

POLITEKNIK KESEHATAN TANJUNGPURUNG
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Juni 2021

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Asuhan Keperawatan *Thalasemia* pada An. D dengan Gangguan Kebutuhan Sirkulasi di Ruang Anak RSUD Mayjend HM.Ryacudu Kotabumi Lampung Utara Tanggal 11 Maret 2021.

xiv+ 47 halaman, 5 Tabel

RINGKASAN

Thalasemia merupakan penyakit kelainan darah yang ditandai dengan kondisi sel darah merah muda rusak atau umumnya lebih pendek dari sel darah normal (120 hari). Berdasarkan data buku register Ruang Anak RSUD Mayjend Ryacudu jumlah penyakit *Thalasemia* pada tahun 2019 berjumlah 31 orang penderita. Pada tahun 2020 jumlah pasien *Thalasemia* meningkat menjadi 37 orang penderita *Thalasemia*.

Tujuan penulisan, Penulis mampu menggambarkan Asuhan Keperawatan *Thalasemia* Pada An.D Dengan Gangguan Kebutuhan Sirkulasi di Ruang Anak RSUD Mayjend HM Ryacudu Kotabumi Lampung Utara Tanggal 11 Maret 2021.

Hasil pengkajian pada kasus ini didapatkan data yaitu An. D mengalami klien mengeluh badan lemas, klien tampak pucat, tampak lemah, akral teraba dingin, nadi 90x/menit, klien mengatakan mengeluh lelah, klien tampak tidak banyak beraktivitas, klien tampak hanya berbaring di tempat tidur, ibu klien mengatakan klien tidak nafsu makan, ibu klien mengatakan klien tidak pernah menghabiskan porsi makan, klien makan hanya 3-5 sendok makan saja. Diagnosa yang ditegakkan Perfusi perifer tidak efektif, Intoleransi aktivitas dan Resiko defisit nutrisi. SLKI: Perfusi perifer(L.02011), Toleransi aktivitas(L.05047), Status nutrisi(L.03030). SIKI: Perawatan sirkulasi(I.02079), Manajemen energi(I.05178), Manajemen nutrisi(I.03119). Setelah dilakukan tindakan keperawatan selama satu hari, evaluasi masalah ketiga diagnosa tersebut beberapa dapat teratasi.

Simpulan tiga diagnosa sesuai teori : Perfusi perifer tidak efektif, Intoleransi aktivitas, Resiko defisit nutrisi didapatkan saat pengkajian. Saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan Asuhan Keperawatan bagi perawat di ruang anak RSUD Mayjend HM. Ryacudu Kotabumi Lampung Utara.

Kata Kunci : Asuhan Keperawatan, *Thalasemia*, Sirkulasi
Sumber Bacaan : 15 (2013-2019)

TANJUNGPURBA HEALTH POLYTECHNIC
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Final Project Report, June 2021

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Thalassemia Nursing Care for An.D with Impaired Circulation Needs in the
Children's Room at the Mayjend HM. Ryacudu Hospital, North Lampung, March
11, 2021.

xiv+ 47 pages, 5 Tables

ABSTRACT

Thalassemia is a blood disorder disease characterized by the condition of damaged red blood cells or generally shorter than normal blood cells (120 days).. Based on data from the Children's Room register book at the Mayjend Ryacudu Hospital the number of Thalassemia patients in 2019 amounted to 31 patients. In 2020 the number of Thalassemia patients increased to 37 people with Thalassemia.

The purpose of writing, the author is able to describe the Thalassemia Nursing Care for An.D with Impaired Circulation Needs in the Children's Room at the Mayjend HM Ryacudu Hospital, North Lampung City on March 11, 2021.

The results of the study in this case obtained data, namely An.D had a client complaining of a weak body, the client looked pale, looked weak, felt cold, pulse 90x/minute, the client complained of fatigue, the client did not seem to be doing much activity, the client seemed to just lie in bed. sleeping, the client's mother said the client had no appetite, the client's mother said the client never finished eating portions, the client ate only 3-5 tablespoons. The diagnosis was enforced by ineffective peripheral perfusion, activity intolerance and risk of nutritional deficit. SLKI: Peripheral perfusion (L.02011), Activity tolerance (L.05047), Nutritional status (L.03030). SIKI: Circulatory care(I.02079), Energy management(I.05178), Nutritional management(I.03119). After nursing actions for one day, the evaluation of the problems of the three diagnoses can be resolved.

The conclusions are three diagnoses according to the theory: Ineffective peripheral perfusion, Activity intolerance, Risk of nutritional deficit obtained during the assessment. Suggestions from this report are expected to be taken into consideration in the implementation of nursing care for nurses in the children's room at the Mayjend HM General Hospital. Ryacudu Kotabumi, North Lampung.

Keywords: Nursing Care, Thalassemia, Circulation
Reading Source : 15 (2013-2019)