

POLITEKNIK KESEHATAN TANJUNGKARANG  
PRODI KEPERAWATAN KOTABUMI  
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Mitha Aulia Hasibuan

Asuhan Keperawatan Pasien dengan Gangguan Oksigenasi pada Kasus Pneumonia terhadap An.A Di Puskesmas Kotabumi Lampung Utara Tanggal 22-24 Maret 2021

Xii + 46 Halaman + 5 Tabel + 1 Gambar

### RINGKASAN

Pneumonia merupakan infeksi yang menyebabkan paru-paru meradang. Kantung-kantung kemampuan menyerap oksigen menjadi kurang (Misnadiarly, 2008). Berdasarkan data Riskesdas Tahun 2018 Di Provinsi Lampung jumlah anak yang terkena penyakit Pneumonia sebanyak 2.963, Pneumonia paling dominan terjadi di daerah Perdesaan yaitu sebanyak 2.096, Sedangkan di daerah Perkotaan sebanyak 867. Di Kabupaten Lampung Utara sendiri jumlah anak yang terkena penyakit pneumonia sebanyak 224 anak.

Tujuan penulisan Penulis mampu mengambarkan tentang Asuhan Keperawatan Pasien dengan Gangguan Oksigenasi pada Kasus Pneumonia Terhadap An.A Di Puskesmas Kotabumi II Lampung Utara.

Hasil pengkajian pada kasus ini didapatkan data yaitu An.A mengalami dispnea, batuk tidak efektif (tidak dapat mengeluarkan dahak secara maksimal, klien tampak kelelahan), sputum berlebih (kental, dan berwarna kehijauan), frekuensi napas berubah 28x/menit, pola napas berubah, tidak mampu batuk (batuk seperti tertahan) Diagnosa yang ditegakkan Bersihan Jalan Nafas Tidak Efektif, Gangguan Pola Tidur, Defisit Pengetahuan. SLKI Bersihan Jalan Napas, Pola Tidur, Tingkat pengetahuan. SIKI Manajemen Jalan Nafas, Dukungan tidur, Edukasi kesehatan. Setelah dilakukan tindakan keperawatan selama tiga hari, evaluasi masalah ketiga diagnosa tersebut beberapa dapat teratasi.

Simpulan tiga diagnosa sesuai teori : Bersihan Jalan Nafas Tidak Efektif, Gangguan Pola Tidur, Defisit Pengetahuan didapatkan saat pengkajian. Saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan Asuhan Keperawatan bagi perawat di Puskemas Kotabumi II Lampung Utara.

### Kata Kunci : Asuhan Keperawatan, Pneumonia, Oksigenasi

Sumber Bacaan : 15 (2007-2021)

TANJUNGKARANG HEALTH POLYTECHNIC OF NURSING PROGRAM  
KOTABUMI Athir's Duty Report, June 6, 2021

Mitha Aulia Hasibuan

Nursing Care of Patients with Oxygenation Disorders in Pneumonia Cases of An A at the Kotabumi Health Center, North Lampung Date 22-24 March 2021

Xii + 46 Page + 5 Table + 1 Picture

## **ABSTRACT**

Pneumonia is an infection that causes inflamed lungs, The pockets of the ability to absorb oxygen become less (Misnadiarly, 2008). Based on the 2018 Riskesdas data, in Lampung Province the number of children affected by pneumonia was 2,963, Pneumonia was most dominant in rural areas as many as 2,096, while in urban areas as many as 867. In North Lampung Regency alone the number of children with pneumonia was 224 children affected by the disease.

The author is able to describe the Nursing Care of Patients with Oxygen Disorders in the Case of Pneumonia Against An A at the Kotabumi II Public Health Center, North Lampung.

The results of the study in this case obtained data, namely An A had ineffective coughing dyspnea (unable to excrete phlegm maximally, the client looked tired), excess sputum (thick, and green in color), respiratory rate changed 28x minutes, breathing pattern changed, unable to cough. (cough as if stuck) Diagnosis confirmed Ineffective Airway Clearance, Sleep Pattern Disorder, Knowledge Deficit SLKI Airway Clearance, Sleep Pattern, Knowledge level. SIKI Airway Management, Sleep support, Health education. After carrying out nursing actions for three days, the evaluation of the problems of the three diagnoses can be resolved.

The conclusions of the three diagnoses according to the categories of Ineffective Airway Clearing, Sleep Pattern Disorders, Knowledge Deficit were obtained during the assessment. The suggestions from this report are expected to be taken into consideration in the implementation of Nursing Care for nurses at the Kotabumi II Public Health Center, North Lampung.

**Keywords:** Nursing Care, Pneumonia, Oxygen

Reading Sources: 15 (2007-2021).