

POLITEKNIK KESEHATAN TANJUNG KARANG

PRODI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, Juni 2021

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Asuhan Keperawatan dengan Gangguan Kebutuhan Keamanan dan Proteksi :  
Integritas Kulit / Jaringan pada Kasus *Ulkus diabetikum* pada Tn. K di Ruang  
Bedah RSD Mayjend HM Ryacudu Kotabumi Lampung Utara

Tanggal 08 – 10 Maret 2021

xvi + 66 halaman + 8 tabel, 3 gambar

## RINGKASAN

Penyakit *Ulkus diabetikum* masih banyak ditemukan pada RSD Mayjend HM Ryacudu Kotabumi, Berdasarkan hasil laporan buku Register 10 penyakit tertinggi diruang Bedah pada tahun 2020, bahwa penyakit *ulkus diabetikum* menduduki urutan pertama dari 10 penyakit tertinggi diruang Bedah pada periode Januari – Maret tahun 2020. Sedangkan di provinsi Lampung, Hasil Riset Kesehatan Dasar (RIKESDAS) pada tahun 2018 mengungkapkan bahwa prevalensi penderita *diabetes melitus* berdasarkan diagnosis dokter pada penduduk semua umur di provinsi Lampung yaitu 1,4% dari jumlah penduduk.

Tujuan dari penulisan laporan tugas akhir ini adalah penulis mampu memberikan gambaran bagaimana asuhan keperawatan kasus *ulkus diabetikum* pada Tn. K dengan gangguan integritas kulit / jaringan di RS Mayjend HM Ryacudu Kotabumi Lampung Utara dengan metode proses keperawatan mulai dari pengakajian, diagnosa keperawatan, rencana keperawatan, implementasi dan evaluasi.

Saat dilakukan pengakajian riwayat kesehatan klien didapatkan luka *ulkus* pada punggung kaki bagian kanan yang berwarna kemerahan disertai bau dan push, klien juga mengeluh nyeri pada area luka dengan skala 5 (0-10). Diagnosa keperawatan yang ditegakkan didapatkan diagnosa prioritas yaitu Gangguan Integritas Kulit/ Jaringan, Nyeri Akut, dan Ketidakstabilan Kadar Glukosa Darah. Perencanaan dan implementasi keperawatan diantaranya SLKI : Integritas Kulit/ Jaringan, Tingkat Nyeri, dan Kestabilan Kadar Glukosa Darah. Evaluasi pada hari pertama masalah belum teratasi, pada hari kedua masalah teratasi sebagian, pada hari ketiga masalah nyeri akut dan kestabilan kadar glukosa darah teratasi, sedangkan gangguan integritas kulit/jaringan teratasi sebagian.

Dari laporan ini diharapkan dapat dijadikan referensi untuk asuhan keperawatan *ulkus diabetikum* dan dapat dijadikan bahan pertimbangan dalam pelaksanaan asuhan keperawatan bagi perawat di Ruang Bedah RSD Mayjend HM Ryacudu Kotabumi Lampung Utara.

Kata kunci : Asuhan Keperawatan *ulkus diabetikum*, gangguan integritas kulit/ jaringan

Sumber Bacaan : 20(2002-2020)

POLYTECHNIC OF HEALTH TANJUNG KARANG  
KOTABUMI NURSING STUDY PROGRAM

Final Project Report, June 2021

Nelia Sari,

Nursing Care with Impaired Security and Protection Needs: Skin/Tissue Integrity in the Case of Diabetic Ulcers Against Mr. K in the Operating Room of the RSD Mayjend HM Ryacudu Kotabumi, North Lampung

March 8-10, 2021

xvi + 66 page + 8 table, 3 picture

## ABSTRACT

Diabetic ulcer disease is still widely found in RSD Mayjend HM Ryacudu Kotabumi. Based on the results of the book report, the highest list of 10 diseases in the surgical room in 2020, that diabetic ulcer disease ranks first of the 10 highest diseases in the surgical room in the January - March 2020 periode. Whereas in Lampung province, the Results of Basic Health Research (RIKESDAS) in 2018 revealed that the prevalence of diabetes mellitus sufferers based on doctor's diagnosis of all ages in Lampung province was 1.4% of the total population.

The purpose of writing this thesis report is that the author is able to provide an overview of how the diabetic ulcer case nursing care to Mr. K with impaired skin / tissue integrity at Mayjend HM Ryacudu Hospital, Kotabumi, North Lampung with nursing process methods ranging from assessment, nursing diagnosis, nursing planning, implementation and evaluation.

When assessing the client's medical history, it was found that an ulcer wound on the back of the right leg was reddish with smell and push, the client also complained of pain in the wound area on a scale of 5 (0-10). Nursing diagnoses that are enforced obtained priority diagnoses, namely Impaired Skin / Tissue Integrity, Acute Pain, and Blood Glucose Level Instability. Nursing planning and implementation include SLKI: Skin / Tissue Integrity, Pain Levels, and Blood Glucose Stability. Evaluation on the first day of the problem had not been resolved, on the second day the problem was partially resolved, on the third day the acute pain problem and blood glucose level stability were resolved, while the integrity of the skin / tissue was partially resolved.

From this report, it is hoped that it can be used as a reference for diabetic ulcer nursing care and can be taken into consideration in the implementation of nursing care for nurses in the Surgical Room of RSD Mayjend HM Ryacudu Kotabumi, North Lampung.

Keywords : Diabetic ulcer nursing care, impaired skin / tissue integrity

Reading Source : 20 (2002-2020)