

POLITEKNIK KESEHATAN TANJUNGKARANG
PROGRAM STUDI TEKNOLOGI LABORATORIUM MEDIS
PROGRAM DIPLOMA TIGA
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**Gambaran Kadar Proteinuria Pada Ibu Hamil Di Puskesmas Batu Nangkop
Kecamatan Sungkai Tengah Kabupaten Lampung Utara Tahun 2020.**

xvi + 26 halaman, 4 tabel, 10 lampiran

ABSTRAK

Preeklampsia adalah kelainan multisistematik yang terjadi pada kehamilan ditandai dengan adanya hipertensi disertai proteinuria dan edema, yang biasanya terjadi pada usia kehamilan trimester ketiga. Proteinurian adalah protein yang ditemukan di dalam urin dengan jumlah di atas normal. Tujuan penelitian ini adalah untuk mengetahui persentase jumlah positif dan negatif proteinuria serta mengetahui trimester kehamilan yang rentan beresiko terjadi proteinuria. Jenis penelitian bersifat deskriptif. Variabel penelitian ini adalah proteinuria pada ibu hamil. Analisa data adalah univariat. Sampel yaitu ibu hamil yang memeriksakan proteinuria dengan kriteria sampel tidak adanya riwayat penyakit ginjal sebanyak 226 orang. Hasil penelitian didapatkan jumlah ibu hamil yang positif proteinuria 15 orang (6,7%) dan yang negatif 211 orang (93,3%). Persentase jumlah ibu hamil yang memeriksakan proteinuria berdasarkan usia kehamilan yang terdiri dari 111 orang trimester III dan 115 orang trimester II dengan hasil usia kehamilan trimester III sebanyak 9 orang (8,1%) dan trimester II sebanyak 6 orang (5,2%).

Kata Kunci : Preeklampsia, Proteinuria
Daftar Bacaan : 18 (2009-2020)

**TANJUNGKARANG HEALTH POLYTECHNIC
MEDICAL LABORATORY TECHNOLOGY STUDY PROGRAM
THREE DIPLOMA PROGRAM**

Final Project Report, June 2021

Nilanda Fhahira

Overview of Proteinuria Levels in Pregnant Women at Batu Nangkop Health Center, Sungkai Tengah District, North Lampung Regency in 2020.

xvi + 26 pages, 4 tables, 10 attachments

ABSTRACT

Preeclampsia is a multisystemic disorder that occurs in pregnancy characterized by hypertension accompanied by proteinuria and edema, which usually occurs in the third trimester of pregnancy. Proteinuria is protein found in the urine in amounts above normal. The purpose of this study was to determine the percentage of positive and negative proteinuria and to determine the trimester of pregnancy that is prone to proteinuria. This type of research is descriptive. The variable of this study was proteinuria in pregnant women. Data analysis is univariate. Samples were pregnant women who were examined for proteinuria with the sample criteria of not having a history of kidney disease as many as 226 people. The results showed that 15 pregnant women (6.7%) were positive for proteinuria and 211 were negative (93.3%). The percentage of pregnant women who checked for proteinuria based on gestational age consisted of 111 people in the third trimester and 115 people in the second trimester, with the result that the third trimester pregnancy was 9 people (8.1%) and the second trimester was 6 people (5.2%).

Keywords : Preeclampsia, Proteinuria

Reading List : 18 (2009-2020)