dimas Christian,

Laporan Tugas Akhir, Juni 2020

Asuhan Keperawatan Gangguan Penurunan Kesadaran Pada Kasus Cedera Kepala Berat Terhadap Tn. R Di IGD RSUD Ahmad Yani Kota Metro, Tanggal 8 April 2021

xvii + 46 halaman, 7 tabel, dan gambar

RINGKASAN

Cidera kepala adalah suatu gangguan traumatis dari fungsi otak yang disertai atau tanpa disertai perdarahan interstisial dalam substansi otak tanpa diikuti terputusnya kontinuitas otak. Cidera kepala biasanya diakibatkan oleh salah satu benturan atau kecelakaan, sedangkan akibat dari terjadinya cidera kepala paling fatal adalah kematian (Mutaqin Arif, 2011). Hasil Riskesdas (2018) di kota Metro, pada cedera kepala terdapat 12,12%, cedera dada 3,57%, cedera punggung 2,48%, cedera perut 1,00%, cedera anggota gerak atas 38,21%, cedera anggota gerak bawah 75,23%, dengan jumlah 51 jiwa.

Rumusan masalah pada laporan tugas akhir ini adalah bagaimanakah asuhan keperawatan gangguan penurunan kesadaran pada kasus cidera kepala berat terhadap Tn. R di IGD RSUD Ahmad Yani Kota Metro?

Laporan tugas akhir ini bertujuan memberikan gambaran tentang asuhan keperawatan pada Tn. R dengan Cedera Kepala Berat secara komprehensif dengan menggunakan pendekatan proses keperawatan.

Data pengkajian yaitu klien tidak sadar setelah mengalami kecelakaan sepeda motor, terdapat luka di kepala dan pelipis kiri. Klien hanya bisa mengerang dan membuka mata ketika diberikan rangsangan rasa sakit atau dicubit. Selanjutnya ditetapkan diagnosa keperawatan, resiko perfusi serebral tidak efektif, bersihan jalan napas tidak efektif, defisit nutrisi. Rencana keperawatan dengan label SLKI, perfusi serebral (L.02014), bersihan jalan napas (L.01001), status nutrisi (L.03030). Laber SIKI, manajemen peningkatan tekanan intrakranial (I.06194), Manajemen jalan napas (I.01011), Manajemen Nutrisi (I.03119). Implementasi dilakukan sesuai dengan label dan menyesuaikan perkembangan klien, pada tahap evaluasi dari tiga diagnosa utama semua belum teratasi.

Kata kunci : Asuhan keperawatan, cederakepala berat, gangguan oksigenasi
Daftar bacaan : 15 (2008-2020)

TANJUNG KARANG HEALTH POLYTECHNIC, KOTABUMI NURSING PROGRAM

Fritz Dimas Christian,

Final Project Report, June 2020

Nursing Care Of Awareness Lowering Disorders In The Case Of Severe Head Injury To Mr. R In The Er, RSUD Ahmad Yani, Metro City, April 8, 2021

xvii + 46 pages, 7 tables and a picture

ABSTRACT

Head injury is a traumatic disorder of brain function with or without interstitial bleeding in the brain substance without being followed by a break in the continuity of the brain. Head injuries are usually caused by a collision or accident, while the result of the most fatal head injury is death (Mutaqin Arif, 2011). The results of Riskesdas (2018) in the city of Metro, there are 12.12% of head injuries, 3.57% of chest injuries, 2.48% of back injuries, 1.00% of abdominal injuries, 38.21% of upper limb injuries, and limb injuries. motion below 75.23%, with a total of 51 people.

The formulation of the problem in this final report is how is emergency nursing care with decreased consciousness in cases of severe head injury to Mr. R in the ER at Ahmad Yani Hospital, Metro City?

This final report aims to provide an overview of nursing care to Mr. R with severe head injury comprehensively by using the nursing process approach.

The assessment data is that the client is unconscious after having a motorcycle accident, there are injuries to the head and left temple. Clients can only groan and open their eyes when given a painful stimulus or pinched. Furthermore, nursing diagnoses were determined, the risk of ineffective cerebral perfusion, ineffective airway clearance, nutritional deficits. Nursing plan with label SLKI, cerebral perfusion (L.02014), airway clearance (L.01001), nutritional status (L.03030). SIKI laber, management of increased intracranial pressure (I.06194), Airway management (I.01011), Nutritional management (I.03119). Implementation is carried out according to the label and adjusts to the client's development, at the evaluation stage of the three main diagnoses all have not been resolved.

Key words : Nursing care, severe head injury, impaired oxygenation

Reading list : 15 (2008-2020)